



# menu

## coffee and beverages

	12oz	16oz
Organic Rhino Coffee House Drip	2.95	3.10
Latte	4.85	5.15
Espresso	3	
Cappuccino	4.85	5.15
Americano	3.50	3.85
Mocha	4.95	5.25
London Fog Tea Latte	4.95	5.25
Hot Chocolate	3.85	4.15
Babyccino (steamed milk w/ whip)	2.50	
Kids Hot Chocolate	3.50	
Tea Latte	4.95	5.25
Green Beanie Tea Latte	4.95	5.25
<i>(Tropical green tea, coconut milk, hint of vanilla syrup)</i>		
Mighty Leaf Tea	3	
<i>(English Breakfast, Chai, Peppermint, Tropical Green, Chamomile Citrus, Green Tea, Decaf)</i>		




- Add almond, gluten-free oat, soy, or coconut milk +1
- Add syrup +1





# menu

## smoothies


-  GF Antioxidant Smoothie *oat milk, spinach, banana, blueberries.* 8
- GF Coffee Buzz Smoothie *oat milk, espresso, cocoa, vanilla whey protein, banana, MCT oil.* 9
-  GF The Jewel *apple juice, banana, mixed berries.* 8
-  GF Tropical Greens Smoothie *coconut milk, spinach, banana, mango, lime.* 8



-  Add vegan vanilla protein to any smoothie +2
- Add whey vanilla protein to any smoothie +1.50



# menu

-  **Apple Pie Overnight Oats** *coconut milk, fresh apple, chia seeds, toasted pecans, apple pie spices* 11
-  GF **Wild Rice & Bulgur Wheat Salad** *feta cheese, organic pickles, parsley, apple cider vinaigrette* 14 \*add house spiced chicken breast 5
-  **Soba Noodle Salad** *baby spinach, pickled daikon and carrot, miso vinaigrette* 13 \*add house spiced chicken breast 5 \*add avocado 3
- GF **Gibsons Bowl** *house spiced chicken breast, wild rice and bulgur wheat, vegetables* 18
- GF **Three Cheese Panini** *artisan sourdough, aged cheddar, gouda, goat feta, with balsamic ketchup* 16 \*add house spiced chicken breast 5 \*add avocado 3
-  GF **Roasted Vegetable Panini** *sourdough bread, goat cheese, sundried tomato pesto, artichoke, zucchini, pepper slices* 16 \*add avocado 3
- GF **Roasted Chicken Panini** *sourdough bread, roasted vegetables, goat cheese, sundried tomato pesto* 19
- GF **That Cheesy Pickle Panini** *sourdough bread, turkey, three cheese blend, pickles, sundried tomato pesto with banana peppers and a side of feature soup* 19
-  **Soup and Salad** *feature soup with greens* 11
- GF **Avocado Toast** *sourdough bread, avocado, goat cheese, balsamic drizzle, arugula* 12



# menu

## waffle menu

White Chocolate and Blueberry *white chocolate sauce, fresh blueberries 11*

Apple Pie *fresh apple, toasted pecans, apple pie spices, caramel drizzle 11*

Strawberry Whipped *strawberries, whipped cream, maple syrup 11*

House Made Chicken and Waffles 18

## kids menu


Kids Waffle *whipped cream, chocolate drizzle 8*

Those Little Pancakes *whipped cream, chocolate drizzle 8*

GF Grilled Cheese Sandwich 10


Cheese Quesadilla 10

Soup Cup *feature soup and slice of bread 7*

 GF Tapas Box *turkey or hummus or avocado, fresh fruit, crackers, cheese 10*

 GF Baby Tapas *hummus or avocado, apple sauce, bread bites 9*

 GF Fruit Salad Bowl 6

 Vegan / vegan option available.

GF Gluten free item / gluten free bread available for any paninis or toasts.