

Zucchini Puree

1 large or 2 medium zucchini

1. Peel zucchini and roughly chop.
2. Add zucchini chunks to blender and puree until smooth. If using a Vitamix, the zucchini will puree without any water. Stop to scrape zucchini towards blade several times. If necessary, add water 1 tablespoon at a time until zucchini purees thoroughly.
3. Store in fridge for 1 week or freezer for 3 months.