

# promises OF God

A Bible Study

שְׁרָשׁ

deep roots

BIBLE STUDIES

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## I N T R O D U C T I O N

Have you ever sat in a church service, and heard the pastor say, “Take hold of God’s promises! All of His promises are true and trustworthy! Cling to them! Memorize them!” I used to hear these things all the time, and would be completely confused. What promises?!

Once, I thought the Lord gave me a personal promise. I was completely excited by it. The idea filled me with enthusiasm for the future. As the years passed, troubles came and made the promise look less and less likely... I held onto that promise as a source of comfort as I struggled with severe depression. Then, it looked like the promise would come true! Things started to look up, and I encouraged others to hold onto God because His promises are true. He wants to speak to us - just listen!

Seven months later, my world came crashing down. It became absolutely clear that my promise would never come true. Yet, I continued to hold onto it, like a light in a dark place. When people tried to remind me of reality, I in turn reminded them of my promise. Why would God lie to me? This is just a rough patch. Things will turn out in the end. If I start thinking that my promise won’t come true, then I am doubting God Himself. Finally, after a particular incident, it became obvious that the promise would not be realized.

So, did I hear from God after all? I don’t know. I try not to dwell on it, because I trust God has good plans for me. Maybe I misunderstood what God meant. Maybe it was only true for a time. What I did learn through that spiritual confusion, though, was to hold fast onto God, and continually rely on Him for strength and comfort.

I also did the study you are about to do yourself. I made charts on each of God’s promises, then tried to find some hidden meaning behind them. How does God give promises? Does He ever confirm them? How does He confirm them? People have so many opinions on this subject (“No, God doesn’t give promises to people - that’s why we have

the Bible," "God confirms His promises through three ways: other people, Scripture, and the situation"). I wanted to know the answer to these questions for myself.

If you are going through a similar situation, take heart. The comfort does not come in having your promise fulfilled. Instead, the comfort comes by the Great Comforter, who has so many good things in store for you. Even though my promise was not fulfilled, I still trust God and I still believe He always keeps His word.

If you have never received a personal promise from the Lord, know that in His Word, He does give promises that apply to your life since you are a child of God. You will cover these promises in week five of the study. So, even if you don't think God has given you a promise, know that He already has - the promises are waiting for you in Scripture.

This study is not meant to be an exhaustive list of every promise in the Bible. Instead, you will observe some of the main promises throughout the Old and New Testaments, so you can understand (1) how God speaks to His people, and (2) how God confirms His promises. So, every time you think the Lord has forgotten you, lied to you, or generally doesn't keep His promises, just look at Israel and remember He has *always* kept His promises and He *always* will.

May the Lord bless you,

Felicity Lorenz

*Owner of Deep Roots Bible Studies*

A photograph of a desert landscape featuring sand dunes. The dunes are illuminated from the side, creating deep shadows and bright highlights. The sky is dark, suggesting dusk or dawn. The word "week" is written in a white, cursive script across the middle of the image, with a long, thin white line extending upwards from the top of the letter 'k' towards the top right corner of the frame.

*week*



one

PROMISES OF GENESIS

AND IF YOU BELONG TO CHRIST, THEN  
YOU ARE ABRAHAM'S DESCENDANTS,  
HEIRS ACCORDING TO PROMISE.

GALATIANS 3:29



## PROMISES OF GOD

### Goals For This Week:

- Understand the different aspects of God's promises.
- To consider the faith of Abraham, in order to encourage us to trust the Promiser, not a promise.

Our series on the promises of God begins with an examination of God's promises in His Word, by taking a look at each aspect of the promise. We will first do this through the book of Genesis, to see how the earliest men trusted and believed God wholeheartedly.

## **DAY ONE:** THE EDENIC COVENANT & PROMISE OF FLOOD

There are two types of promises:

- *Conditional:* This promise is based upon the promisee's behavior. For example, if the Israelites follow God's commandments, they will be blessed. If they do not follow His commandments, they will be cursed. (Also called a **covenant**.)
- *Unconditional:* This promise will happen regardless of the promisee. For example, the promise of a Savior was fulfilled, no matter what the Israelites had or had not



done.

Normally, God will confirm His promise later to the promisee. He often does this through:

- *Saying it again:* In the case of the Abrahamic covenant, God often repeated this promise to confirm it was to come.
- *Using a symbol:* For Noah, God reconfirmed His promise to not flood the earth again by a rainbow. For the Israelites, the Passover was a symbol of God's protection through God's Egyptian plagues, as well as a forshadowing of Jesus Christ.
- *Other people:* This is why God often will send prophets, to bring God's Word to His people.
- *Dreams:* In some cases, God's people actually had dreams of His promises. Joseph in the Old Testament had two dreams, Daniel had several, etc. For Joseph in the New Testament, God's promise to Mary was confirmed through a dream.
- *A visit from an angel:* Abraham was also visited by an angel of the Lord to confirm God's previous promise to him.

Over the following days, you will be filling out charts to better understand God's promises. Each chart includes the following:

- Type: conditional, unconditional
- Who: To whom was the promise given
- Where: Where was the promise given

- When: What passage or verse was the promise given
- What: What was promised
- Confirmation: How did God confirm His promise later\*
- Result: What ended up happening later\*
- Response: Did the person believe the promise? Why or why not?\*
- Wait Period: How long did it take for the promise to come true?\*
- Lessons: What we learn from the promise (or what stood out to you)

\*= Although we will give you the direct passage where the promise was given, for these answers you will need to look throughout your Bible. You might also need to consult commentaries, as some promises were fulfilled in modern times.

We have done the first chart for you on *the Edenic Covenant*, so you get the idea:

<i>Type:</i>	Conditional (Adam was required to obey the terms of the covenant in order to not suffer the consequences of breaking
<i>Who:</i>	Adam (and Eve)
<i>Where:</i>	Garden of Eden
<i>When:</i>	Genesis 2:16-17
<i>What:</i>	God promises Adam life and blessing, only if Adam is obedient to God's command not to eat of the fruit of the tree of knowledge of good and evil

<i>Confirmation:</i>	None, Satan tempts Adam to NOT believe it (Genesis 3:4-5)
<i>Result:</i>	Genesis 3:14-24, Adam breaks the covenant and is cursed (creates "Covenant of Redemption")
<i>Response:</i>	Disobedience
<i>Wait Period:</i>	Same day? Soon after? Hard to know.
<i>Lessons:</i>	(1) Establishes a repetitive pattern, of man's sin -> God's judgment of the sin -> God bestows grace and mercy by providing a way to redeem man and restore man's relationship with God (2) Sin always has consequences

Now you try. Take a look at Genesis 7, and fill out the following:

### *The Promise of the Flood*

<i>Type:</i>	
<i>Who:</i>	
<i>Where:</i>	
<i>When:</i>	
<i>What:</i>	

<i>Confirmation:</i>	
<i>Result:</i>	
<i>Response:</i>	
<i>Wait Period:</i>	
<i>Lessons:</i>	

“It was by faith that Noah built a large boat to save his family from the flood. He obeyed God, who warned him about things that had never happened before. By his faith Noah condemned the rest of the world, and he received the righteousness that comes by faith.”

- HEBREWS 11:7 (NLT)

## DAY TWO: THE ABRAHAMIC COVENANT

Take a look at Genesis 12 (also Genesis 13, 15, and 17), and fill out the following:

<i>Type:</i>	
<i>Who:</i>	
<i>Where:</i>	
<i>When:</i>	
<i>What:</i>	
<i>Confirmation:</i>	
<i>Result:</i>	
<i>Response:</i>	
<i>Wait Period:</i>	
<i>Lessons:</i>	

## FAITH IN GOD'S PROMISES

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Hebrews speaks a lot on the subject of promises, but ultimately having faith in the Promiser, not the promise. Look over these passages:

Hebrews 6:13-20 (NLT): "For example, there was God's promise to Abraham. Since there was no one greater to swear by, God took an oath in his own name, saying: 'I will certainly bless you, and I will multiply your descendants beyond number.' Then Abraham waited patiently, and he received what God had promised.

Now when people take an oath, they call on someone greater than themselves to hold them to it. And without any question that oath is binding. God also bound himself with an oath, so that those who received the promise could be perfectly sure that he would never change his mind. So God has given both his promise and his oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us. This hope is a strong and trustworthy anchor for our souls. It leads us through the curtain into God's inner sanctuary. Jesus has already gone in there for us. He has become our eternal High Priest in the order of Melchizedek."

Hebrews 11:8-19 (NLT): "It was by faith that Abraham obeyed when God called him to leave home and go to another land that God would give him as his inheritance. He went without knowing where he was going. And even when he reached the land God promised him, he lived there

by faith—for he was like a foreigner, living in tents. And so did Isaac and Jacob, who inherited the same promise. Abraham was confidently looking forward to a city with eternal foundations, a city designed and built by God.

It was by faith that even Sarah was able to have a child, though she was barren and was too old. She believed that God would keep his promise. And so a whole nation came from this one man who was as good as dead—a nation with so many people that, like the stars in the sky and the sand on the seashore, there is no way to count them.

All these people died still believing what God had promised them. They did not receive what was promised, but they saw it all from a distance and welcomed it. They agreed that they were foreigners and nomads here on earth. Obviously people who say such things are looking forward to a country they can call their own. If they had longed for the country they came from, they could have gone back. But they were looking for a better place, a heavenly homeland. That is why God is not ashamed to be called their God, for he has prepared a city for them.

It was by faith that Abraham offered Isaac as a sacrifice when God was testing him. Abraham, who had received God's promises, was ready to sacrifice his only son, Isaac, even though God had told him, 'Isaac is the son through whom your descendants will be counted.' Abraham reasoned that if Isaac died, God was able to bring him back to life again. And in a sense, Abraham did receive his son back from the dead."



## DAY THREE: PROMISE TO ISAAC

Take a look at Genesis 26, and fill out the following:

<i>Type:</i>	
<i>Who:</i>	
<i>Where:</i>	
<i>When:</i>	
<i>What:</i>	
<i>Confirmation:</i>	
<i>Result:</i>	
<i>Response:</i>	
<i>Wait Period:</i>	
<i>Lessons:</i>	

**DAY FOUR: PROMISE TO JACOB, #1**

Take a look at Genesis 28, and fill out the following:

<i>Type:</i>	
<i>Who:</i>	
<i>Where:</i>	
<i>When:</i>	
<i>What:</i>	
<i>Confirmation:</i>	
<i>Result:</i>	
<i>Response:</i>	
<i>Wait Period:</i>	
<i>Lessons:</i>	

**DAY FIVE:** PROMISE TO JACOB, #2

Take a look at Genesis 46, and fill out the following:

<i>Type:</i>	
<i>Who:</i>	
<i>Where:</i>	
<i>When:</i>	
<i>What:</i>	
<i>Confirmation:</i>	
<i>Result:</i>	
<i>Response:</i>	
<i>Wait Period:</i>	
<i>Lessons:</i>	

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## MEMORY VERSES

"Gather the riches of God's promises. Nobody can take away from you those texts from the Bible which you have learned by heart."

- CORRIE TEN BOOM

- "I would have despaired unless I had believed that I would see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and let your heart take courage; yes, wait for the Lord." Psalm 27:13-14
- "Yet those who wait for the Lord Will gain new strength; They will mount up with wings like eagles, They will run and not get tired, They will walk and not become weary." Isaiah 40:31
- "'The Lord is my portion,' says my soul, 'Therefore I have hope in Him.' The Lord is good to those who wait for Him, To the person who seeks Him." Lamentations 3:25
- "... you know in all your hearts and in all your souls that not one word of all the good words which the Lord your God spoke concerning you has failed; all have been fulfilled for you, not one of them has failed." Joshua 23:14
- "He has made everything appropriate in its time. He has also set eternity in their heart, yet so that man will not find out the work which God has done from the beginning even to the end." Ecclesiastes 3:11
- "Let us hold fast the confession of our hope without wavering, for He who promised is faithful..." Hebrews 10:23

## PROMISES OF GOD

### Salvation

- *"And the testimony is this, that God has given us eternal life, and this life is in His Son. He who has the Son has the life; he who does not have the Son of God does not have the life." 1 John 5:11-12*
- *"They said, 'Believe in the Lord Jesus, and you will be saved, you and your household.'" Acts 16:31*
- *"... that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved..." Romans 10:9*
- *".. for 'Whoever will call on the name of the Lord will be saved.'" Romans 10:13*
- *"... so Christ also, having been offered once to bear the sins of many, will appear a second time for salvation without reference to sin, to those who eagerly await Him." Hebrews 9:28*
- *"Blessed be the Lord, who daily bears our burden, the God who is our salvation. Selah. God is to us a God of deliverances; and to God the Lord belong escapes from death." Psalm 68:19-20*
- *"Because he has loved Me, therefore I will deliver him; I will set him securely on high, because he has known My name. He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him and honor him. With a long life I will satisfy him and let him see My salvation." Psalm 91:14-16*
- *"For the Lord takes pleasure in His people; He will beautify the afflicted ones with salvation." Psalm 149:4*

### Blessing & Provision

- *"Blessed is the man who trusts in the Lord and whose trust is the Lord." Jeremiah 17:7*

- *"It is the blessing of the Lord that makes rich, and He adds no sorrow to it." Proverbs 10:22*
- *"Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ..." Ephesians 1:3*
- *"Jesus said to him, 'Because you have seen Me, have you believed? Blessed are they who did not see, and yet believed.'" John 20:29*
- *"How blessed is everyone who fears the Lord, who walks in His ways." Psalm 128:1*
- *"He who gives attention to the word will find good, And blessed is he who trusts in the Lord." Proverbs 16:20*
- *"And my God will supply all your needs according to His riches in glory in Christ Jesus." Philippians 4:19*
- *"Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow." James 1:17*
- *"The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name. Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever." Psalm 23 (NLT)*
- *"Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen." Ephesians 3:20-21*
- *"How great is Your goodness, which You have stored up for those who fear You, which You have wrought for those who take refuge in You, before the sons of men!" Psalm 31:19*
- *"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the gentle, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons*

*of God. Blessed are those who have been persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you and persecute you, and falsely say all kinds of evil against you because of Me.” Matthew 5:3-11*

- *“O taste and see that the Lord is good; How blessed is the man who takes refuge in Him!” Psalm 34:8*
- *“For the Lord God is a sun and shield; the Lord gives grace and glory; no good thing does He withhold from those who walk uprightly. O Lord of hosts, how blessed is the man who trusts in You!” Psalm 84:11-12*
- *“The Lord sustains all who fall and raises up all who are bowed down. The eyes of all look to You, and You give them their food in due time. You open Your hand and satisfy the desire of every living thing.” Psalm 145:14-16*

## Comfort

- *“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God. For just as the sufferings of Christ are ours in abundance, so also our comfort is abundant through Christ.” 2 Corinthians 1:3-5*
- *“Shout for joy, O heavens! And rejoice, O earth! Break forth into joyful shouting, O mountains! For the Lord has comforted His people and will have compassion on His afflicted.” Isaiah 49:13*
- *“Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken.” Psalm 55:22*
- *“Blessed are those who mourn, for they shall be comforted.” Matthew 5:4*
- *“But God, who comforts the depressed, comforted us by the coming of Titus...” 2 Corinthians 7:6*
- *“The Lord sustains all who fall and raises up all who are bowed down.” Psalm 145:14*
- *“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” Psalm 23:4*

- *“Remember the word to Your servant, in which You have made me hope. This is my comfort in my affliction, that Your word has revived me. The arrogant utterly deride me, yet I do not turn aside from Your law.” Psalm 119:49-51*
- *“I, even I, am He who comforts you.” Isaiah 51:12*
- *“God makes a home for the lonely...” Psalm 68:6*
- *“The humble have seen it and are glad; you who week God, let your heart revive. For the Lord hears the needy and does not despise His who are you prisoners.” Psalm 69:32-33*
- *“The Lord supports the afflicted; He brings down the wicked to the ground.” Psalm 147:6*
- *“The Lord your God is in your midst, a mighty one who will save; He will rejoice over you with gladness; He will quiet you by His love; He will exult over you with loud singing.” Zephaniah 3:17*

### His Faithfulness

- *“ Let us hold fast the confession of our hope without wavering, for He who promised is faithful...” Hebrews 10:23*
- *“Know therefore that the Lord your God, He is God, the faithful God, who keeps His covenant and His lovingkindness to a thousandth generation with those who love Him and keep His commandments...” Deuteronomy 7:9*
- *“The Lord’s lovingkindnesses indeed never cease, for His compassions never fail. They are new every morning; great is Your faithfulness.” Lamentations 3:22-23*
- *“But the Lord is faithful, and He will strengthen and protect you from the evil one.” 2 Thessalonians 3:3*
- *“The Rock! His work is perfect, for all His ways are just; a God of faithfulness and without injustice, righteous and upright is He.” Deuteronomy 32:4*
- *“Your faithfulness continues throughout all generations; You established the earth, and it stands.” Psalm 119:90*
- *“God is faithful, through whom you were called into fellowship with His Son, Jesus Christ*



*our Lord.” 1 Corinthians 1:9*

- *“No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.” 1 Corinthians 10:13*
- *“If we are faithless, He remains faithful, for He cannot deny Himself.” 2 Timothy 2:13*

### Guidance

- *“I will instruct you and teach you in the way which you should go; I will counsel you with My eye upon you.” Psalm 32:8*
- *“The mind of man plans his way, but the Lord directs his steps.” Proverbs 16:9*
- *“O people in Zion, inhabitant in Jerusalem, you will weep no longer. He will surely be gracious to you at the sound of your cry; when He hears it, He will answer you. Although the Lord has given you bread of privation and water of oppression, He, your Teacher will no longer hide Himself, but your eyes will behold your Teacher. Your ears will hear a word behind you, ‘This is the way, walk in it,’ whenever you turn to the right or to the left.” Isaiah 30:19-21*
- *““Then you will call, and the Lord will answer; you will cry, and He will say, ‘Here I am.’ If you remove the yoke from your midst, the pointing of the finger and speaking wickedness, and if you give yourself to the hungry and satisfy the desire of the afflicted, then your light will rise in darkness and your gloom will become like midday. And the Lord will continually guide you, and satisfy your desire in scorched places, and give strength to your bones; and you will be like a watered garden, and like a spring of water whose waters do not fail.” Isaiah 58:9-11*
- *“He restores my soul; He guides me in the paths of righteousness For His name’s sake.” Psalm 23:3*
- *“But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come.” John 16:13*

- *“For I know the plans that I have for you,” declares the Lord, “plans for welfare and not for calamity to give you a future and a hope. Then you will call upon Me and come and pray to Me, and I will listen to you. You will seek Me and find Me when you search for Me with all your heart.” Jeremiah 29:11-13*
- *“I will lead the blind by a way they do not know, in paths they do not know I will guide them. I will make darkness into light before them and rugged places into plains. These are the things I will do, and I will not leave them undone.” Isaiah 42:16*
- *“The steps of a man are established by the Lord, and He delights in his way. When he falls, he will not be hurled headlong, because the Lord is the One who holds his hand.” Psalm 37:23-24*
- *“For the Lord gives wisdom; from His mouth come knowledge and understanding.” Proverbs 2:6*

#### Strength/Protection

- *“He gives strength to the weary, And to him who lacks might He increases power. Though youths grow weary and tired, and vigorous young men stumble badly, yet those who wait for the Lord will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.” Isaiah 40:29-31*
- *“O Lord, You have heard the desire of the humble; You will strengthen their heart, You will incline Your ear” Psalm 10:17*
- *“The Lord will give strength to His people; the Lord will bless His people with peace.” Psalm 29:11*
- *“Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.” Isaiah 41:10*
- *“Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken.” Psalm 55:22*
- *“I will lift up my eyes to the mountains; from where shall my help come? My help comes from the Lord, who made heaven and earth. He will not allow your foot to slip; He who*

*keeps you will not slumber. Behold, He who keeps Israel will neither slumber nor sleep.”  
Psalm 121:1-4*

- *“Though I walk in the midst of trouble, You will revive me; You will stretch forth Your hand against the wrath of my enemies, and Your right hand will save me. The Lord will accomplish what concerns me; Your lovingkindness, O Lord, is everlasting; do not forsake the works of Your hands.” Psalm 138:7-8*
- *“...He preserves the way of His godly ones.” Proverbs 2:8*
- *“Do not say, ‘I will repay evil’; wait for the Lord, and He will save you.” Proverbs 20:22*

## AS YOU WAIT...

### Books To Read:

- *Waiting on God: Strength for Today and Hope for Tomorrow* by Charles Stanely
- *Faith in the Night Seasons* by Nancy Missler
- *Promises from God* by Christian Art Gifts

### Songs To Listen To:

- *Promises* by Sanctus Real
- *Come to Me* by Bethel
- *Quiet You With My Love* by Rebecca St. James
- *I Would Have Lost Heart - Psalm 27:13-14* by Sherri Youngward

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## NOTES

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## NOTES

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