

## COFFEE + BEVERAGES

Iced options available in 16oz sizes!

12oz / 16oz

Organic Rhino Coffee House Drip (Medium or Dark)

Latte

Matcha Latte

Espresso

Cappuccino

Americano

Caramel Macchiato

Mocha

London Fog Tea Latte

Chai Tea Latte

Matcha Tea Latte

Hot Chocolate

Babyccino (steamed milk w/ whip)

Kids Hot Chocolate

Mighty Leaf Tea



Milk alternatives\* (almond, oat, soy, or coconut milk)

#### Add flavoured syrup\*

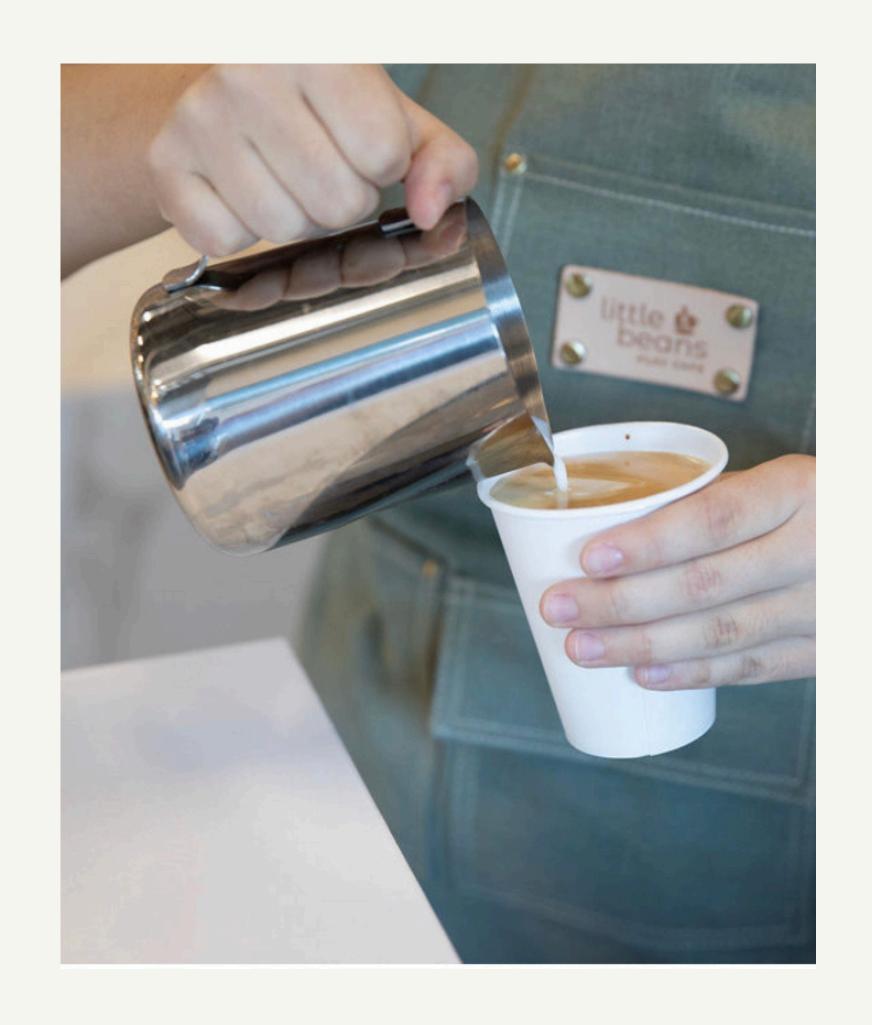
(vanilla, caramel, hazelnut, cinnamon, lavender, sugar free vanilla)

# SMOOTHIES

Add vegan vanilla protein\*
Add vanilla whey protein\*

- Antioxidant oat milk, spinach, banana, blueberries
- Coffee Buzz oat milk, espresso, cocoa, vanilla whey protein, banana, MCT oil
- The Jewel apple juice, banana, mixed berries
- Tropical Greens coconut milk, spinach, banana, mango, lime
  - Ask for gluten-free options
  - Vegan options are available

\*for an extra charge



# KIDS MENU

<u>Kids Waffle</u> whipped cream, chocolate drizzle

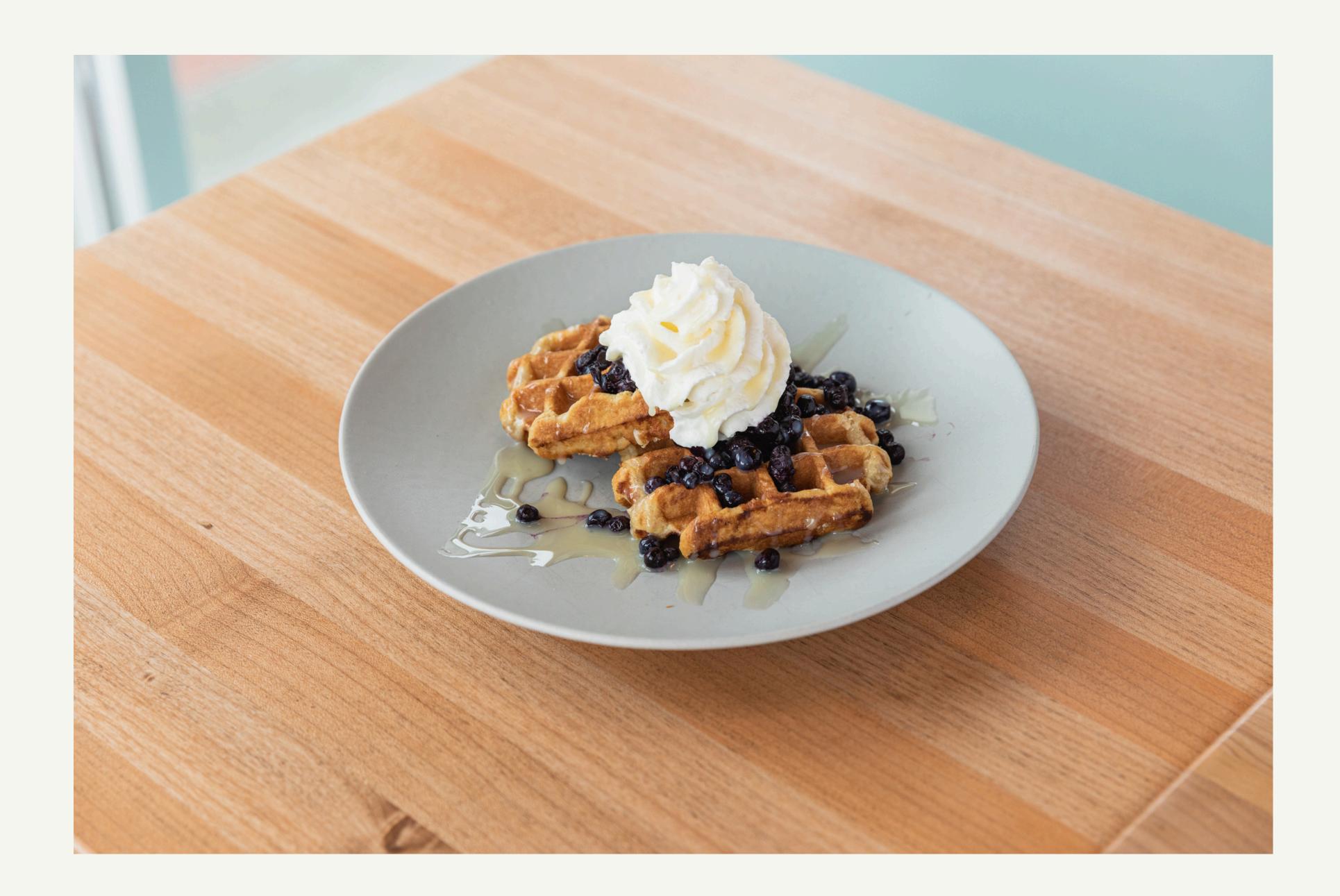
<u>Those Little Pancakes</u> whipped cream, chocolate

drizzle

- Grilled Cheese Sandwich
  Cheese Quesadilla
- Tapas Box turkey or hummus or avocado, fresh fruit, crackers, cheese
- Baby Tapas hummus or avocado, apple sauce, bread bites
  - Soup Cup tomato basil bisque and slice of bread
- Fruit Salad Bowl



Ask for gluten-free options
Vegan options are available



## WAFFLE MENU

White Chocolate and Blueberry white chocolate sauce, fresh blueberries

<u>Apple Pie</u> fresh apple, toasted pecans, apple pie spices, caramel drizzle

<u>Strawberry Whipped</u> strawberries, whipped cream, maple syrup

House Made Chicken and Waffles with a side of arugula salad

Waffle Brie Grilled Cheese Belgian waffles, brie cheese, side arugula salad



### SALADS + BOWLS

- Arugula Pickled Salad feta cheese, pickles, pickled onions, parsley, carrots, celery, apple cider vinaigrette . . .
  - Soba Noodle Salad baby spinach, pickled daikon and carrot, miso vinaigrette ...
  - Gibsons Bowl house spiced chicken, wild rice and bulgur wheat, roasted vegetables . . .

Soup and Salad tomato basil bisque with greens...

Add avocado\*

Add house-spiced chicken\*

\*for an additional charge

### PANINIS + SANDWICHES

<u>Breakfast Spinach Egg Wrap</u> tortilla wrap, sundried tomato pesto, spinach, egg, goat cheese . . .

- Roasted Vegetable Panini sourdough bread, goat cheese, sundried tomato pesto, artichoke, zucchini, pepper slices, side of arugula salad . . .
  - Roasted Chicken Panini sourdough bread, roasted vegetables, chicken, goat cheese, sundried tomato pesto, side of arugula salad . . .
  - Three Cheese Panini sourdough bread, aged cheddar, gouda, goat feta, with balsamic ketchup, side arugula salad . . .
  - Turkey Brie Panini artisan sourdough, turkey, brie, cranberry sauce, spinach, side of arugula salad . . .
  - That Cheesy Pickle Panini sourdough bread, turkey, three cheese blend, pickles, sundried tomato pesto with a side of tomato basil bisque . . .
  - Avocado Toast sourdough bread, avocado, goat cheese, balsamic drizzle, arugula, pickled onions . . .

Substitute gluten-free bread or Multiseed

- Ask for gluten-free options
- Vegan options are available