

Coleslaw

Veggies:

1 cup broccoli stem, peeled and julienned

1 cup carrot, peeled and julienned

1 cup zucchini, julienned

3 cups kale, chopped

Sauce:

1/2 cup raw cashews, soaked if not using high speed blender*

1/2 cup Vegetable Stock

1 date, pitted

2 TB lemon juice

1 TB apple cider vinegar

1/2 TB Dijon mustard

1/2 TB tahini

3/4 tsp salt**

1/2 tsp celery seed

1/2 tsp garlic powder

1/4 tsp smoked paprika

1/4 tsp black pepper

- 1. Place veggies in a mixing bowl.
- 2. Add all sauce ingredients to blender. Blend until smooth.
- 3. Begin by pouring about three-quarters of the sauce over veggies and stir to combine. Continue to add the rest of the sauce until desired sauciness. If there is leftover sauce, use it as a dip for veggies.

^{*}Soaked if not using a high speed blender

^{*}GL homemade Vegetable Stock was used in this recipe. If using salted stock, reduce salt accordingly.