

## **Seventy Hyal Aftercare**

- Use a cold pack to reduce any swelling or redness.
- Avoid physical strain or sports for 24 hours post treatment.
- No further cosmetic therapies for 2 weeks post treatment.
- Avoid the use of sauna, steam rooms, icy temperatures or UV radiation for 2 weeks post treatment.
- Drink 1-2 litres of water every day.
- Anti-wrinkle injections should be administered 2 weeks prior to the skin booster.
- Microdermabrasion or chemical peels should take place 2 weeks prior or post to treatment.
- If you have recently been vaccinated, leave 4 weeks post vaccine before having the skin booster.
- Dental procedures should be done 2 weeks pre or post procedure.

If you are experiencing problems or have any concerns, please contact us on 01707 662477.