

WHOLE30 DEVO

DAY ONE*



“This letter is from James, a slave of God and of the Lord Jesus Christ. I am writing to the “twelve tribes”—Jewish believers scattered abroad. Greetings! Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy.” James 1:1-2 NLT

01.

MEDITATE:

Read James 1:1-2 three times through. Pause. What is the Holy Spirit pointing out to you today? Ask the Holy Spirit to produce the fruit of joy in your life today.

02.

DAILY QUESTIONS TO ANSWER:

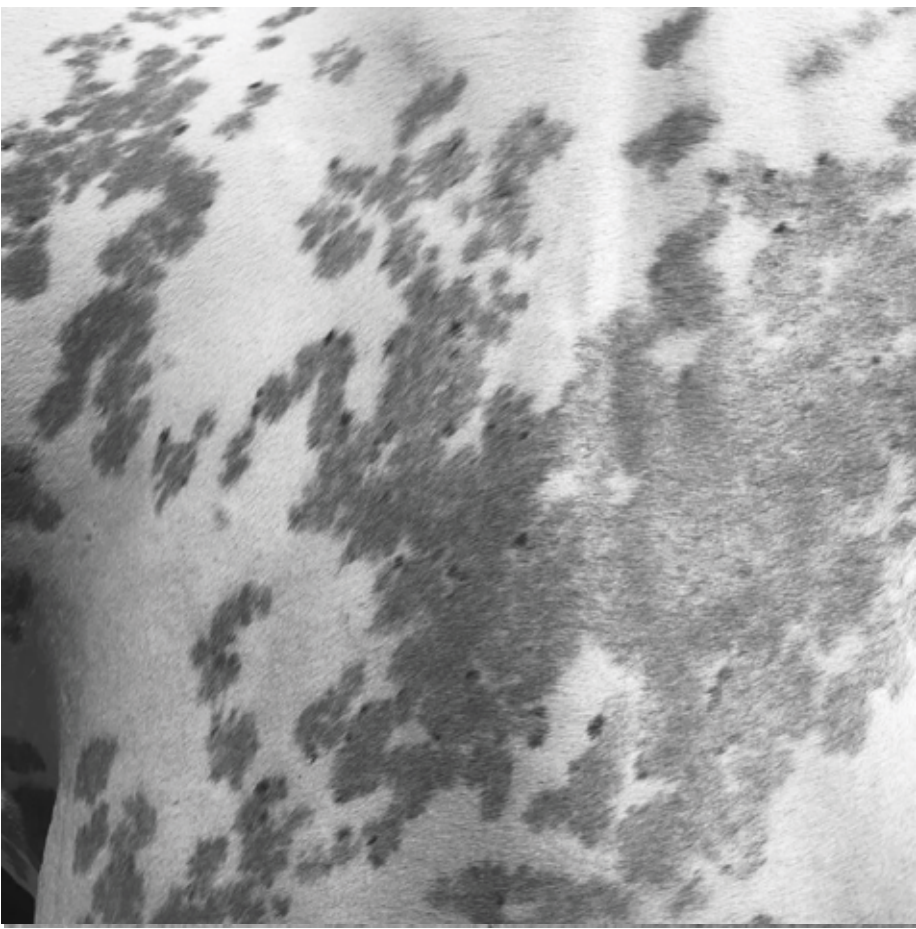
Answer these daily questions in your journal or in a note...
Today I feel _____.
Today I choose to focus on _____.
Today I am grateful for _____.
Today I get to _____.

03.

PRAY:

Pray : Father God, you are true and trustworthy. I surrender my plans, my ambitions, my dreams and my worries to you today. Today I choose heaven vision for my story. I will look at problems and see opportunities for great joy. My day matters to you, your eyes are on me, your hand is guiding me, you are working all things together for my good. I love you. I’m with you. In Jesus name Amen.

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DAY TWO*

“For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing. If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.”
James 1:3-5 NLT

01.

MEDITATE:

Read James 1:3-5 two times through. Pause. What is the Holy Spirit highlighting for you today? The strength to endure comes from the wisdom of God, not sheer grit. Read Proverbs 3:1-26. Pray over a situation you need God’s wisdom in.

02.

DAILY
QUESTIONS
TO ANSWER:

Answer these daily questions in your journal or in a note...
Today I feel _____.
Today I choose to focus on _____.
Today I am grateful for _____.
Today I get to _____.

03.

PRAY:

Pray : Father, you are so good. I surrender my plans, my ambitions, my dreams and my worries to you today. Thank you that you have all the wisdom I need for my situation, for me. I thank you that you always hear me, and you always are for me. Stir up my heart to hunger for your wisdom. Amen.

