



2 TELOPEA PLACE
EASTERN CREEK NSW
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SANDWICHES

ASSORTED MIXED BREAD PLATTER

Our mixed bread platter is a selection of our gourmet fillings consisting of wraps, baguette & turkish that are cut into halves choose a variety of the below fillings (3 selections)

1 s/w per person 10 PP
1.5 s/w per person 14.5 PP

ASSORTED WRAP PLATTER

Our assorted wrap platter is a selection of our gourmet fillings consisting of only wraps that are cut into halves choose a variety of the below fillings (3 selections)

1 wrap per person 10 PP
1.5 wrap per person 14.5 PP

filling options

peri chicken	salami + caprese
chicken schnitzel	texan pulled pork
sweet chilli chicken	roast leg ham
pulled roast chicken	turkey & cranberry
corned beef reuben	vietnamese tuna
bbq beef brisket	smoked salmon
philly cheese steak	curried egg omelette

vegetarian options

crumbed eggplant
falafel & salad
crumbed tofu
roast vegetable

gluten free, dairy free, vegan options available

white sourdough, wholemeal, soylinseed available on request

MORNING/AFTERNOON

PASTRY & SWEET PLATTER

mixture of pastries & sweets (1 piece per person) 5.5 PP

our pastry & sweet platter includes a selection from some of the items below:
assorted in house baked pastries, house made muffins,
macadamia & chocolate brownie, caramel slice, assorted sweet tartlets, banana
bread, nutella filled donuts, classic iced donuts

PASTRY & FRESH FRUIT PLATTER

selection of pastries & muffins (1pp) served with fresh fruit 10 PP

SAVOURY PLATTER

mixture of savoury items (1 piece per person) 6.5 PP

our savoury platter includes a selection from some of the items below:
assorted toasted bagels, b.l.a.t baguette,
assorted toasted croissants, savoury muffins, savoury parcels,
mini frittatas, avo toast, quiche tartlets

gluten free, dairy free, vegan options available

ADDITIONAL BREAKFAST ITEMS

yoghurt & granola cup 6
chia seed pudding cup 7
fruit salad cup 7
bircher museli cup 7
ham/cheese croissant 6.5
cheese/tomato croissant 6.5
bacon & egg slider 5
haloumi, spinach, mushroom slider 5
mini egg & spinach wrap 5
mini sausage & egg wrap 5
avo smash on soylinseed with fetta 4
smoked salmon bagel 6.5

SALADS

SMALL 30 (5 PEOPLE) / MEDIUM 55 (10 PEOPLE) / LARGE 79 (15 PEOPLE)

PULLED ROAST CHICKEN SALAD

pulled roast chicken, quinoa, cherry tomatoes, pine nuts, pepita seeds, orange, lettuce, radicchio, red wine vinaigrette

CHICKEN & PUMPKIN SALAD

grilled chicken breast, roasted pumpkin, roasted beetroot, fetta, quinoa, walnuts, mixed leaves, balsamic vinaigrette

MOROCCAN CHICKEN SALAD

sumac crusted chicken breast, sweet potato, sweet corn, chick peas, apricots, lettuce, saffron infused pearl cous cous, citrus vinaigrette

CHICKEN CAESAR SALAD

grilled chicken breast, crispy bacon pieces, garlic croutons, lettuce, shaved parmesan, boiled egg, classic caesar dressing

ROAST BEEF COB SALAD

shaved roast beef, crispy bacon, sweet corn, tomato, spanish onion, avocado, fetta, boiled egg, lettuce leaves, traditional ranch dressing

FALAFEL SALAD

crispy falafels, roasted beetroot, sweet potato, cracked wheat, pickled red cabbage, pomegranate, rocket leaves, citrus dressing

ROAST VEGETABLE PASTA SALAD

fusili pasta, charred capsicum, roasted pumpkin, grilled zucchini, olives, sundried tomato, pine nuts, baby spinach, pesto dressing

HALOUMI SALAD

fried cypriot haloumi, roasted seasonal vegetables, baby spinach, pine nuts, basil pesto dressing

GREEK SALAD

cucumber, tomato, capsicum, onion, fetta, olives, oregano, mixed lettuce, citrus vinaigrette

ITALIAN GARDEN SALAD

cucumber, tomato, capsicum, olives, bocconcini, mixed lettuce, balsamic dressing

*PLEASE ENQUIRE ABOUT OUR THEMED
SITE LUNCHES*

COLD PLATTERS

SEASONAL FRESH FRUIT

SMALL 35 (5 PEOPLE) / MEDIUM 55 (10 PEOPLE) / LARGE 79 (15 PEOPLE)
selection of sliced fresh seasonal fruit

ITALIAN ANTIPASTO (serves 8 to 12 people) 75

selection of italian cured meats, roasted capsicum, artichokes, crumbed eggplant, marinated olives, grilled zucchini, sundried tomato, salt roasted sweet potato, boccincini, fetta, hummus, fried garlic tortilla

ASSORTED CHEESE (serves 8 to 12 people) 75

selection of three cheese's, dried fruits, grapes, berries, roasted nuts, quince paste, lavosh biscuits, water crackers

CHARCUTERIE PLATTER (serves 8 to 12 people) 80

selection of cheese, italian cured meats, cornichons, marinated olives, fresh grapes, stuffed bell peppers, dolmades, lavosh biscuits, water crackers

DIP & CRACKER PLATTER (serves 8 to 12 people) 75

roasted beetroot dip, roast capsicum & basil dip, hummus, carrot, cucumber, capsicums, grapes, strawberries, lavosh, water crackers, corn chips

HOT PASTA

MEDIUM 60 (10 PEOPLE) / LARGE 90 (15 PEOPLE)

BEEF LASAGNA

layered pasta sheets, bolognese sauce, bechamel, mozzarella, parmesan

PENNE BEEF RAGU

traditional slow braised beef & tomato ragu, parmesan

PENNE BOSCAIOLA

bacon, mushroom, garlic, shallots, cream, parmesan

TORTELLINI TOSCANA (medium 65 / large 95)

beef tortellini, bacon, peas, garlic, chilli, napoli sauce, cream, parmesan

FUSILI CHICKEN RAGU

slow braised chicken, eggplant, baby spinach, napoli sauce, basil, parmesan

PENNE TRUFFLE MUSHROOM

sauteed assorted mushrooms, cream, thyme, truffle, parmesan

VEGETARIAN LASAGNA

layered pasta sheets, roast vegetable sauce, bechamel, mozzarella, parmesan

FUSILI VEGETARIAN

slow roasted vegetables, baby spinach, napolitana sauce, parmesan

FINGER FOOD

- gourmet beef pie 3.7
- gourmet sausage roll 3.5
- fried karaage chicken tenders 4
- mini sweet chilli chicken skewers 3.8
- mini lamb kofta skewer 4.5
- spinach & feta filo triangles 3
- vegetarian spring rolls 3.5
- vegetarian samosa 3
- pumpkin arancini 3.5
- cheeseburger slider 6
- karaage chicken slider 6
- falafel slider 6
- pulled pork bao bun 6.5
- mini american style hot dog 6
- prawn rice paper roll 5
- vegetarian rice paper roll 4.5
- vegetarian empanadas 4

HOW TO ORDER

email to: orders@idustrialharvest.com.au
details required:

company name & contact, address, date & time of delivery
2pm cut off for next day delivery

DELIVERY CHARGES

free local delivery (eastern creek, erskine park, horsley park)
minimum for free delivery is \$80

delivery fee will apply to all deliveries outside local area,
or if it is below the minimum

cold food can be delivered up to 1 hour prior
hot food can be delivered up to 10 minutes prior

PAYMENT

all prices subject to gst
EFT or credit card payments

HOT FOOD

(minimum of 8 people per item)

SLOW COOKED BEEF BRISKET 23 PP

12 hour slow cooked brisket, smokey bbq glaze, steamed greens,
creamy mashed potato

PORTUGUESE ROAST 1/4 CHICKEN 18 PP

portuguese style roast chicken, spiced roasted vegetables,
saffron rice salad with almonds & apricots, romesco sauce

MEDITERRANEAN CHICKEN SKEWERS 17 PP

lemon, garlic and herb chicken skewers (2pp), pitta bread(1pp),
tzatziki, greek salad, chips, aioli

CHICKEN SCHNITZEL 18 PP

panko crumbed chicken breast, herb & garlic butter chat potatoes,
garden salad, mushroom gravy

BEEF BURGER 16 PP

grilled beef patty, cheese, lettuce, tomato, onion, beetroot, ketchup, milk bun,
served with chips (*individually packed + \$1 pp*)

CHICKEN BURGER 16PP

buttermilk fried chicken breast, slaw, lettuce, cheese, honey mustard mayo,
milk bun, served with chips (*individually packed + \$1 pp*)

HOT FOOD EXTRAS

- chicken schnitzel pieces 12
- potato chips with tomato sauce (12 people) 30
- sweet potato chips with aioli (12 people) 40
- creamy potato bake (12 people) 50
- herb roast potatoes (12 people) 45
- steamed vegetables (12 people) 45
- 1lt gravy 8

BEVERAGES

COFFEE/TEA

barista made coffee REGULAR / 4.5 - LARGE / 5.2 - JUMBO / 6

COLD DRINKS

- 600ml spring water 3.5
- 600ml soft drink variety 5
- 375ml soft drink can variety 3.5
- 2L fresh juice varieties 10
- 2L soft drink varieties 9
- 450ml fresh juice varieties 4.8