



LYNN

*Seth***Founder & CEO**

Keynote Speaker

Executive Coach

Consultant

STAGE INTRO

As an experienced corporate leader, executive coach, keynote speaker, and consultant, Lynn has dedicated her career to helping leaders know how to be their best selves in the face of bias and burnout. Lynn has had the privilege of working with large corporations such as Johnson & Johnson and Deloitte, as well as, academic institutions such as Smith College and Yale University.

For nearly thirty years, Lynn's mission has always been consistent - help leaders identify and implement the customized practices that increase personal engagement, resilience, and their ability to thrive.

To successfully do this work, Lynn combines her background as a corporate leader at organizations such as Parke-Davis, Warner-Lambert, and Novartis, along with her expertise in performance psychology and behavior change.

As a sought-after global speaker, Lynn has traveled the world sharing how, even in the face of bias, burnout, and overwhelm - it is possible to bring your best self to the people, work, and things that matter most to you.

