

Let's schedule time to talk!

MARJORIE JEAN

Speaker | Workplace Mental Health
Consultant | Licensed Psychotherapist



ABOUT

My mission is to guide others to experience life without sacrificing the vital parts of their existence.

With over a decade of experience as a leading mental health advocate, speaker, therapist, and private practice owner, I equip leaders with solutions to sustain effective leadership while living mentally well, preventing burnout.

I hold a master's degree from The Catholic University of America, a bachelor's degree from the University of Maryland Baltimore County, and I am currently pursuing a doctorate degree.

My work has been featured in Diversity Women Network, Bustle, ATL Voyager, and more.

A FEW FEATURES

VoyageATL

BUSTLE

SIGNATURE SPEAKING TOPICS

Accountability in Action: Culture, Compassion & Coping

- Identify ways to restore wellness within your work culture
- Assess the impact of compassion towards stress management
- Develop deeper problem solving skills using emotional intelligence
- Outline a strategy to empower team members to live well

The V.I.T.A.L. Way: 5 Keys to Effective Leadership

- Identify the #1 skill every leader must have to be effective
- Apply a step-by-step method to navigate stress and social change
- Outline a plan to take back control of your wellness as a leader
- Assess the role of advocacy and allyship

CONTACT INFO.



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