

GOD'S HEARTBEAT

moments from minutes

WOUNDED



NEW LIFE CHRISTIAN CENTER | MAY 22-23, 2021

PASTOR BRETT AVERY | TURLOCK • PASTOR JEREMY MOORE | PATTERSON

Why do you say, O Jacob, and complain, O Israel, "My way is hidden from the LORD; my cause is disregarded by my God"? Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who wait on the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. Isaiah 40:27-31 (NIV)

Psalm 46:10 (NLT) "Be still, and know that I am God!"

1. The stability of _____...anchors the _____ of my _____.

2. _____ is my _____ to connect deeply with Jesus.

3. God responds to my struggle by...

- _____ Me

- _____ Me

- _____ Me

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Psalm 46:10 (NLT) "Be still, and know that I am God!"

1. The stability of God...anchors the instability of my life.

2. Crisis is my opportunity to connect deeply with Jesus.

3. God responds to my struggle by...

- Rescuing Me
- Sustaining Me
- Changing Me

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[CONNECT]

If you had absolutely no fear (or risk of injury), what extreme sport would you like to try and why?

[ENGAGE]

What stood out to you from this weekend's message?

[GROW]

Have you ever felt like God is not aware, or not interested in the crisis situation you experienced?
(See Isaiah 40:27)

How does that character of God give us an anchor to hold onto in crisis moments? Do you feel comfortable sharing how you engaged with God's character during a really difficult time of your life?

How does the idea of waiting on God as "Plaiting" ourselves (weaving or braiding ourselves into a deeper relationship with God), change the way you will approach this in the future? (See Isaiah 40:31)

How have you experienced the "new strength" that God provides (the spiritual recharge)?
(See Isaiah 40:29-31)

Share an experience where God lifted you out of a crisis, gave you the strength to continue to meet the crisis or changed you in the crisis. (See Isaiah 40:31).

[LEAD (YOURSELF)]

Take some time this week to deepen your connection to Jesus – either by spending more time in the Scripture, or spending more time in prayer.

1. Here is a link to some Bible Reading Plans <https://www.biblestudytools.com/bible-reading-plan/>

2. Here is a link to some helpful practices to connect with God in prayer <https://www.prayeronline.org.au/fresh-ideas>