




GISS Summer Vacation Care 2023

Day	Monday, 16 th January, 9am-5 pm	Tuesday, 17 th January, 9am-5 pm	Wednesday, 18 th January, 9am-5 pm
Cost	\$99	\$99	\$99
Venue	Walking excursion	GISS	GISS
Activity	<p>Swimming Excursion at Swim School</p> <p>Bring out your inner Aquaman as we dive, swim, and jump off inflatable logs at the swim school. This will then continue with water play games back at GISS!</p> 	<p>Improvisation Workshop from Point Break Drama</p> <p>Boost your confidence, improve your creativity and use your imagination with Paul Winchester! Learn lifelong skills which help you succeed in study and life while having fun playing Improv games!</p> 	<p>Northern Beaches Youth Circus Workshop</p> <p>Jump into the Circus performance with Catherine Daniel and learn circus tricks and skills! You will be trained to perform on the trapeze, juggle, and tumble while improving your strength, flexibility and balance.</p> 
Things to Bring	Water bottle, sun smart hat, swimsuit, towel & spare clothes	Water bottle & sun smart hat	Water bottle & sun smart hat
Menu	<p>Morning tea: Blueberry Muffins, Fruits & Yogurt</p> <p>Lunch: Fresh vegetables, Pasta & Meatballs</p> <p>Afternoon tea: Spring rolls & Fruits</p>	<p>Morning tea: Banana bread, Fruits & Yogurt</p> <p>Lunch: Fresh vegetables, Butter chicken & Rice</p> <p>Afternoon tea: Brown Rice Crackers & Cheese, Fruits</p>	<p>Morning tea: Fruit muffin, Fruits & Yogurt</p> <p>Lunch: Fresh Vegetables & Spaghetti Bolognese</p> <p>Afternoon tea: Sushi Platter & Fruits</p>

	Thursday, 19 th January, 9am-5 pm	Friday, 20 th January, 9am-5 pm	
Cost	\$99	\$79	
Venue	GISS	GISS	
Activity	<p>Taronga Zoo Animal Incursion</p> <p>Meet Australian animals that are cute, cuddly, or dangerous. Learn about their unique features, natural environments and how we can protect these beautiful creatures!</p> 	<p>MasterChef Day: German Cuisine</p> <p>Put on the chef hat and learn how to cook German Cuisines. Explore different textures, tastes & flavours while cooking your own morning tea, lunch and afternoon tea.</p> 	<p>Extra activities available throughout Vacation Care:</p> <p>Water Play, Soccer Table tennis, Basketball Sports Hall, Playground Kapla Construction Mud Kitchen, Slime Nature Play Board & Card games Science Experiments Art & Craft Bubble Disco Parent Incursion</p>
Things to Bring	Water bottle & sun smart hat	Water bottle & sun smart hat	
Menu	<p>Morning tea: Fruit salad with yogurt Lunch: Fresh vegetables & Fried rice Afternoon tea: Pancakes with maple syrup & Fruits</p>	<p>Morning tea: Pretzels Lunch: Cheese Spaetzle, Salad Afternoon tea: Apple Strudel with Custard</p>	