

All American Chili

1 lb. of Ground Bison (American Buffalo)
1 cup of chopped Onions
1/4 cup Green Pepper
1 clove garlic, minced
1 16 oz. can of diced tomatoes
1 16 oz. can of dark red kidney beans, drained
1 8 oz. can of tomato sauce
4 teaspoons of chili powder
1/2 teaspoon dried basil
1/2 teaspoon of Crushed Red Pepper

In a large kettle brown the ground Bison, onion, green pepper, and garlic in a little oil. (Bison is a lean meat).
Stir in the rest of the ingredients. Bring to a boil. Reduce the heat to a simmer and cover for about 20 minutes.

Serves 4 to 6