# **Kindled Adventures Packing List**

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## **Camping List**

- Bible
- Journal
- Pen
- Toiletries
- Blanket (Those Who May Get A Little Colder At Night)
- Camping Chair To Sit By Fire
- Exercise Clothes And Hiking Shoes
- Special Snacks (Snacks Will Be Provided But May Want To Bring A Few Extra Snacks For Your Hikes)
- Clothes That Will Accommodate Weather Accordingly
- Water Shoes

#### **Tent Packing List**

- Warm Sleeping Bag
- Self- Inflatable Mat Or Cot
- Pillow
- Headlamp/ Flashlight/Solar Light (I Prefer Headlamp For Hands Free Access)
- Non Perishable Snacks And Drinks
- Bottled Water
- Bathroom Amenities For Taking Shower
- Shower Shoes
- Towel
- Warm Socks
- Beanie- I Have To Make Sure My Head Is Warm At Night
- Comfortable Hiking Clothes ( I Usually Wear Workout Clothes)
- Camping Chair To Sit By Fire

## **Hiking Packing List**

- Comfortable Hiking Shoes (Be Sure To Break Them In)
- Hiking Socks
- Backpack
- Chap Stick
- Baby Wipes
- Kleenex
- Water Shoes For Warmer Months
- Bug Spray
- Sunscreen
- Snacks (I Will Provide Some Snacks But You Can Bring Some Extra Such As: Bars, Nuts/Seeds, Dried Fruit, Etc.)
- Water Bottle

# **Kayaking Packing List**

- Closed Or Open Toe Water Shoes
- Proper Clothing- Comfortable Exercise Clothing (Water Resistant Gear If You Don't Want To Get Wet)
- Optional: Paddling Gloves- If You Tend To Get Blisters Easily, I Would Recommend Some Type Of Water Resistant Gloves
- Dry Bag- I Would Highly Recommend This. You Can Place Everything In This Bag To Keep Dry. (Any Outdoor Store Will Have This: Walmart, Target, Academy Sports, Etc.)
- Dry Box- Good Idea If You Are Going To Take Your Phone For Pics
- SunScreen
- Bug Spray
- Benadryl In Case Of A Reaction To A Bug Bite
- Sunglasses
- Hat To Protect From Sun