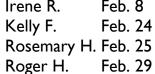
## February Birthdays

Alan K. Louise L. Feb. 5 Feb. 8 Irene R. Kelly F.





Welcome our new staff as part of the Buchanan Family!

### **Birthday Tea** At 2 pm Thursday, Feb 23 In Camelia with Magnolia

Josephine Ndungu	Housekeeping	6-Dec-2022
Ehte Meazi Weldemedhine	Food Service Worker	5-Dec-2022
Sharanjeet Hans	Care Aide	13-Dec-2022
Mirela Lewandowska	RN	15-Dec-2022
Catherine Yago	Care Aide	21-Dec-2022
Kanika Ghosh	RN	19-Dec-2022
Tasneem Porbanderwalla	Care Aide	30-Dec-2022
Zainab Chulawala	Care Aide	4-Jan-2023
Erica Aguliar	RN	11-Jan-2023
Christine Saflor	LPN	11-Jan-2023
Rosita Pugosa	Care Aide	11-Jan-2023
Kathy Golparvar	RN	12-Jan-2023

BEST-TEA



No matter how busy you are or how many tasks you are managing at once, maintain a calm spirit and relaxed demeanor!



### **February**

by Jane Goodwin Austin

I thought the world was cold in death; The flowers, the birds, all life was gone, For January's bitter breath Had slain the bloom and hushed the song.

And still the earth is cold and white. And mead and forest yet are bare; But there's a something in the light That says the germ of life is there.

Deep down within the frozen brook I hear a murmur, faint and sweet, And lo! the ice breaks as I look, And living waters touch my feet.

Within the forest's leafless shade I hear a spring-bird's hopeful lay: O life to frozen death betrayed Thy death shall end in life today.

And in my still heart's frozen cell The pulses struggle to be free; While sweet the bird sings, who can tell But life may bloom again for thee!

BUCHANAN LODGE



**INSIDE THIS** 

**ISSUE:** 

January

**Memories** 

**February** 

Coming

**Birthdays** 

More events

**Events** 

**Devotional** 

3

# Buchanan Buzz

NEWS FROM 409 BLAIR AVE

## **Precious Memories**



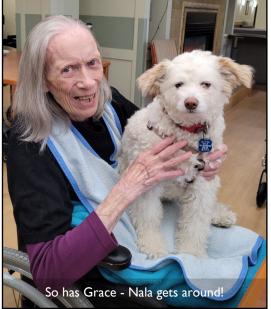




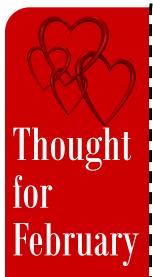






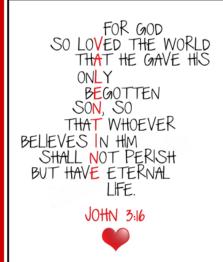


PAGE 2



Why do we need a day like that; how did love become such a driving force in our lives?

Meat Loaf said it for all of us - "we would do anything for love!"



Forty nine years ago I proposed to the love of my life on Valentine's Day (actually it was a few days before because I couldn't wait!). Am I a hopeless romantic or just a victim of the crass commercialization of yet



another pagan festival? Well, it did start as a pagan Roman festival called Lupercalia, a.k.a. Februa (from which we get February), which involved young men draped in the skins of sacrificed goats roaming through the streets and lashing women with strips of goat skin to increase their fertility. How romantic!?

Fortunately, just like Easter, Halloween and Christmas, the Church instituted a Christian alternative to these pagan practices. They chose the priest St. Valentine as an example for us to follow. Going against the edict of Emperor Claudius II, who preferred to keep his soldiers single, St. Valentine readily officiated at their weddings. Eventually, on February 14th, he was martyred by the Romans, not just because he promoted marital love but ultimately because he loved God more than his life, refusing to renounce his faith!

That's why Valentine's Day became the occasion to show love to one another, especially to those we have chosen as our life mates. But why do we need a day like that; how did love become such a driving force in our lives? Meat Loaf said it for all of us - "we would do anything for love!" To love and be loved are the two strongest psychological needs we have, and sometimes even greater than our need for self-preservation, as the martyrs of our faith clearly illustrate.

The reason we act this way is because of our Creator. We love because He first loved us (I John 4:19). It was God's love that compelled Him to create us. It was

that love that drove Jesus to die for us. It is His love for each of us that offers unconditional acceptance, forgiveness and a welcoming embrace into His eternal family.

It's what we are all looking for, whether we know it or not! We were created in His image, with the same need to love, to be loved, and to belong. Human love and marriage, as good as it can be, is only an imperfect representation, like an unfocused photo, of the picture-perfect love we will experience when we see Jesus face to face.

Until then, happy Valentine's Day!

~ Chaplain Rob



SUPERBOWL SUNDAY, Feb 12
On FOX TV - 3:30 pm (PT) Kick Off

All House TVS should be tuned in! Half-time show features Rihanna.



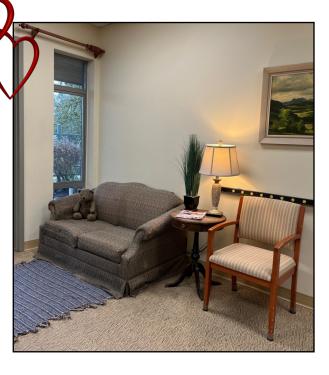






#### **RESIDENT SURVEY**

Residents & their family will be contacted by the Office of the Seniors Advocate and asked to complete a survey mid February.



Camelia now has a room in the northeast corner for family & residents to use for visits and/or a quiet place to relax. Just connect with Nursing to have access.



VALENTINE'S DAY TEA
Tuesday | Feb. 14 | 2 pm
In Willow Creek

Featuring fun, food, and festivities with the Prickly Pair Band.

