

*Masks take approximately 15 - 20 minutes each to make.
This video is a helpful resource: <https://youtu.be/9tBg0Os5FWQ>*

Supplies needed:

- 100% Cotton fabric (that has been pre-washed hot to prevent future shrinking)
- 1/8" or 1/4" flat elastic or rope elastic.
- Thread
- Pins for holding fabric together while sewing
- Sewing machine or serger.

Directions:

Start by cutting fabric into 9" x 6" pieces. Each mask will require two 9" x 6" pieces of fabric.

1. Put right sides of fabric together
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across the top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.

Delivery:

Please deliver completed masks in a closed plastic bag (like a Ziplock) or closed plastic box to the screening desk inside the front doors of Fairchild Medical Center or by mail to 444 Bruce Street, Yreka, California 96097.

Fairchild Medical Center will launder masks prior to use by any team members if the need arises to use homemade masks.

We appreciate your time and efforts. Thank you for being part of our community care team.