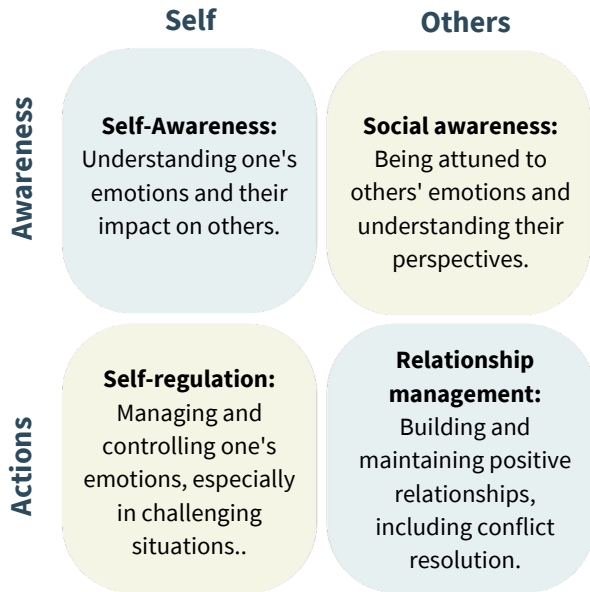


# Foundational Leadership Concepts

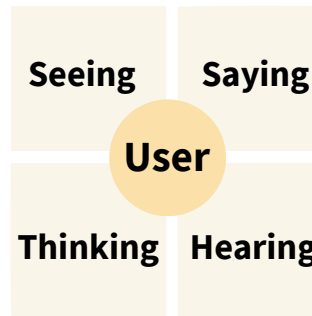
## The Four Components of Emotional Intelligence



## The Four I's of Transformational Leadership

- Individualised Consideration:** Tailoring leadership to the specific needs of individuals.
- Inspirational motivation:** Providing a compelling vision and motivation for followers.
- Intellectual Stimulation:** Encouraging creativity and critical thinking.
- Idealised Influence:** Serving as a role model and earning trust and respect.

## IDEO's Empathy Map



**Seeing** - The world from the perspective of others.

**Saying/Doing:** Paying attention to what people say and do.

**Thinking/Feeling:** Identifying the thoughts and emotions of others.

**Hearing:** Listening to verbal and non-verbal cues to understand what is important.

## Simon Sinek's "Leaders Eat Last" Concept



**Safety Circle:** Creating a safe and trusting environment where team members feel secure.

### Putting Others First:

Prioritising the well-being of the team over personal interests.



### Sharing Successes and Failures:

Being open about both successes and failures, fostering a culture of learning.