

**Cancellation Policy**

We require a minimum of 24 hours' notice to cancel or reschedule a private training session. Cancellations made with less than 24 hours' notice may be charged a fee of up to the full session amount.

We maintain a waitlist of clients who are eager to train, and last-minute cancellations prevent another client from having the opportunity to book that time. Additionally, late cancellations directly impact the instructor's scheduled time and income. We appreciate your understanding and respect for this policy, as it helps us provide consistent, high-quality service to all clients.