A close-up photograph of a person's hands holding a clear, faceted glass filled with water. The person is wearing a grey t-shirt and blue jeans. The background is a soft, out-of-focus white fabric, possibly a bedsheet. The lighting is warm and natural, highlighting the texture of the glass and the water inside.

HYDROGEN WATER & HEALTH:

WHAT OVER 1,000 PUBMED STUDIES REVEAL

JANE BOX

Fact

Nearly every other water on the planet, whether coming from our tap, being delivered, or bottled, is **DEAD** water; oxidized and leading us closer to disease.



OXIDANTS
FREE RADICALS



ANTI-OXIDANTS
NEUTRALIZE FREE RADICALS

VERY FAST AGING
SKIN PROBLEMS
FEELING TIRED
PAINS



OPTIMAL HEALTH
LONGEVITY
BEAUTY
ENERGY

+ ORP MV

- ORP MV

+400 +300 +200 +100 0 -100 -200 -300 -400

TAP WATER BOTTLED WATERS
FILTERED WATERS
JUICES

ORP METER



PURE GREEN TEA



VITAMIN C



COD LIVER OIL



APA KANGEN

ORP
-400
-800

WHAT IS *Oxidized* WATER?



Tap water is cleaned with chemicals like chlorine, which use oxidation to kill germs.

But after the germs are gone, that same oxidized water goes into your body.

This water can steal electrons from your cells, which adds stress and can age you faster.

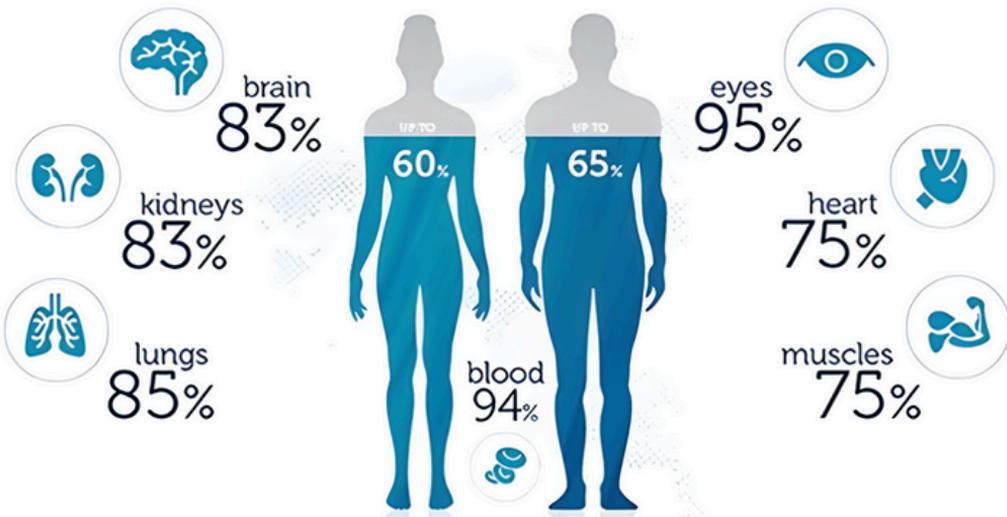


WHY IS *High Antioxidant* WATER IMPORTANT

💧 Your body parts are comprised of 75-85% water.

💧 Even your blood is 50% water.

💧 Your whole body totals 60-65% water



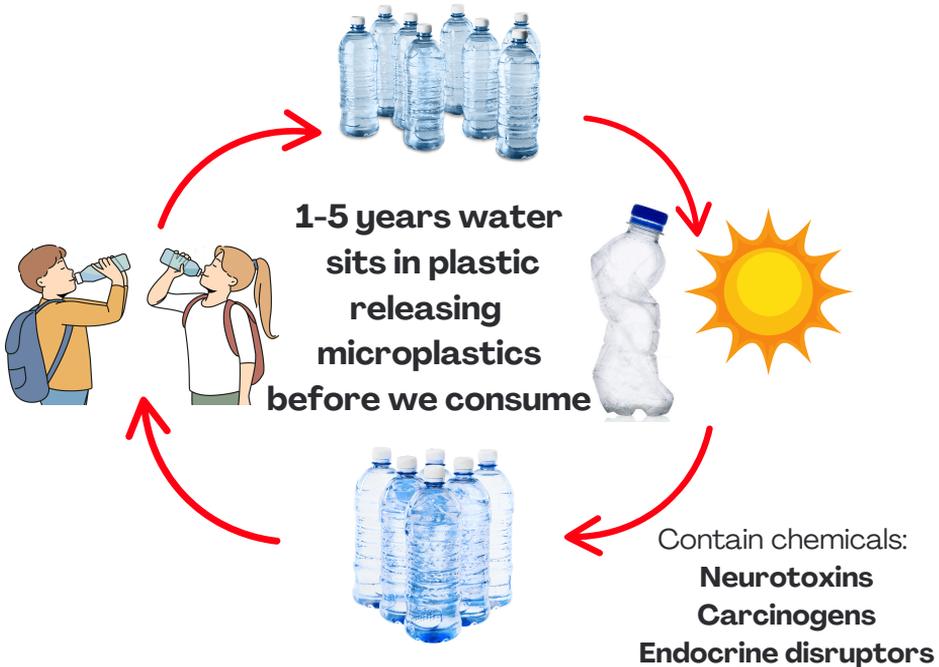
Most people drink 8-10 glasses of water a day (included in coffee, tea, smoothies, etc.) it is important the water you're consuming is not only clean (properly filtered), but not aging you.

The 3 most important factors for being healthy:

1. Clean Water
2. Clean Air
3. Clean Food

MOST WATER IS STRESSED & WHY THAT MATTERS

By the time water is bottled and shipped to you it's already dead. It's been filtered, treated, exposed to heat, stored in plastic, and is oxidized which means it's creating free radicals (inflammation) in your body when you consume it.



THE PROBLEM WITH TAP WATER

The US Environmental Protection Agency has identified over **80 regulated contaminants in tap water**, including Giardia, and E. coli.

Pharmaceuticals



Lead



Chlorine



Arsenic



Pesticides



Hormones



Fluoride



Bacteria



Radioactive
Materials



Pathogens



Aluminum



Microplastics



WHY CHOOSE THE
Kangen 8
WATER IONIZER
FROM
Enagic

COMPANY:
Enagic



Established in 1974 based on patented technology developed by Dr. Hironari Ohshiro, Enagic is the only ionizing machine in the world producing hydrogen water that has a Water Quality Association (WQA) Certified Gold Seal.

Kangen is also the only certified medical water device in the USA, is used by over 1/3 of Japanese hospitals and countless clinics around the world, including the Hope for Cancer Clinic.

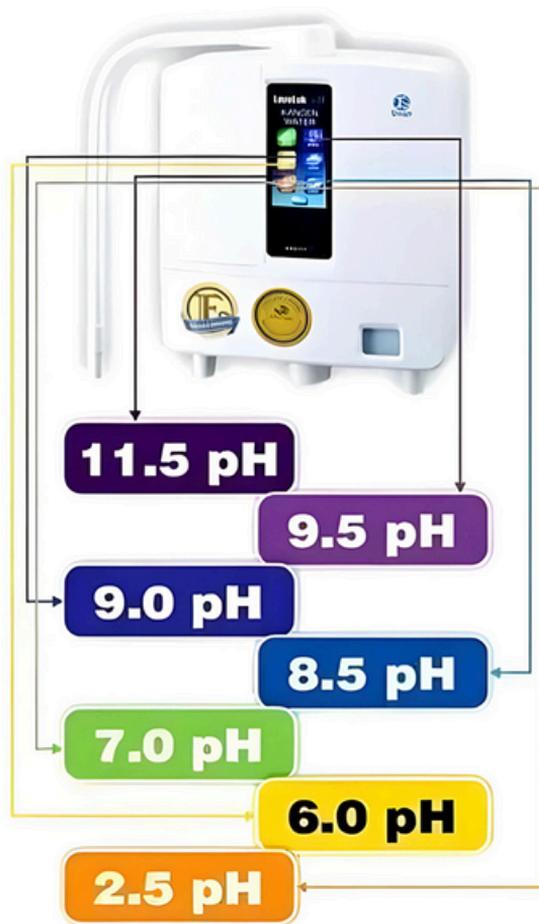
THE ONLY *certified* MEDICAL GRADE WATER DEVICE



The Kangen devices are created and manufactured in Osaka, Japan. Each Kangen® K8 ionizer's titanium plates are hand-dipped in platinum, producing a medical grade ionizer plate, the finest quality in its class. Kangen Water® ionizers are certified as a medical device by Japan's Ministry of Health.



THIS MACHINE HAS OVER *100+ USES*



8.5
9.5
pH

Drinking and Cooking...
anti aging

7.0
pH

Baby Formula
& Medication

4.5
6.0
pH

Tonner & Astringent
Hair Care, Groom Pets.
Clean Mirrors & Glass.
House Cleaning - Floor Tiles.
Great For Plants.

2.5
pH

Disinfectant : Electrolyzed
Hypochlorous Acid
Kills virus and bacteria.
Sterilizing & Sanitizing.
Skin Rashes.

11.5
pH

Emulsifier
Removes Pesticides from fruits
and vegetables.
Cleans greasy pots & Pans.
Laundry Detergent.

[Click here for the most common
uses PDF](#)

PURCHASE

*Water Ionizer
here*



Kangen 8

INDEPENDENT *PubMed* STUDIES

Electrolyzed reduced water (ERW), ionized water, and negatively charged water (all different names for the same thing), which is what the Kangen K8 creates.

[PMID: 36498838 2022](#) Safety Concerns and Effectiveness as a Source of Hydrogen Water

[PMID: 36499079 2022](#) Molecular Hydrogen Is the Exclusive Agent Responsible for the Therapeutic Effects

[PMID: 9169001 1997](#) Antioxidant Electrolyzed-reduced water scavenges active oxygen species and protects DNA from oxidative damage.

[PMID: 19003114 2002](#) Diabetes Reduced water (RW) such as hydrogen-rich electrolyzed reduced water and natural reduced waters like Hita Tenryosui water in Japan and Nordenau water in Germany that are known to improve various diseases...RW (Reduced Water) may be useful in preventing alloxan-induced type 1-diabetes mellitus.

INDEPENDENT *PubMed* STUDIES

[PMID: 20202333 2006](#) Diabetes ERW, provided as a drinking water, significantly reduced the blood glucose concentration and improved glucose.

[PMID: 17268057 2007](#) Diabetes reduced the blood glucose concentration, increased blood insulin level, improved glucose tolerance and preserved beta-cell mass

[PMID: 21063772 2011](#) Diabetes Type 1 Electrolyzed reduced water, which is capable of scavenging reactive oxygen species, is attracting recent attention because it has shown improved efficacy against several types of diseases including diabetes mellitus.

[PMID: 16325558 2005](#) Chlorinated Drinking Water Linked to Cancer Consumption is suspected to be associated with adverse health effects, including mutations and cancer.

INDEPENDENT *PubMed* STUDIES

[PMID: 19003049](#) 2005 Cancer Electrolyzed Reduced Water Supplemented with Platinum Nano particles Suppresses Promotion of Two-stage Cell Transformation.

[PMID: 19202298](#) 2009 Cancer Electrolyzed-reduced water (ERW) is a higher pH and lower oxidation-reduction potential water. In the present study, we examined the enhanced effect of ERW in the apoptosis of leukemia cells, results suggest that ERW is an antioxidant, and that ERW, in combination with GSH, has an enhanced apoptosis-inducing effect on HL-60 cells

[PMID: 19887722](#) 2009 Hangovers ERW has an effect of alcohol detoxification by antioxidant mechanism and has potentiality for relief of ethanol-induced hangover symptoms.

[PMID: 11121980](#) 2000 Wound Healing EOW accelerating wound healing

SCIENTIFIC RESEARCH *Studies*

 **Blood Lipid Profiles Improvement**
(MDPI)

 **Combatting Allergies**
(Hydrogen Water Research Labs)

 **Preventing Hearing Loss and Protecting the
Eyes**
(Hydrogen Water Research Labs)

 **Alkaline vs. Hydrogen Water**
(Transparent Labs).

 **Protection from Radiation-Induced Oxidative
Stress**
(Healthy Focus)

 **Rheumatoid Arthritis (RA)**
Science-Based Medicine)

SCIENTIFIC RESEARCH *Studies*

 **Antioxidant and Anti-inflammatory Properties**

(MDPI)

 **Exercise Performance and Muscle Health**

(Hydrogen Water Research Labs)

 **Weight Loss, Diabetes & Metabolic Syndrome**

(Hydrogen Water Research Labs)

(Dove Med Press)

 **Skin Health and Anti-aging**

(Hydrogen Water Research Labs)

 **Heart and Liver Health**

(Hydrogen Water Research Labs)

 **Neuroprotection and Cognitive Health**

&

 **Inflammation and Disease Prevention**

(Healthy Focus)

SCIENTIFIC RESEARCH *Studies*

-  **Mitochondrial Health**
[\(SelfDecode Health\)](#)
-  **Cancer Prevention and Treatment Support**
[\(Natural Food Series\)](#)
[\(SelfDecode Health\)](#)
-  **Oral Health and Skin Protection**
[\(Natural Food Series\)](#)
-  **Mental Health Improvements**
[\(Hydrogen Water Research Labs\)](#)
-  **Metabolic Syndrome and Type 2 Diabetes**
[\(SelfDecode Health\)](#)
-  **Metabolic Syndrome and Type 2 Diabetes**
[\(SelfDecode Health\)](#)

whew! **THAT WAS A LOT.**

I appreciate your time. Hopefully we
will connect to discuss how to
change your water and therefore
change your life.

Jane Box



➔ **BOOK A CALL WITH ME HERE** ➔