



Main Passage: Psalms 139:1-18

GOD KNOWS ME Pastor Brian Benton | Turlock

Point 1: God me.
You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down, you are familiar with all my ways. Before a word is on my tongue you, Lord, know it completely. You hem me in behind and before, and you lay your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Psalms 139:1-6 NIV
Point 2. Godme.
You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. Psalms 139:1-2 NIV
A. Because God understands, I am
"From heaven the Lord looks down and sees all mankind Psalms 33:13a
She gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen the One who sees me." Genesis 16:13

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. Romans 5:8

B. Because God understands, I don't have to ______.





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Point 1: God KNOWS me.

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Point 2. God UNDERSTAND me.

You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. Psalms 139:1-2 NIV

A. Because God understands, I am SEEN.

"From heaven the Lord looks down and sees all mankind. Psalms 33:13a

She gave this name to the Lord who spoke to her: "You are the God who sees me," for she said, "I have now seen the One who sees me." Genesis 16:13

B. Because God understands, I don't have to PERFORM.

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. Romans 5:8



DISCUSSION QUESTIONS June 29, 2025

CONNECT

What part of God knowing you brings you the most comfort? What part challenges or humbles you the most?

ENGAGE

What stood out to you from this weekend's message?

GROW

- Read Psalms 139:1-18
- Why do you think we often forget or overlook the promise that God knows us?
- How does knowing that God understands your thoughts, fears, and motivations change the way you relate to Him?
- Where in your life are you tempted to "perform" or pretend, even in your walk with God?

LEAD (YOURSELF)

What's one practical step you can take this week to live like you are fully known and fully loved by God?