

WORK
TOGETHER

MEGUMI *Fujita*

STAY CONNECTED  



CREATING ABUNDANCE,
IS INTRINSICALLY
CONNECTED TO HOW MUCH
YOU'RE WILLING TO ALLOW
FOR THE FLOW OF LIFE.
ENERGY, WITHOUT
CONTRACTING.



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**TRAUMA-INFORMED COACHING + EMBODIED
PRACTICES TO HEAL INNER WOUNDS, RELEASE
LIMITING BELIEFS & EMBODY YOUR MOST
MAGICALLY AUTHENTIC SELF**

Love Notes

"When I started working with Megumi, I was feeling stuck, depressed & hopeless. I had tried so many modalities (including Spiral!) & hadn't felt much of a shift. It was almost as if the more work I did, the more awareness I had around my issues but no relief. After going through the Spiral again with Megumi. I noticed small but significant changes starting to appear. As we continued to work together, I felt the heaviness start to shift and hope returned!

Megumi holds a strong yet loving space for the internal work. She is always available for support and holds you accountable, which is something I needed.

I cannot recommend her strongly enough!

If you're thinking about working with her, DO IT!!

You won't be sorry!"

-MARIA MCCORD

"I am beyond grateful for you!

After 2 years of traditional therapy, I wanted to transition to a program more future than past based.

Megumi's journey mirrored mine in so many ways. I knew she was the one to help guide me to my fullest potential...no bullshit and no sugar coating. A mirror of sorts that nurtured me while keeping me grounded, focused, centered, and most importantly true to myself.

Throughout my journey with Megumi, she carefully and lovingly helped me face past traumas and look only to the future. A complete reset for my life.

I am ready to manifest my truth, my light, and my love in this world."

—AMY LAYNE

**WHEN WOMEN REMOVE STUBBORN BLOCKS AND
EMBRACE THEIR FEMININE WHILE DIVING DEEPER
AND DEEPER WITHIN THEMSELVES, THEY
REINVENT, THEY LEARN, AND THEY EVOLVE.**

**THE POSSIBILITIES?
ENDLESS.**

THIS IS YOUR CALLING...

**STOP WATCHING AND START
EMBRACING YOUR TRUEST ESSENCE
WITH TRAUMA-INFORMED COACHING,
FEMININE MOVEMENT
+ EMBODIED PRACTICES**

RECLAIM YOUR RADIANCE VIP COACHING



A 1:1 EMBODIMENT + SELF-LOVE JOURNEY TO ACTIVATE YOUR DEEPEST DESIRES AND TURN THEM INTO YOUR EVERYDAY REALITY.

THIS IS FOR YOU IF YOU'RE THE KIND OF WOMAN WHO KNOWS LIFE IS MEANT TO BE JUICY, BUT DESPITE YOUR BEST EFFORTS, THERE'S SOMETHING LACKING...

Reclaim Your Radiance VIP Coaching

What is the ONE transformational link that's missing in your life?

Take total ownership of your greatest potential and activate abundance as you dive deep into femininity and self-awareness to achieve the ultimate empowerment to heal yourself.

Walk away from this 4-month 1:1 experience with...

- A new pleasure-filled presence of self, free from previous limiting patterns and emotional baggage that held you back from your fullest potential.
- The honed ability to tap into your feminine energy and confidently attract more dream clients and dream partners in your life.
- The confidence, clarity, and tangible tools to magnetize anything you desire into your life.
- Unmatched confidence and self-worth that radiates from you in every interaction.
- A deep love and appreciation for yourself, your body, and your healing journey.

What's Included:

- The Spiral 7-stage personal + professional transformation process including:
90-minute kick-off intention session
- 7 1:1 coaching sessions (90 minutes each)

- Seven 90-minute sessions of The Spiral to release the beliefs, stories, and behaviors holding you back and aligning your feminine magic with your authentic self.
- Final integration session (90 minutes)
- 4 private Embodied Movement Sessions (60 minutes each)
- The full Radiant AF! self-learning suite (including video modules, exercises, meditations, affirmations)
- Your Human Design Breakdown Analysis Chart walking you through xyz
- New Moon and Full Moon Rituals specifically designed to help you xyz
- Journal Prompts to support each stage of your healing journey
- Unlimited access to me via Voxer (to be replied within 24 hours)
- Red Flag Emergency Sessions (3) to be used at your discretion

Intentionally designed for the woman who...

- Feels alone, not enough and misunderstood by the world around her.
- Has always been the supportive friend but has little room to share her own issues (she doesn't want to be a burden to anyone).
- Is very much aware of her body and, deep down, knows the physical ailments she feels are to her emotional health.
- Says "yes" to her intuition but doesn't follow her flow.
- Up until now, has avoided her commitment to fully healing because she's afraid to be judged for embracing her emotions. (Think: "Ewww! Emotions are messy!")

YOU DESERVE TO BE SEEN AND SUPPORTED...
*THIS IS YOUR MOMENT TO RECLAIM YOUR RADIANCE AND BE THE
WOMAN YOU'VE ALWAYS SECRETLY KNOWN YOU CAN BECOME*

CLAIM IT

RADIANT AF! SISTERHOOD EXPERIENCE



**A GROUP COACHING
EXPERIENCE TO PURSUE
YOUR DIVINE FEMININE
TRANSFORMATION WHILE
CELEBRATING COMMUNITY.**

THIS IS FOR YOU IF YOU'RE TIRED OF
GOING AT IT ALONE + READY TO ACTIVATE
YOUR ABUNDANCE WITHIN THE SACRED
SUPPORT OF SISTERHOOD.



Radiant AF! Sisterhood Experience

Delve into your authentic embodiment in a safe space during this 14-week group coaching program to heal core wounds, soak up the love and support of your sisters, and flourish in your feminine magic.

Walk away with...

- The tools to heighten your intuition, understand your higher self, and get grounded in your self-worth.
- An all-encompassing love for yourself and your body right freaking now!
- A new, full mind, body, and soul freedom that comes with understanding and releasing limiting beliefs and past trauma and healing core wounds.
- A village of sisters who are walking the path to a transformed life alongside you.

READY FOR LASTING CHANGE?

This is your moment to become Radiant AF!

[LEARN MORE](#)

MANIFESTATION CLEAR INTENSIVE



A 60-MINUTE INTENSIVE TO IDENTIFY AND OVERCOME THE BURIED BELIEFS THAT KEEP YOU FROM MANIFESTING YOUR DEEPEST DESIRES.

THIS IS FOR YOU IF YOU'RE CRAVING AN ENERGETIC UPGRADE, A LOVE OR ABUNDANCE TRANSMISSION, OR A CLEAR PATH TO A LIFE OF ALIGNMENT.



Manifestation Clear Intensive

Step out of past trauma and limiting beliefs and into your soul journey to alleviate stagnant energy and allow yourself the absolutely delicious life of alignment you deserve!

Walk away with...

- Full freedom from the emotional baggage and conditioning previously blocking each of your chakras.
- Total freedom from the key emotions, limiting beliefs/stories that have been holding you back from your fullest life.
- Complete clarity on your actionable steps towards manifesting your deepest desires to claim the life you want to live.

How it works...

STEP #1: Together, we'll get clear on the intention for exactly what it is you want to manifest.

STEP #2: Become fully present during a drop-in meditation guided by yours truly.

STEP #3: Explore questions around each chakra, which will give me all the insight I need to muscle test for you, clearing each level of chakras as we go.

Intentionally designed for the woman who...

- Has a strong urge to go deeper into her unconscious mind to understand what is truly keeping her from fulfilling her greatest desires.
- Seeks to clear any energy in the body to realign their soul.
- Typically avoids emotion. (You don't like to get messy.)
- Feels like "something's wrong" with her (something is off in their energy, and not clear on what it is).

YOU ARE THE CREATOR OF YOUR REALITY!

Break out beyond the stories, beliefs, ideas and conditions holding you back, and watch the magic the Universe brings

I'M READY TO MAGNETIZE + MANIFEST!

THE M.E. RETREAT



**SELF-LOVE RETREATS TO
COME BACK TO YOURSELF
SO YOU CAN CONNECT,
HEAL, AND STEP INTO YOUR
NEXT LEVEL SELF.**

THIS IS FOR YOU IF YOU LIVE + LOVE TO
SUPPORT OTHERS AND TEND TO NEGLECT
YOUR OWN SELF-LOVE AND CARE.

The M.E. Retreat

Join a sisterhood of like-minded women and unlock your deepest intuition as you deeply connect with nature in a magical destination lit up in the feminine.

What's Included...

- Daily group coaching sessions & ceremonies (including a group Rose Ceremony)
- Sound healing, movement classes, emotional release work, and more embodied practices!
- Daily 1:1 Sister Circles
- Excursions that align with the theme of the retreat
- Full pampering from hot stone massages to full-blown professional photoshoots
- Everything is included—Just buy your plane ticket, and we'll see you there!

Intentionally designed for the woman who...

- Lives and loves to help and support others but tends to neglect her own self-love and care.
- Might be thinking, "I'm ready for a change, but where the heck do I even start?"
- Just doesn't have any time or resources to take care of herself in ways she'd like.
- Feels her fullest in nature.

EACH RETREAT WILL BE TAILORED TO THE
SPECIFIC LOCATION

Get on the waitlist so you don't miss a beat!

JOIN THE WAITLIST NOW

M.E. Retreats happen once a year, so don't miss out!

TESTIMONIALS

"WHAT I WAS CAPABLE OF JUST BY MAKING ME ANSWER QUESTIONS OUT LOUD. SHE CHALLENGED ME TO BELIEVE IN MYSELF AND BELIEVE IN MY POWER AND I'VE MANIFESTED SO MUCH HAPPINESS AND STRENGTH. SHE DIDN'T ALLOW ME TO THROW A PITY PARTY FOR MYSELF, SHE ACKNOWLEDGED MY SITUATION AND MY FEELINGS BUT MOVED ON TO MAKING ME FOCUS ON HOW THE SITUATION IS BENEFICIAL. SHE DIDN'T LET ME WALLOW IN PITY. SHE REMINDED ME WHO I AM. I AM BRAVE. I AM POWERFUL. I AM INCHARGE. IT'S MY CHOICE ALWAYS, IT'S MY RESPONSIBILITY AND JUST LIKE THAT AVENUES OF OPPORTUNITY AND BLESSINGS JUST OPENED AND THEY STARTED FLOWING TOWARDS ME. I LOOK FORWARD TO GO DEEPER WITH HER AND I BELIEVE YOU SHOULD TO. IF YOU GO THROUGH HER POSTS AND YOU'RE DRAWN TO THEM AND THEY SPEAK TO YOUR HEART BOOK A CALL WITH HER. YOU WILL REALIZE YOUR WORTH AND WHAT YOU'RE CAPABLE OF BUT YOU HAVE TO BE OPEN OPEN YOU HAVE TO DO THE WORK. THANK YOU MEGUMI. I AM GRATEFUL FOR YOUR EXISTENCE.

- ARIANE L.

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