

BREAKERS TRAINING PLAN FOR 29 JUNE 2025

SUN	MBS	MBS 1A	MBS 1B	MBS 2A	MBS 2B	MBS 3A	MBS 3B
	8.30AM - 9.30AM	12.1 G		16.1 G		12.2 G	12.3 G
	9.30AM - 10.30AM	14.1 G		14.2 G	14.3 G	16.2 G	18.2 G
	10.30PM-5.00PM	BIG V					
	2.30PM-3.30PM					12.1 B	12.2 B
	3.30PM-4.30PM					12.3 B	14.4 B
	4.30PM-5.30PM					14.1 B	14.2 B
	5.30PM-6.30PM					14.3 B	16.2 B
	6.30PM-7.30PM					16.3 B	16.4 B
	7.30PM-8.30PM					18.2 B	
VENUES	Mornington Basketball Stadium	MBS 1 to 3	1051 Nepean Hwy, Mornington				