



DATE NIGHT IN BOX

Power Outage

FAITH DISCUSSION GUIDE

Discussion Guide

It is God's promise to you that as you continue to love each other and seek His wisdom in your relationship, He will reveal Himself to you in beautiful ways. Be sure to have your Bible handy to look up scripture. If you don't have access to one, check out the Bible Gateway app available on your Apple or Android device. For a custom Date Night In Box - Faith playlist featuring Christian artists, visit datenightinbox.com/faith.

As you enjoy your Date Night In Box tonight, we hope that you are able to use this discussion guide to grow and strengthen your faith in the presence of each other. It is a beautiful thing to study the word of God as a couple. During this date, you are turning off all distractions and focusing on each other! Putting technology away and truly living in the moment is an amazing thing to experience. It can be so easy to get sucked into the digital world around us that we do not even realize the moments we are missing out on in our physical worlds - beautiful moments that we will never be able to get back.

In this discussion guide, we want to take a moment to discuss the physical and spiritual world. We hope to place awareness on worldly things that have the potential to distract us from God if we are not careful. There are so many things in our physical worlds that can take our focus off of God. Through this discussion guide, we hope to encourage you to strive to keep your focus on God and the spiritual world, no matter how many worldly distractions come your way.

Ephesians 5:15-16 tells us "Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil."

In this verse, we are told to be very careful how we live and to live in a way that is wise. We live in a world that is constantly coming up with new ways to distract us (smartphones, robot cars, Netflix series, etc.). A wise way to go about living in this world is to constantly keep our eyes fixed on God. We must live in a way that is constantly discerning the ways we spend our time. It can be so easy to get caught up in all the things going on around us, both in the physical and digital world. When we place a great deal of our time and attention on worldly possessions it can be hard to remember what really matters. This could be something as simple as spending hours deciding on an outfit to wear to an event instead of spending that time asking God how you can bring Him glory during the event.

As hard as it can be, we must strive every day to live in the spiritual world. Most importantly, this means being in daily communication with God through spending time in the word and constant prayer. Even with all the distractions around us we must keep our eyes, and our hearts, fixated on God. Seeking what HE wants for our lives and ways to bring HIM glory. We must live in a way that is constantly reminding us that this world and the things in it are temporary.

We are simply passing through to something much, much greater. Whenever we constantly remind ourselves of this it becomes much easier to steer clear of the distractions and keep our focus on God.

DISCUSSION

Take this time to think about worldly things in your life that have a tendency to distract you from God if you are not careful. See how the distractions you each struggle with are similar and how they are different to each other.

Next, meditate on the following verses together. Read the verse aloud and then take a minute to think about what it means to you. Once you both have meditated individually, discuss together what you got from it and how it can be applied practically in your everyday lives.

- **1 Corinthians 7:35**
- **1 John 2:15**
- **Hebrews 12:2**
- **Romans 8:6**

End your discussion guide with the following discussion questions:

1. What are ways you can keep yourself aware of the amount of time you are devoting to the distractions around you?
2. What is something you can do daily to keep your eyes focused on God?
3. How can you hold each other accountable when worldly distractions start to take over?

A PRAYER FOR YOU TO SAY TOGETHER

Dear Lord, thank You for giving us the Holy Spirit to live inside of us and walk with us daily. Help us to continually tap into Your presence each and every day. Give us discernment for the way we use our time. Give us the desire to spend our time and energy in ways that glorify You. Give us the strength to hold each other accountable. Thank You for giving us your Word as a road map to our lives. Help us to engrave it in our hearts and keep it constantly in our minds. Thank You for all that You do and all that You are.

In Jesus' Name,

Amen