



# WHAT'S *important?*

Rank the important things in your life in this top ten list. Then estimate the proportion of time you dedicate to this and add this to the time column.

	IMPORTANT THING IN YOUR LIFE	🕒
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Look at your results. Do you spend most of your time on the things you believe to be most important?