



**Betty D. May 1**  
**Walter L. May 4**    **Eileen T. May 23**  
**Grace K. May 18**    **Greg D. May 27**  
**Leo H. May 22**    **Alice H. May 31**



Our RESPECT In-Service was the perfect chance to share what “respect” means to all of us. Stay tuned for suggestions in the Buzz and on the reception TV from the staff & volunteers who attended, like...

**Be mindful of helping each resident look their best (eg adjusting hair and makeup, cleaning spills, etc.)**



**VIDEO, WINDOW & GATE VISITS**

If you haven't yet set up a weekly visitation time contact BuLoChaplains@gmail.com for Magnolia and Willow or Trish.Foley@buchanan-lodge.com for Camelia and Rose.



**Thank You All Soooo Much!!**

We have great staff at Buchanan but their dedication is encouraged to new heights thanks to the many signs, cards, emails, and generous gifts from our “extended family!” Case in point, today (April 28th) our faithful volunteer Jocelyn treated all our staff to a pizza lunch. After that, our neighbourhood Christian Reformed Church offered us dinner delivered later this week. We are so blessed!



**Welcome our New Staff to the Buchanan Family**

Nagender Kaur	RCA	8-Jan-20
Sheryl Manuel	RCA	4-Feb-20
Nicky Dhaliwal	LPN	4-Feb-20
Josephine Arcenal	RCA	25-Feb-20
Wilma Gumabay	RCA	27-Feb-20
Yoshimi Onuki	RCA	3-Mar-20
Trevor Mael	Cook	9-Mar-20
Farida Oren	SW	1-Apr-20
Amanda Weloy	FSW	2-Mar-20
Marilyn Mallari	RN	23-Mar-20

**BUCHANAN LODGE**



For the latest updates check out the website:  
www.buchanan-lodge.com

**May Day**

A delicate fabric of bird song  
Floats in the air,  
The smell of wet wild earth  
Is everywhere.

Red small leaves of the maple  
Are clenched like a hand,  
Like girls at their first  
communion  
The pear trees stand.

Oh I must pass nothing by  
Without loving it much,  
The raindrop try with my lips,  
The grass with my touch;

For how can I be sure  
I shall see again  
The world on the first of May  
Shining after the rain?

Sara Teasdale



**INSIDE THIS ISSUE:**

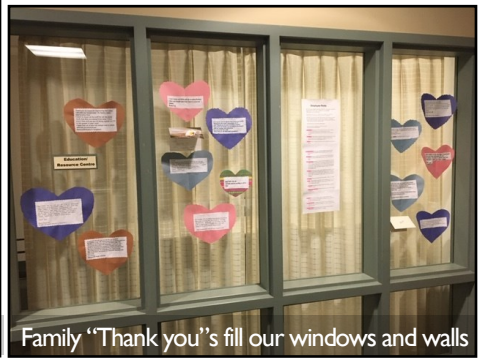
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# Buchanan Buzz

NEWS FROM 409 BLAIR AVE.    MAY 2020

**Precious Memories**



## Thought for May



One of the most important days of the year, especially in a year like this when we need something and someone to celebrate, is Mother's Day. But May 10 should only be a reminder to honour our moms, grandmas, and great grandmas every day of the year. They deserve it!

Happy  
Mother's  
Day

Where would we be without our mother's love, care, and sound advice. We call them "momisms" and here's a few you might recognize:

- Go change your underwear; you might have an accident.
- Don't eat yellow snow.
- If everyone jumped off a cliff, would you do it too?
- Close that door! Were you born in a barn?
- No dessert till you clean off your plate.
- If you can't say something nice, don't say anything at all.
- Because I'm your mother that's why.
- Yes, I AM the boss of you.
- I brought you into this world and I can take you OUT!!
- If you fall out of that tree and break your leg, don't come running to me.

The words didn't always make sense but if we valued our lives we were wise to follow our mom's directives. But perhaps the best advice of all time came from Mary, the mother of Jesus. When she asked her son to help out at a wedding they were attending in Cana, just like any self-respecting Jewish mom, she wouldn't take no for an answer! The advice she gave was to the wedding servers, and to all of us: "Whatever He says to you just do it!"

We think the phrase "Just do it" originated with some sneaker company but Mary said it two thousand years before. And the context she gave made far more sense than Nike's self-serving slogan today. We will go astray if we do our own thing but we cannot go wrong if we follow the words of Jesus. As Creator, Saviour, and Almighty King, we can correctly assume "He is the boss of us!"

My mom taught me the same thing. I remember her kneeling beside me at age 7 when I first decided to do whatever Jesus said to me from that day forward. That sound advice has kept me out of trouble (for the most part) and on a straight path toward heaven. Though my mom arrived there early, when I was only 13, her loving legacy paved the way for all six of her children.

Take time on May 10 and every day this year to honour the "moms" in your life!

~ Chaplain Rob

## UPDATES FROM BLAKE ARMSTRONG - Buchanan Lodge E.D.

### Buchanan Lodge continues to be COVID-19 free!

You are probably aware that while the curve is reported to be flattening there continue to be reports of new outbreaks taking place in Long Term Care Homes throughout the region. For this reason, it is important that we continue with the measures in place to keep the virus away from our home.

### Thank You to Additional Supporters

It is surprising how support is coming to Buchanan from many different directions. In last week's update it was noted how supplies of personal protection were bolstered by BCIT supplying face shields created on 3D printers. Other supporters include Campbell River's Shelter Point Distillery supplying Multi-Purpose Sanitizer (75% proof!) and cases of toilet paper received this week from Starbucks. We are very grateful to the generosity of these and other organizations, as well as churches and personal friends of Buchanan who have stepped-up to joint the fight.

### Spiritual Care Update

Our Chaplains continue to work 7 days a week to facilitate the new programs and family visits. New programming on Mondays and Tuesdays called Spring Bouquet has featured sing along music, trivia, and prizes. So far, we have focused on Spring themes, like flowers, trees, and birds, and special days like April Fool's Day, Easter, and Earth Day. Because the singing has become so popular, "music" will now be our recurring theme, featuring a different decade each week, and starting with the Roaring Twenties. Should be fun! Our time-honoured Spiritual Reflections, being offered in each of the houses on Thursdays and Sundays, has replaced our usual chapel services until we are able to gather together again.

### Visitation

While family visits inside have been suspended, our Chaplains and Rec Team have stepped up to facilitate close to 90 visits a week through video chats, and window and courtyard gate visits. If you haven't yet set up a weekly visitation time contact BuLoChaplains@gmail.com for Magnolia and Willow or Trish.Foley@buchanan-lodge.com for Camelia and Rose.

Once again thank you for your continued support as we navigate through these troubled waters with measures to keep everyone safe.

Check out our website: [www.buchanan-lodge.com](http://www.buchanan-lodge.com) for regular updates.

*Blessings*

*Blake Armstrong  
Executive Director*

