

# Elisa P. Bell, M.D.

Child, Adolescent and Adult Psychiatrist

## Board Certifications and Licensures

- Board Certified in Adult Psychiatry
- Board Certified in Child and Adolescent Psychiatry
- Permanent licenses in Illinois, Indiana, Georgia, Michigan, and Texas

## Postgraduate Training

|           |                                                                                                              |
|-----------|--------------------------------------------------------------------------------------------------------------|
| 1993-1995 | <b>Fellowship in Child and Adolescent Psychiatry</b><br>University of Michigan Medical Center, Ann Arbor, MI |
| 1990-1993 | <b>Residency in Psychiatry</b> , Illinois State Psychiatric Institute, Chicago, IL                           |
| 1989-1990 | <b>Internship in Pediatrics</b> , Loyola University Medical Center, Maywood, IL                              |

## Education

|      |                                                                        |
|------|------------------------------------------------------------------------|
| 1989 | M.D., Southern Illinois University School of Medicine, Springfield, IL |
| 1983 | B.S. Biology, Iowa Wesleyan University, Mt. Pleasant, IA               |

## Current Positions

|                    |                                                                                                                  |
|--------------------|------------------------------------------------------------------------------------------------------------------|
| January 2020       | <i>Author: Are You Culturally Competent?</i>                                                                     |
| July 2003-Present  | <b>Faculty Appointment/Lecture and Seminars</b> , Rush University Medical Center, Chicago, IL                    |
| March 2019-Present | <b>Staff Adult Psychiatrist</b> Illinois Department of Corrections at Northern Reception, Center, Crest Hill, IL |

## Employment History

### Psychiatrist

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|-------------------------|--------------------------------------------------------------------------------------------------------|
| July 2018- Feb. 2019    | <b>Child Psychiatrist</b> , Genoa Telepsychiatry/Full-time Outpatient Care, Genoa, IL                  |
| July 2017-July 2018     | <b>Consulting Child Psychiatrist</b> , The Third Judicial Circuit Court of Detroit, MI                 |
| January 2017-April 2017 | <b>Telepsychiatry and Consulting Child Psychiatrist</b> , Regroup Therapy, Chicago, IL                 |
| April 2012-Oct. 2016    | <b>Telepsychiatry and Consulting Child Psychiatrist</b> , Oaklawn Psychiatric Center, Goshen, IN       |
| March 2011-Feb. 2014    | <b>Adolescent and Adult Psychiatrist</b> , Behavioral Health Education Specialists (BHES), Chicago, IL |
| August 2011-Oct. 2016   | <b>Staff Child, Adolescent and Adult Psychiatrist</b> , Oaklawn Psychiatric Center, Goshen, IN         |
| July 2007-June 2011     | <b>Staff Child and Adolescent Psychiatrist</b> , Edgewater Systems for Balanced Living, Inc., Gary, IN |
| March 2011-Feb. 2014    | <b>Adolescent and Adult Psychiatrist</b> , Behavioral Health Education Specialists (BHES), Chicago, IL |
| July 2002-Dec. 2005     | <b>Private Practice</b> : Elisa P. Bell, M.D., LTD & Associates, Chicago, IL                           |
| Sept. 1998-June 2000    | <b>Staff Child and Adolescent Psychiatrist</b> , Edgewater Systems for Balanced Living, Inc. Gary, IN  |
| July 1995-March 1996    | <b>Staff Child and Adolescent Psychiatrist</b> , Madison Center and Hospital, South Bend, IN           |



## Child and Adolescent Psychiatric Consultant

|                         |                                                                                                                      |
|-------------------------|----------------------------------------------------------------------------------------------------------------------|
| July 2010-Dec. 2010     | <b>Urban Health Initiative Center for Community Health and Vitality (CCHV)</b><br>University of Chicago, Chicago, IL |
| June 2010-Oct. 2010     | <b>Isaac Ray Center, Cook County Juvenile, Temporary Detention Center,</b><br>Chicago, IL                            |
| Oct. 2004-March 2007    | <b>Chicago Association for Retarded Citizens, Chicago, IL</b>                                                        |
| Aug. 2003-Jan. 2004     | <b>Ada S. McKinley Community Services, Chicago, IL</b>                                                               |
| Feb. 2000-June 2008     | <b>Community Mental Health Council (CMHC), Chicago, IL</b>                                                           |
| March 2000-June 2001    | <b>DuPage Mental Health Services, Lombard, IL</b>                                                                    |
| March 2000-Oct. 2000    | <b>Valley View Prison/Illinois Youth Center, Valley View, IL</b>                                                     |
| Oct. 1999-Dec. 2000     | <b>Illinois Department of Juvenile Justice, Chicago, IL</b>                                                          |
| Dec. 1998-April 1999    | <b>Abraham Lincoln Center, Chicago, IL</b>                                                                           |
| Sept. 1998-June 2003    | <b>Illinois Department of Juvenile Justice, St. Charles, IL</b>                                                      |
| Sept. 1998-May 2000     | <b>Grand Prairie Services, Harvey, IL</b>                                                                            |
| August 1998-August 1999 | <b>Metropolitan Family Services for Youth, Evanston, IL</b>                                                          |
| August 1996-Feb. 2000   | <b>Englewood Community Health Organization (ECHO), Chicago, IL</b>                                                   |
| August 1996-Dec. 1998   | <b>Humana, Chicago, IL</b>                                                                                           |
| July 1994-June 1995     | <b>Huron Services for Youth, Ann Arbor, MI</b>                                                                       |
| Sept. 1992-June 1993    | <b>Gary Community Mental Health Center, Inc., Gary, IN</b>                                                           |

## Cultural Competency Presentations and Publications

|                      |                                                                                                                        |
|----------------------|------------------------------------------------------------------------------------------------------------------------|
| March 11th, 2020     | <b>"Cultural Competency" Training</b> Illinois Department of Corrections,<br>Springfield IL                            |
| October 4, 2018      | <b>"Diversity and Inclusion"</b> Iowa Wesleyan University, Mt. Pleasant, IA                                            |
| March 5, 2017        | <b>"Cultural Competency 101"</b> Springfield and Central Illinois African American<br>History Museum, Springfield, IL, |
| March 18, 2017       | <b>"Cultural Competency"</b> Bethel University, South Bend, IN,                                                        |
| October 17, 2013     | <b>"Mental Health Treatment Issues for Minority Children"</b><br>Chicago Public Schools (CPS) STARNET;                 |
| September 1, 2010    | <b>"African American Culture/Cultural Competency"</b> Rush Day School/Hospital,<br>Chicago, IL,                        |
| August 26, 2010      | <b>"Cultural Competency"</b> Rush University Medical Center, Chicago, IL                                               |
| June 16, 2010        | <b>"Issues of Violence in the African American Community"</b><br>University of Chicago Civic Engagement,               |
| February 23, 2008    | <b>"The Role of Culturally Sensitive Psychiatry in Christianity"</b><br>Clark Road Missionary Baptist Church, Gary, IN |
| June 18, 2005        | <b>"Mental Health in African American Males"</b> Student National Medical<br>Association (SNMA), Biloxi, MS;           |
| April 22, 2005       | <b>Presenter – Conference on the Status of African American Males,</b><br>University of Chicago                        |
| April 1, 2005        | <b>"Mental Health Treatment Issues for Minority Children &amp; Adolescents"</b><br>Chicago State University,           |
| November 24-30, 2004 | <b>Lecturer – Community Mental Health Council (CMHC),</b><br>Minority Children & Adolescence Mental Health Conference  |



- October 25-26, 2004      Lecturer – **Community Mental Health Council (CMHC)**, Minority Children & Adolescence Mental Health Conference
- March 10, 2006      **“Mental Health Treatment Issues for Minority Children & Adolescents”**  
Illinois School of Professional Psychology

### Media Interviews

- July 2020      **“Violence in Chicago”** WVON 1690AM Radio, Chicago, IL
- July 2020      **“COOL OUT/ANXIETY /TRAUMA IN MARGINALIZED COMMUNITIES”**  
Chicago South Shore Drive Magazine, Chicago, IL
- July 2020      **“PTSD/ RESILIENCE DURING RACIAL TENSIONS /COVID-19  
IN AFRICAN AMERICAN COMMUNITIES”** PBS TV . South Bend, IN
- June 2020      **“PTSD/COVID in African American Community”**  
PODCAST -ROYAL EMPRESS , Chicago IL,
- July 2020      **“TRAUMA/PTSD IN AFRICAN AMERICAN & BROWN COMMUNITIES  
DURING RACIAL TENSIONS”**. 360 TALK RADIO, Austin TX
- May 2019      **“Suicide in African American Adolescents”**WVON 1690AM RADIO Chicago, IL,
- May 10, 2010      **“Calling on the National Guard”** Press Conference Panelist with IL. State Representative LaShawn Ford, WGN TV & CLTV, Chicago, IL;
- May 19, 2010      **“Mental Health in the African American Community”** Rainbow Push TV, Guest
- May 17, 2010      **“Mental Health in the African American Community”**  
WYCC Munir Muhammad & Friends, Guest;
- February 2003      **“Kids Who are Abusive Towards Animals”**  
Chicagoland Tails Newspaper
- November 14, 2011      **“Autism Spectrum Disorders”** WCIU TV
- April 12, 2006      **“Autism”** WEVE 88.7 FM, Gary, IN
- November 2006      **“Violence Toward Animals-The Human Connection”** North Shore News;
- November 2002      **“Lead Toxicity”** Documentary WCIU
- October 2002      **“Medical Prodigy: Elisa P. Bell M.D.”** Chicago Defender
- May 2001      **“Violent Children”** Human Animal Violence Connection (HAVC)  
Fox and CLTV News
- April 2001      **“Violent Children”** Human Animal Violence Connection (HAVC)  
CBS 2 Chicago News
- May 2000      **“State of the Youth of America Today”** National Teleconference,  
Panelist with President Bill Clinton and First Lady Hillary Clinton
- “PTSD”** WGLI Radio

### Keynote Speaking Engagements

- August 2, 2010      Southern Illinois University School of Medicine
- June 22, 2010      YWCA Parenting Class Graduation, Chicago, IL
- February 16, 2006      Guest Speaker, Iowa Wesleyan University, Mt. Pleasant, IA
- November 2, 2008      East Chicago Annual NAACP Gala Fundraiser Dinner, East Chicago, IN
- October 1996      Iowa Wesleyan University, Mt. Pleasant, IA; February 1996

## Presentations and Publications about Psychiatry from a Spiritual Perspective

- March 24, 2017 **"Psychiatry from a Spiritual Perspective"**  
Miracle Temple Church of God in Christ, Springfield, IL
- September 12, 2016 **"Mental Illness" Expert panelist for University Church,**  
The University of Chicago Campus;
- November 2015 **"Psychiatry from a Spiritual Perspective"**  
Liberty Temple Missionary Baptist Church, Chicago, IL
- August 2015 **"Psychiatry from a Spiritual Perspective" Annual Lecture Series**  
Liberty Temple Missionary Baptist Church, Chicago, IL
- May 2015 **"Psychiatry from a Spiritual Perspective"**  
University of Chicago, Chicago, IL

## Presentations and Publications about Autism

- November 11, 2009 **"Autism Spectrum Disorders Workshop"**  
Edgewater Systems for Balanced Living, Gary, IN
- August 17, 2008 **"Autism for Formulation of PANS-G Parent"** Parents of Children  
with Autism Northwest Indiana Support Group, Gary, IN
- April 26, 2008 **"The Use of Psychotropic Medications in Children and Adolescents with  
Autism"** Autism Spring Fling, King High School, Chicago, IL,
- April 2008 **"Autism Spectrum Disorders"** Gary Community School Corporation-Special  
Education,
- June 2007 **"Autism Spectrum Disorder"** Edgewater Systems for Balanced Living,  
Chicago, IL
- April 29, 2006 **"The Use of Psychotropic Medications in Children and Adolescents with  
Autism"** Autism Spring Fling, King High School, Chicago, IL
- April 2002 **"Psychotropic Medications in Children & Adolescents with Autism  
Spectrum Disorders"** Chicagoland Autism Connection,
- April 2001 **"Psychotropic Medications in Children & Adolescents with Autism  
Spectrum Disorders"** Chicagoland Autism Connection,

## Presentations and Publications about Psychotropic Medications

- October 3, 2007 **"Psychotropic Medication Used with Children & Adolescents"**  
Gary Community School Corporation, Gary, IN,
- November 13, 2007 **"Psychotropic Medication Used with Children & Adolescents"**  
Community Mental Health Center, Chicago, IL,
- January 12, 2006 **"Psychotropic Medications in Children & Adolescents"** Kaleidoscope, Inc.,  
Chicago, IL,
- January 13, 2003 **"Psychotropic Medications in Children & Adolescents"** Community Mental  
Health Center, Chicago, IL,
- November 1999 **"Psychopharmacology for Children & Adolescents"**  
Illinois Youth Center at St. Charles, St. Charles, IL,
- February 1997 **"Psychopharmacology for Children & Adolescents"**  
Humana, Department of Pediatrics, Chicago, IL,



## Adolescent and Adult Depression Presentations

- October 2018 **"Most Common Mental Health Disorders in Children and Adolescents"**  
Southern Nevada Boys and Girls Club, Las Vegas, NV
- October 2003 **"Why Am I Blue?"** Girls Link Program IL McDonald's Corporation, Hamburger  
University, Oak Brook, IL
- October 2003 **Seminar about Depression, Women's Conference, Salem Baptist Church,**  
Chicago, IL
- October 26, 2002 **"Why am I So Blue?"** Girls Link Program Chicago State University
- May 2000 **"Diagnosis & Treatment of Child & Adolescent Depression"**  
South Suburban Pediatric Network, Chicago, IL

## Presentations and Initiatives about Managing Stress

- August 12, 2010 **"Positive Mental Health"** AKArama Center, Chicago, IL
- October 1, 2009 **WCPC Chair of Mental Health Initiative Proposal** University of Chicago
- November 8, 2008 **"Emotional Roller Coaster"** Just Us Girls Conference, DePaul University,  
Chicago, IL
- October 11, 2008 **Development of Mission Statement, Purpose and Bylaws, First PANS-G**  
Meeting for Parents of Children with Autism, Northwest Indiana Chapter
- September 18, 2010 **"Stress Management"** Women of Woodlawn (WOW), Chicago, IL
- March 25, 2004 **"Crisis Intervention: Coping and Managing Stress after**  
**Traumatic Events"** LeClaire Courts, Chicago, IL

## Presentations about ADHD

- September 2007 **"ADHD Diagnosis and Treatment"** Jackson Park Hospital, Chicago, IL
- January 20, 2006 **"ADHD"** Kaleidoscope, Inc., Chicago, IL
- May 12, 2004 **ADHD presentation, Edgewater Systems for Balanced Living,**  
Crisis Intervention Team, Gary, IN
- April 1998 **"Diagnosis Treatment of ADHD in Children & Adolescents"**  
Oak Park Illinois Foster Care, Oak Park, IL

## Additional Speaking Engagements

- May 2012 **Examiner, mock oral exams for child and adolescent psychiatry fellows**  
Rush University Medical Center, Chicago, IL
- October 2010 **"Should've Been Me"** expert panelist for University of Chicago television  
debut of the play, documented by the National Institute of Mental Health
- September 13, 2012 **"Testimony Against Privatization of the Prison Systems in the USA"**  
Justice Commission Hearings/Samuel Dewitt Proctor Institute,  
Chicago, IL
- November 7, 2007 **"Mental Health Treatment Issues with Children and Adolescents"**  
Edgewater Systems for Balanced Living Gary, IN
- September 2006 **"Behavioral Manifestations in Children with Chronic Illness"** The Illinois Sickle  
Cell Anemia Conference, Chicago, IL
- October 15, 2005 **The Chicago Crisis Response Team, developed and organized PTSD**  
screenings for college students moved to Chicago State University after  
escaping Hurricane Katrina
- May 29, 2005 **"Asthma Study on African American Women"** State of Illinois, Chicago, IL
- May 11, 2005 **Research project in Medical, Psychosocial Development and Education,**  
The Ghana Connection



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|------------------|----------------------------------------------------------------------------------------------------------------------------------|
| January 24, 2003 | <b>“SSRI Treatment in Children &amp; Adolescents”</b> University of Illinois Child Psychiatry Fellows and Residents, Round table |
| October 2002     | <b>“Human Animal Violence Connection”</b> Chicago Anti-Cruelty Society;                                                          |
| April 2002       | <b>“Lead Toxicity”</b> Kennedy-King College, Chicago, IL,                                                                        |
| November 2000    | <b>“Mood Disorders in Children &amp; Adolescents”</b><br>Advocate Health Care Pediatric Department, Chicago, IL                  |
| October 2000     | <b>“Juvenile Delinquents and Mental Health”</b><br>Indiana Department of Correction, Indianapolis, IN                            |

### Awards

|               |                                                                                     |
|---------------|-------------------------------------------------------------------------------------|
| December 2019 | <b>Timeless Gifts Advocacy Award</b> from The Timeless Gift, Inc.,                  |
| November 2019 | <b>Chicagoland Autism Advocacy Award</b>                                            |
| 2015          | <b>Chicagoland Autism Service Award</b>                                             |
| 2010          | <b>Distinguished Alumni Award</b> Southern Illinois University School of Medicine,  |
| 2000          | <b>Distinguished Alumni Award</b> , Iowa Wesleyan College                           |
| 2005          | <b>Community Service Award</b> , Alpha Kappa Alpha Sorority (AKA)                   |
| 2005          | <b>Southside/Chicago, Community Service Award</b> from Cathedral Christian College, |

### Professional Association Memberships

- American Academy of Child & Adolescent Psychiatry
- American Medical Association
- Black Psychiatric Association
- Chicago Medical Association
- Illinois Council of Child and Adolescent Psychiatry

### Professional and Community Board and Committee Memberships

|           |                                                                                                                                                  |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------|
|           | Black Women for Obama Network-Chicago Chapter                                                                                                    |
| 1999-2006 | Chicago Autism Society, Board Member<br>Human Animal Violence Connection (HAVC), Spokesperson<br>President’s Board Member, Iowa Wesleyan College |
| 2019      | The Chicagoland Autism Connection, Advisory Board Member                                                                                         |
| 2010      | University of Chicago Community Advisory Review Council Board Appointment (CARC)                                                                 |