# Menn

## BREAKFAST

Parfait \$7.50

Greek yogurt topped with our housemade mixed berry compote & honey maple granola

Toasted Bagel \$2.75

Cheddar, everything or plain

Classic Breakfast Sandwich \$7

Egg, cheddar cheese & bacon on a toasted english muffin or your choice of bagel (plain, everything or cheddar)

Veggie Breakfast Sandwich \$9

Egg, mozzarella cheese, tomato, mixed greens & basil pesto on house-made focaccia bun

Tin Roof Breakfast Sandwich \$9

Egg, mozzarella cheese, bacon, mixed greens & chipotle mayo on house-made focaccia

Becky's Brekkie Wrap \$12.25

Smoked salmon, goat cheese, cucumber, avocado & mixed greens on a spinach tortilla

# GRILLED CHEESE

Classic \$6.50

Cheddar cheese grilled on thick slice multigrain

Caprese \$9.45

Mozzarella cheese, tomato & basil pesto grilled on thick slice multigrain

Avocado Pesto \$9.45

Goat cheese, mozzarella cheese, avocado & basil pesto grilled on thick slice multigrain

Apple Cheddar \$9.45

Cheddar cheese, bacon, sliced granny smith apple & house-made fig jam grilled on thick slice multigrain

**Grilled Cheese & Soup Combo** 

\*soup not available in summer months

Classic grilled cheese with soup \$13.00 Specialty grilled cheese with soup \$15.50

### ADD ONS

### Protein Cheese

Sliced Chicken Breast \$5.50 Bacon \$3.75 Egg \$1.50

Gluten-free

GF Sandwich Bun \$2.15

Cheese
Cream Cheese \$1.75

Cheddar \$1.75 Mozzarella \$1.75

Goat Cheese \$2.25

Vegetables

Avocado \$2.50 Cucumber \$1.50 Spring Mix \$1.50 Tomato \$1.50 **Condiments** 

Regular Mayo \$1.00 Chipotle Mayo\* \$1.00 Green Goddess Mayo\* \$1.50 Basil Pesto \$2.00 Fig Jam\* \$2.00 \*made in house

Allergy Disclaimer\* We are not a gluten-free facility. All sandwiches are prepared on the same surfaces, toasters and heated on the same grill. If you are celiac please notify your server before placing an order.





# SANDWICHES

### **Smoked Salmon**

\$10.25

Smoked salmon, cream cheese and cucumber on toasted bagel of your choice (plain, everything or cheddar)

### **Rustic Club**

\$12.25

Sliced chicken breast, bacon, cheddar cheese, tomato & chipotle mayo on a ciabatta bun

## Classic B.L.T

\$9.75

Bacon, mixed greens, tomato & mayo on thick slice multigrain toast or your choice of bagel (plain, everything or cheddar)

### Tin Roof B.L.T

\$11.75

Bacon, sliced turkey, avocado, mixed greens, tomato & chipotle mayo on thick slice multigrain toast or your choice of bagel (plain, everything or cheddar)

Add a toasted house made focaccia bun for \$3

\*Soup not available in summer months

### California Club

\$12.25

Sliced turkey, bacon, avocado, goat cheese, house-made fig jam & mixed greens on multigrain toast

# Roasted Veggie Wrap (V) \$12.25

Roasted zucchini, portabello mushroom & bell peppers, caramelized onions, house made hummus, & balsamic glaze on spinach tortilla

# **Chicken Club Wrap**

\$13.50

Sliced chicken breast, bacon, cheddar cheese, tomato, avocado, mixed greens, house green goddess mayo

### California Wrap

\$12.25

Sliced turkey, avocado, goat cheese, house-made fig jam & mixed greens on spinach tortilla

## SOUP & SALAD

### Soup

\$7.50

**House Salad** 

\$12.00

We update our house salad with the seasons. Please see display fridge for our current offering.

Add sliced chicken breast \$5.50

Note: Please see pastry case and fridge for our rotating selection of baked goods. We make many of our baked goods and menu items from scratch in house. Other items are sourced locally including bread & bagels from Buns Master Bakery (Guelph) & meats from Wellington Country Marketplace (Guelph). We offer Feast salads (Toronto) Wednesday through Saturday while supplies last.

Allergy disclaimer: Our kitchen uses wheat, gluten, dairy & nuts. All products and baked goods may have come into contact / contain traces of these allergens.

