

ēvolvērē

EDUCATIONAL PSYCHOLOGY
POSITIVE PSYCHOLOGY
PSYCHOTHERAPY

Client Services & Rates

2024

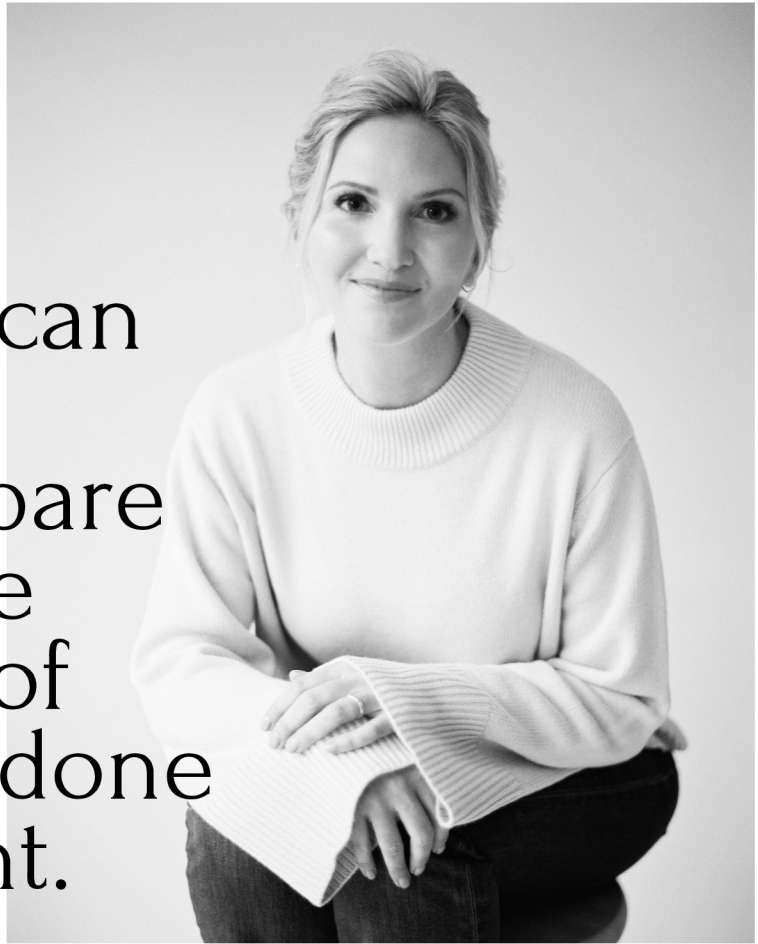
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The best we can do with the future is prepare and savor the possibilities of what can be done in the present.

-Todd Kashdan

Welcome to Ëvolvērē Psychology, where transformative psychological services are tailored to students and professionals seeking to elevate their learning and performance for enhanced health, wellness, wellbeing, and success. As a Psychotherapist, Certified Positive Psychologist, and Licensed Educational Psychologist, I leverage my specialized training in the neuropsychology of behavior and learning to support young adolescents (ages 10-12), adolescents (ages 13-17), and adults (ages 18+) in overcoming psychological struggles caused by anxiety, depression, learning disorders, and neurodevelopmental disorders (such as Attention Deficit / Hyperactivity Disorder).

Ëvolvērē offers science-based assessment, evaluation, diagnosis, coaching, counseling, and psychotherapy – enriched by a positive psychology approach. Coaching, counseling, and therapy should not be viewed as separate from your lifestyle, but rather as an integral part of it – a protected time, a serene space, and a comfortable experience that nurtures your progress.

Break free from overwork and overwhelm. Welcome to Ëvolvērē Psychology, where transformation begins.

Dr. Meagan Guenther

Services & Fees

Initial Diagnostic Consultation / Evaluation <i>90 minute session</i>	\$300
Psychological Counseling / Psychotherapy <i>60 minute session</i>	\$200
Psychological Counseling / Psychotherapy <i>45 minute session</i>	\$175
Psychological Counseling / Psychotherapy <i>30 minute session</i>	\$150
Family Psychological Counseling <i>with or without primary patient present • 50 minute session</i>	\$200
Brief Behavioral, Emotional, or Social Assessment <i>with documentation, per standardized instrument</i>	\$400
Standardized Cognitive Performance Testing <i>with report, per standardized instrument</i>	\$800
Psychological Evaluation, Neuropsychological Evaluation, or Psychoeducational Evaluation	\$4,600-\$6,000
Life Design Coaching <i>60 minute session</i>	\$200
Life Navigation Coaching <i>60 minute session</i>	\$225

OVERVIEW

If you are unsure which form of evaluation is needed, a preliminary evaluation of symptoms can be conducted within a 20-60 minute appointment to inform your decision.

Feedback appointments are 30 minutes.

NEUROPSYCHOLOGICAL EVALUATION

\$5,000

Neuropsychological testing

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- Interpretation of testing results and clinical data; Written report
 - Clinical decision making and treatment planning
 - Interactive feedback to the patient and/or caregiver(s)

PSYCHOLOGICAL EVALUATION

\$4,800

Psychological testing

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- Interpretation of testing results and clinical data; Written report
 - Clinical decision making and treatment planning
 - Interactive feedback to the patient and/or caregiver(s)

PSYCHOEDUCATIONAL EVALUATION / INDEPENDENT EDUCATIONAL EVALUATION

\$4,600

Psychoeducational testing

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- Interpretation of testing results; Written report
 - Diagnostic decision making and treatment recommendations
 - Up to two hours of attendance at an IEP Meeting (or equivalent)

Maximum \$6,000

Skills Groups



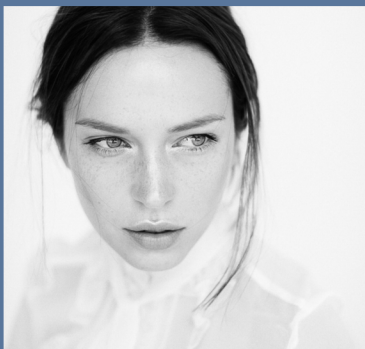
Executive Functions

Group treatment that teaches organization and time management for success in your education and your career



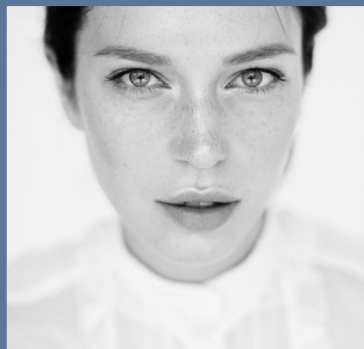
Social Skills

Group treatment designed to help individuals with social communication and social skills difficulties



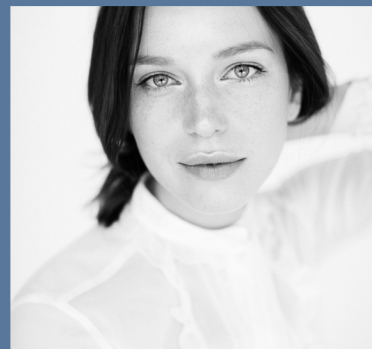
Anxiety

Group treatment that teaches coping skills to manage anxiety



Depression & Mood Regulation

Group treatment designed to help individuals who struggle with depression, anxiety, and mood swings



Mindfulness

Group treatment that teaches mindfulness practices for those seeking a renewed relationship with their thoughts and a refreshing sense of calm

Young Adolescent Groups: Ages 10–12 | Adolescent Groups: Ages 13–17
Young Adult Groups: Ages 18–24 | Adult Groups: Ages 25+



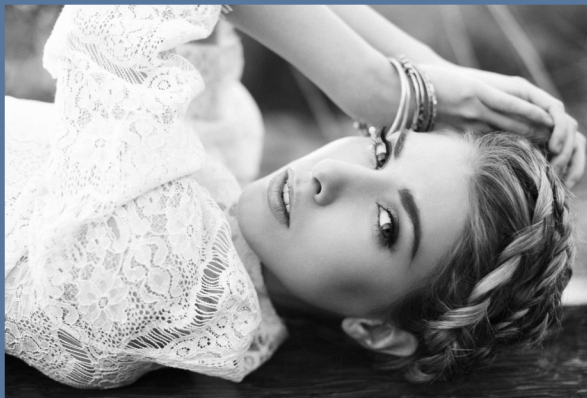
College Success

Support for students who are entering or enrolled in college and need help managing new organizational, emotional, and social challenges



Design Thinking

Collaborative guided process to help individuals develop innovation and problem solving through the framework of design thinking; fosters creativity and iterative thinking



Life Navigation

Collaborative guided process for learning and practicing psychological tools for a positive approach to living life, including navigating life domains, relationships, events, goals, values, strengths, and weaknesses



Radically Open Dialectical Behavior Therapy

Group treatment to help individuals who cope with their emotions through excessive control (perfectionism, rigid rules) increase their flexibility and social connectedness

Skills groups are offered based on group availability. A minimum of 4 participants per group is required. Skills groups meet at a rate of one session per week. For some skills groups, program participants must also be seen in individual therapy, within Ëvolveṛē Psychology or by another licensed provider.

Miscellaneous Fees

Additional Calls \$50 – \$150
Coaching or Consultation

- 1-10 Minutes: \$50
- 11-20 Minutes: \$100
- 21-30 Minutes: \$150

Letters & Summaries \$100 – \$200

- Brief Letter: \$100
- Comprehensive Summary: \$200

Outside Meetings \$300
+ *plus travel*

- Attendance at a meeting taking place outside the offices of Ëvolverē Psychology, such as at a residential treatment center, hospital, workplace, or school: \$300/hour + travel

Court Appearance / Fact Witness Testimony \$200 – \$300
+ *plus travel*

- File Review, Planning, and Preparation: \$200/hour
- Deposition Testimony: \$250/hour + travel
- Trial Testimony: \$300/hour + travel



Cancelled Appointments

There is a 48-hour cancellation policy for all appointments with Ēvolvêre Psychology. Canceling within 48-hours will result in a charge of 100% of the session fee to the credit card on file.

Missed Appointments

No-shows: If you do not attend a telephone, telehealth, or in-person appointment without notifying the specific person you have an appointment with – either via email or by changing the appointment using the online scheduling tool within the patient portal – you will be charged 100% of the session fee to the card on file.

Lateness

Please note that your appointment is reserved time. If you arrive late, your session time will not be extended.

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Thank you for choosing Evolvere Psychology to participate in your healthcare. We welcome you to our practice and look forward to being your partner in your journey toward health, wellness, and wellbeing!

SCHEDULE A
COMPLIMENTARY CONSULTATION