



**GAME NIGHT IN**  
**DATE NIGHT IN BOX**

**FAITH DISCUSSION GUIDE**



## Discussion Guide

It is God's promise to you that as you continue to adventure together and seek His wisdom in your relationship, He will reveal Himself to you in beautiful ways. Cozy up and dive into what God has in store for you through some honest discussion, reflection, and prayer. Be sure to have your Bible handy. If you don't have access to one, check out the Bible Gateway app available on your Apple or Android device.

As you enjoy a few laughs with a lighthearted game night, we hope to help you dive a little deeper through this discussion guide. One of the activities in your Game Night resembles "Building Blocks". We saw this as a perfect opportunity to discuss the spiritual building blocks that are necessary when creating a solid foundation in a marriage or partnership.

**Matthew 19:6 "So they are no longer two, but one flesh. Therefore what God has joined together let no one separate."**

Like anything that is truly worth fighting for, a strong relationship takes time, energy, and, most of all, commitment. This means commitment to what God says about marriage, commitment to your partner, and commitment to obedience in prayer. As a couple of God, you are called to preserve through the natural stressors of life - coming out stronger on the other side. A good marriage is like a garden, it does not just happen. Both of these things take time and hard work but for those who truly care for the ground, the harvest will be rich. So, whether you are looking ahead toward marriage, are a newly wed couple, or have been married for years, tonight is about putting in the building blocks of a solid foundation.

### BUILDING BLOCKS

**COMMUNICATION** - Good communication is a vital building block for a solid relationship. This means actively communicating with each other while taking the time to value every opportunity for communication. It is crucial to build each other up and listen intently to what the other has to say.

- Share with each other some reasons you may choose to stay silent about something that is on your mind (avoid confrontation, too busy, feels unnecessary, etc.)
- Read James 1:19 together and discuss what this verse looks like practically in your relationship

**MUTUAL RESPECT** - Respecting one another is another major building block for a solid foundation. One of the greatest testimonies a faithful couple can give to the world around them is a marriage that reflects the glory of God. Showing respect to one another, regardless of emotion, is a perfect way to model God's glory to both your family and those around you.

- Discuss simple ways you can show each other respect in your day to day lives. Are there areas where you have been feeling a lack of respect?
- Read Thessalonians 5:11 together and discuss what this verse looks like practically in your relationship

**SPIRITUAL COMPANIONSHIP** - Being connected to one another spiritually is an amazing building block for a strong, Godly marriage. As believers, we know no greater love than that of Christ for the church. Just as Christ was a servant-leader for the church, husbands are called to lead their wives and wives are called to be led by their husband's spiritual leadership.

- Is this a reflection of your relationship? What areas are strong? What areas need improvement?
- Read Ephesians 5; 20-25 together. Discuss what this verse looks like practically in your lives.
- Take this time to discuss realistic ways that you can come together in your pursuit of Christ.

### PRAYER & REFLECTION

Take a moment to reflect on these questions together:

- What did God reveal to you tonight through this faith discussion guide?
- Where were you encouraged by what God has done in your relationship?
- What areas could use some reinforcement?

Close out your discussion with a time of prayer. If you're not sure where to start; pray these words:

Lord, we acknowledge that our relationship is a blessing from You. We pray that You will continue to bless it and strengthen it as we strive to bring You glory in all that we do. We thank You for Your promise to guide us and strengthen us through every obstacle that comes our way. Bring us together emotionally and spiritually for the good of those whose lives we touch. Thank You for Your kindness toward us and for the peace of Your loving spirit manifesting in our hearts. We love You with all that we are. Amen.

