



ONLINE COURSE PROSPECTUS



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# SCHOOL PHILOSOPHY

School of Natural Medicine was founded in 2007 on the principles of pure Naturopathy, which incorporates a holistic approach to the treatment and prevention of mind-body imbalances that lead to disease.

We seek to educate students in an authentic system of natural medicine that can be traced to the teachings of Stoicism in ancient Greece, and that was incorporated into a system of medicine by Hippocrates, widely regarded as the father of modern medicine.

The first principle of Natural Medicine, as stated in the Hippocratic Oath, is 'Do No Harm.'

This core foundation is integrated with advances in the fields of nutrition, psychoneuroimmunology, heart-brain coherence, epigenetics, phytochemical research, and holistic anatomy and physiology.

Our Natural Physician Diploma programme is in alignment with the World Health Organisation definition and guidelines for Naturopaths; a definition that was created through the contributions of more than 274 reviewers, including experts and national authorities, as well as professionals and non-governmental agencies.

Although there are schools that medicalise Naturopathy, in order to gain funding from supplement and product companies, the School of Natural Medicine is committed to teaching pure Naturopathy, without affiliation with special interests.

Naturopathy is a profession that is practiced throughout the world, with Eastern and Western Europe, Scandinavia, Australia, New Zealand, South Africa, Canada, Russia, India and the United States having the highest numbers of practicing naturopaths.

Naturopathy is classified as a traditional medicine and has evolved, since ancient times, as a deeply rooted part of European natural medicinal systems.

From Europe, Naturopathy has found its way, with the founding fathers of the United States and the Commonwealth, to all parts of the world settled or governed by those of European descent.

Naturopathy is a discipline of accumulated knowledge of effective natural therapies, diet, herbs and lifestyle in practice, and does not have a single originator. It is a part of our heritage.

We invite you to join us on one of our certification or diploma courses, and begin your journey toward creating a life out of what you love.



# HEALING DIETS COACH

# Online Course

This comprehensive online certification course takes you on an inspirational and experiential journey through the art and science of 'food as medicine.'

Each lesson covers a facet of healing diets indepth, and creative, experiential and research based assignments help students to integrate this knowledge for effective practice and personal self healing.

The course curriculum includes cleansing and health building, transition diets, food for different life phases, a deep study of nutrients and their health benefits, organ and system cleanses, support for detox symptoms, food choices and the environment, and the politics of the food industry.

Studies are personally mentored by school founder, Bonny Casel, and she guides students as they develop consultation skills and lay the foundation for their healing diets practice.

#### **COURSE DETAILS**

- 12 Lessons 540 pages
- Time Payment: 12 monthly payments of £120
- Discounted Payment in Full: £1250
- Students create their own study schedule
- Support and mentoring with Bonny Casel as you progress through your studies.
- 18 month window for completion
- Graduates are awarded the Healing Diets Coach Certificate
- Course accredited by AADP
- Graduates qualify as a board certified Holistic Health Practitioner with the AADP



### COURSE TOPICS INCLUDE

- Water in cell, organ, gland and systemic function
- · Effects of dehydration
- Water fasting: history, theory and practice
- Water quality, structure and preservation
- · Hado water
- · Juice fasting: history, theory and practice
- · Liquitarian Diets
- · Green drinks
- · Produce hygiene
- Nutritional and medicinal properties of fruit and vegetables
- Disease progression: enervation, toxaemia, irritation, inflammation, ulceration, induration and function
- Steps to overcoming disease
- The eliminative organs: support with diet, herbs and naturopathic therapies

- Detox symptoms and naturopathic treatments
- Bowel cleansing: theory and practice
- In-depth study of digestive system and enteric nervous system
- Liver and gallbladder cleansing: theory and practice
- · Stomach cleansing and healing
- Nutritional support for body organs, systems and glands
- Purification diet
- Food combining
- Alkaline Diet: effects on body cells, organs, glands, and on mental and emotional health
- Minerals, vitamins, proteins, carbohydrates, fats, sugars, enzymes, antioxidants, phytonutrients, pre and probiotics, and light/ life force in food and their roles in body function
- · Diet and the immune system
- Lymphatic cleansing
- Transition Diets
- Low glycemic diets
- Healing food habits: mealtime stories, food addiction, emotional eating and other eating disorders
- Oils and fats: raw, vegetable, nut and seed, methods of extractions, effects on health
- Creating a healing diets kitchen: tools, cookware
- Conscious Eating: awareness, presentation, environment
- Menu inspiration
- · Five Elements and diet
- Doshas and diet
- Prana, Tejas and Ojas
- 6 Tastes: sweet, sour, salty, pungent, bitter and astringent
- Healing spices: dosha balancing and medicinal benefits of culinary spices
- · Three Gunas and diet
- Living foods: history, theory and practice
- · Fermented foods and drinks
- Sprouting
- Dehydrating foods
- Use of nuts and seeds in healing diets
- Raw food diets: transitioning to raw, raw food preparation, nutrient density, raw challenges
- Assimilation of nutrient

- · Diet for babies and children
- Diet for adolescence
- Diet for preparing for pregnancy, pregnancy and nursing
- Diet for those on medication, chemotherapy and radiation therapy
- · Diet for menopause
- Diet for the elderly
- · Food and conditions for increasing beauty
- Nutrient density for athletes
- Food and consciousness: emotions, cognition, increasing awareness
- · Tissue Salts
- Parasite cleansing
- Vegan diet: philosophy, application and menu inspiration
- Health, societal, and economic consequences of eating animal products
- · Food and Ethics
- · Factory Farming
- Meat, dairy and egg replacers in recipes
- · Vegan and vegetarian baking
- Genetically modified foods: health, environmental and economic/societal costs
- The seed industry
- Corporate food, the FDA, AMA, private and public research
- · Litigation and school lunches
- Subsidised GMO farmers vs organic farmers
- Slave labour in the food industry
- Codex Alimentarius
- · Food additives
- Public research private gain: funding for food research/funding policies
- · Changing food policies
- Food sovereignty
- · Soil and Health
- Organic farming; Biodynamics and Permaculture
- Self Healing
- · Creating a practice
- Creating a consultation space
- · Practice promotion, websites, marketing
- · Practice ethics and code of conduct
- Consultation skills
- Mind mapping
- Healing diets programme creation



# HERBAL MEDICINE

# Online Course

The Herbal Medicine online certification course offers a comprehensive study of systemic western Herbal Medicine based on the approach developed by Dr. John Christopher, and with formula created by Farida Sharan, ND, author of Herbs of Grace, Creative Menopause and Iridology - A Complete Guide.

This course provides the foundation needed for identifying, harvesting and storing herbs, and for making tinctures, salves, fomentations, poultices, ovules, infusions, syrups and herbal formula.

If you wish to create your own herbal pharmacy, heal yourself, family and friends, create herbal products, import or export individual herbs or herbal formula, or integrate herbal medicine in a clinical setting, this course will remain a wealth of knowledge, wisdom and inspiration for years to come.

#### **COURSE DETAILS**

- 12 Lessons 660 pages
- Time Payment: 12 monthly payments of £120
- Discounted Payment in Full: £1250
- Students create their own study schedule
- Support and mentoring with Bonny Casel as you progress through your studies.
- 18 month window for completion
- Graduates are awarded the Herbal Medicine Consultant (HMC) certificate
- · Course accredited by AADP
- Graduates qualify as a board certified Holistic Health Practitioner with the AADP



#### COURSE TOPICS INCLUDE

- History and philosophy
- · Use of herbs in ancient and tradition societies
- Chemistry of herbs
- climate, soil, active principles
- Collecting, harvesting, storage
- Extraction
- Food as medicine food as poison
- Food addictions
- Effects of diet, coffee, alcohol, drugs, etc., on the healing process
- Creating herbal formulas
- Prescription symbols
- · Herbal pharmacy terminology
- Contra-indications for a range of situations
- Materia Medica (116 primary herbs, plus dozens of supportive herbs) - action, active ingredients, activity, applications, aromatherapy, astrology, Ayurveda, cautions, contraindications, chakras, elements, emotions, Chinese medicine, combinations,

cultivation, dosage, energetics, flower essences, formulas, habitat, history, homeopathy, meridians, organs, names, nutrients, part used, personality, plant description, research, spiritual properties, substitutions, systems, taste, tissues, wildcrafting, and preparation.

- Iatrogenic disease
- · Herbs and Healing
- Body system and Herbal Medicine
- Anatomy & Physiology is taught by body system and is integrated throughout the course
- Holistic perceptions
- Body/Mind/Spirit
- Vitamins, minerals and phytonutrients for body organs, systems and glands
- Botany

- Naming and identifying plants
- Collecting and preparing herbarium specimens
- Plant classification appendix
- · Pharmacy and dispensary
- How to set up a pharmacy
- Dosage
- Methods of herbal application
- First aid treatment
- Acute condition
- Fomentations
- Infusions
- Ointments
- Ovules
- Pill making
- Poultices
- · Smoking herbs
- · Syrups and tinctures

"To begin with I was very nervous, but I have found that once I begin the consultation, the course has prepared me so well that I know exactly what to do and the consultation flies by with ease. I really enjoy working with people 1-1 and I find their lives fascinating! I am well prepared to ask the right questions and give good, effective recommendations from the well put together course. I would definitely recommend this course to anyone and I don't think I could have chosen a better school to study with. It has been perfect for me on all levels and I feel so much love and gratitude for my teachers. Thank you so much!!!"



**Susanna Thelwall** - Herbal Medicine online course graduate 2018 - Owner of Northern Herbs in Yorkshire (www.northernherbs.co.uk)



# QUANTUM BOTANICALS

# Online Course

The Quantum Botanical online diploma course offers a loving and mind expanding exploration of the plant world, the nature of consciousness and quantum physics, opening your heart and mind in profound ways that will change the way you perceive healing, personal evolution and the patient-practitioner relationship.

Journey through more than 100 years of scientific discovery that has experimentally and clinically proven that consciousness precedes matter, that thoughts and emotions initiate molecular/biological function and that the fundamental nature of matter is vibrational.

This study is philosophically explored alongside ancient systems of plant medicine and man's evolution within the field of plant consciousness.

The course goes on to explore the fractal relationship between consciousness, the mental, emotional and physical body, and the plant world, offering profound, practical approaches to initiate healing (new emergent behaviours) with resonant plant frequencies.

Learn to apply the fundamental of vibrational medicine through heart-brain coherence, right-hemisphere processing and healing processes combined with the therapeutic use of flower essences and essential oils. The 38 Bach Flower Essences are explored in-depth, as is elemental energetics.

Learn how to cleanse receptor sites on cells, erase incorrect information from cellular memory/DNA and restore correct information



with essential oil chemistry. This approach releases trauma held in the body, allowing for clearer perception and more peaceful, present approach to life. Trauma lives on in genes through generations if information isn't erased and reprogrammed. The Quantum Botanicals online course provides numerous approaches to heal our relationship with the past, and increase our awareness and clarity in the present, providing the foundation for the journey of individuation and evolution of consciousness.

We also offer the Quantum Botanicals Advanced diploma course for those who with to integrate diet and herbal medicine for the complete system of Quantum Botanicals that we teach.

#### COURSE DETAILS

## **Quantum Botanicals Online Diploma Course**

- 12 Lessons 453 pages
- Time Payment: 12 monthly payments of £120
- Discounted Payment in Full: £1250
- Graduates are awarded the Quantum Botanicals Therapist Diploma (QBT)
- Graduates qualify as a board certified Holistic Health Practitioner with the AADP
- Course also accredited by the British Flower and Vibrational Essence Association (BFVEA)
- 18 month window for completion

# **Quantum Botanicals Advanced Online Diploma Course**

- Healing Diets Coach online course 12 Lessons
   540 pages
- Herbal Medicine Consultant online course 12 lessons - 660 pages
- Quantum Botanicals online course 12 lessons
   453 pages
- Time Payment: 12 monthly payments of £320
- Discounted payment in full: £3400
- Graduates are awarded the Healing Diets Coach Certificate (HDC), Herbal Medicine Consultant Certificate (HMC) and Quantum Botanicals Advanced Therapist (QBT) Diploma.
- Graduates qualify as a board certified Holistic Health Practitioner with the AADP and a board certified Alternative Medical Practitioners with the AAMA.
- Course also accredited by the British Flower and Vibrational Essence Association (BFVEA)
- 3 year window for completion
- Students create their own study schedule
- Support and mentoring with Bonny Casel as you progress through your studies.

#### **COURSE TOPICS INCLUDE**

- Mind Mapping
- What is Matter?

Euclidian/Newtonian science, Scientific Methods, Planck/Einstein/Quantum Physics/ Mandelbrot/Holographic Universe, Fractal Potential/Fractal Progression

How Does Matter Communicate?

Consciousness, Electromagnetic Energy How Do Cells Communicate Self Organisation & Emergent Behaviours Left/Right Hemisphere Dynamics Heart Math/Heart Entrainment Intuition/Felt Sense Metta Practice

- Plant Consciousness
  Darwin & Botany
  History of Plants as Medicine
  How Plants Communicate
  Direct Perception Plant Communication
- Physical and Subtle Bodies
   Etheric Body/Emotional Body/Pain Body
   Mental Body/Spiritual Body
   Consciousness/Sub-Conscious/Collective
   Unconscious
   Relationship between Mind, Emotions and Physical Body
   Candace Pert effect of emotions on molecular/cell behaviour
- What is Vibrational Medicine
   What is Health/What is Disease/Natural
   Laws/Elemental Energetics
   Early Development of Homeopathy
- Ayurvedic Chakras & Emotions
- Bach Flower Remedies
   History & Development of Bach Flower
   Remedies
  - 12 Healers/ 4 Helpers/19 Situational Remedies
- Flower Essences in Practice
- Consultation Skills
   Observation and Active Listening
   Case History Skills
   MYMOP patient questionnaires
   Choosing a Remedy for Yourself
   Choosing a Remedy for Others
- Combining Vibrational Modalities
- Vibrational Essences
- Essence Development Product Creation/storage/hygiene/carriers/ labelling/packaging
- Practice Development
- Code of Conduct Ethics

See Healing Diets and Herbal Medicine online courses information for additional QBA course topics.



School of Natural Medicine UK offers one of the most comprehensive Iridology course in the world. Written by Farida Sharan ND, a leading pioneer of Iridology and author of the classic textbook 'Iridology - A Complete Guide,' 'Dictionary of Iridology,' and 'Iridology Colouring Book,' This course will provide you with the knowledge needed to guide effective holistic health programs.

Iridology is a form of analysis that examines the iris structure, iris markings and colours, and what is known as 'iris constitutional type,' to determine ageing pathways in the body.

Iridology does not diagnose disease, in the contemporary medical sense. What is does do is more meaningful as it shows you how to not become ill in the first place, how you are likely to develop disease if your lifestyle, diet and other influences play into your inherent weaknesses and, if you are ill, shows where to focus treatment to best support your own body's capacity to heal.

Through studying the iris, an Iridologist determines the inherent strength of each body system, current level of toxicity and stress in body tissues and, combined with a thorough understanding of holistic anatomy and physiology, and a detailed case history, identifies the system, organ and gland weakness pattern that manifests as your individual pathway to disease.

This information is used to guide preventative and self healing programs that incorporate education, purification and regeneration and preventative care.



Iridology also provides a uniquely effective way to explore the interior world of body, mind and emotions, along with their dynamic relationships; relationships that are at the core of psychoneuroimmunology. Traditional medicine has long recognised the relationship between emotional and mental states, and physical health and wellbeing. The modern medical model is also beginning to acknowledge mind-body dynamics, prompted by science such as Candace Pert, who discovered the link between emotions and cellular/molecular function.

Iridology can identify emotional and mental tendencies and their physical manifestations as a cohesive whole, so practitioners of holistic medicine are increasingly drawn to this valuable too for investigating the continuum of client health on all levels.

#### **COURSE DETAILS**

- 14 Lessons 514 pages
- Time Payment: 12 monthly payments of £120
- Discounted Payment in Full: £1250
- Students create their own study schedule
- 18 month window for completion
- Support and mentoring with Bonny Casel as you progress through your studies
- Graduates are awarded the Iridology Certificate.
- Course accredited by AADP and graduates qualify as board certified Holistic Health Practitioners

#### COURSE TOPICS INCLUDE

- History and Philosophy of Iridology from 1000 BC to today
- Foundation of Natural Medicine studies of diet, herbs and supportive therapies are integrated throughout studies
- Symbolic Language of the Iris

- Iris Topography
- Embryology
- Iris Drawing
- Iris Texture
- · Iris Density and Structure
- European Constitutional Types
- Faridian Constitutional Types
- Basic Iris Signs
- Holistic Anatomy and Physiology
- Eliminative channels in the iris
- Nervous system in the iris
- Digestive system in the iris
- Circulatory system in the iris
- Lymphatic system in the iris
- Endocrine system in the iris
- Reproductive system in the iris
- Respiratory system in the iris
- Urinary system in the iris
- · Skeletal and muscular systems in the iris
- Iridian Psychology
- · Rayid Model
- Flower essences, emotional healing and iridology



"My practice is located in Alamo, Texas, in the USA, which is very influenced by Mexican American culture. Many of my clients are Latin American and suffer from illnesses related to poor diet. I integrate Iridology with herbal medicine and educate them about healthy eating habits. Learning about Iridology and Naturopathy in the School of Natural Medicine Iridology online course changed my life and it has helped me to understand and heal myself and others. This work is my passion."

Gretta Garza - Iridology online course graduate 2018



# NATUROPATHY

# Online Course

The online Naturopathy course integrates the study of Naturopathy, Healing Diets, Herbal Medicine and Iridology.

Naturopathy is a systemic approach to holistic natural medicine that recognizes that the cause and cure of disease lies within the whole person; physical, mental, emotional and spiritual.

Naturopathy works with natural laws of living through cleansing and health building, with the support of diet, lifestyle, herbal medicine, essential oils, emotional healing, supportive naturopathic therapies for acute and chronic conditions, fasting, healing processes, exercise, breathing, loving thoughts, awareness of relationships, connection with nature and more.

In this course you will discover the value of cause and effect as you learn how to increase health and vitality, and to achieve balance, harmony and well being. Your clients will not only achieve relief of symptoms, they will achieve true independent health, as you educate them in preventative living, longevity and conscious respect in daily life.

In addition to academic study, the Naturopathy studies emphasis experiential self healing, with a focus on understanding and personal experience, rather than rote memorisation, so that each student becomes an authentic guide for others.

Online courses can be studied individually for certification, and are applied in full if at a later date you wish to continue your education to diploma level.



### COURSE DETAILS

- 50 Lessons 2017 pages
- Time Payment: 12 monthly payments of £400
- Discounted Payment in Full: £4300 (savings of £700)
- Support and mentoring with Bonny Casel as you progress through your studies.
- Students create their own study schedule
- 3 year window for completion
- Graduates are awarded the Healing Diets Coach, Herbal Medicine, Iridology and Naturopathy certificates
- Course accredited by AADP and graduates qualify as board certified Holistic Health Practitioners

# The Naturopathy online course consists of:

Naturopathy study materials - 12 lessons - 364 pages

Plus the following three online courses:

- Healing Diets Coach online course 12 Lessons
   540 pages
- Iridology online course 14 lessons 453 pages
- Herbal Medicine online course 12 lessons 660 pages

See course curriculum details for each of these online courses above.

See details for Naturopathy study materials below:

# The Naturopathy study materials include the following topics in 12 lessons

- History and Philosophy of Naturopathy
- History and Philosophy of Naturopathy
- · What is health?
- · What is cure?
- · Laws of Living
- · Laws of Cure
- Health/Disease Continuum
- Acute Disease and Treatment
- Suppression vs. Elimination
- The affects of inflammation
- · Holistic Anatomy and Physiology
- 9 Body Systems
- · Lymphatic system
- · Circulatory system
- Reproductive system
- Endocrine system
- Respiratory system
- · Digestive system
- Urinary system
- Muscular/skeletal system Nervous system
- · Chronic disease and treatment
- Relieving stress of chronic conditions

- Reversing disease process
- Earth Elemental Energetics
- Water Elemental Energetics
- Fire Elemental Energetics
- Air Elemental Energetics
- Ether Elemental Energetics
- Nutrition
- Climate/Environment
- Polarity therapy
- Earth therapies
- Water therapies
- Bowel Cleansing
- · Constitutional diagnosis and treatment
- Effects of system weakness
- Discrimination
- Vibrational healing
- · Emotional healing
- Heredity
- · Sexuality and Reproduction
- · Life Habits
- · A Healing Home
- · Personal Hygiene
- Inner and Outer Ecology
- Healing Processes
- · Healing Crisis/Achievement
- Exercise
- Psychology of Illness/Wellness
- Relationships
- · Cleansing and Purification
- Rebuilding/Regenerating
- · Case taking
- Consultation skills
- Methods of analysis
- Healing Centers/Sanitariums
- Complete system of nature cure
- Dozens of individual treatments



# NATURAL PHYSICIAN

# Online Course

The Natural Physician online course offers the integrated study of the complete system of Natural Medicine that we teach.

All five online courses (Healing Diets Coach, Herbal Medicine, Quantum Botanicals, Iridology and Naturopathy) are included in Natural Physician studies, encompassing a full range of healing modalities for mind-body healing.

The full spectrum of plant medicine is taught indepth: diet, culinary and medicinal herbs, essential oils and flower essences. Students learn a wide range of supportive Naturopathic therapies and embark on a comprehensive study of Iridology; a form of iris analysis that provides information about systemic strengths and weaknesses, mind-body dynamics, hemisphere dominance and processing, inherent constitution strengths and weaknesses and more, providing the foundation for creating highly effective, personalised self healing programs.

The Natural Physician online course combines training in pure Naturopathy with the latest research in diet and nutrition, phytonutrients, psychoneuroimmunology, epigentics, heartbrain coherence, vibrational medicine, quantum physics, chaos theory and fractal progression.

Each student is personally mentored by Bonny Casel as they progress through their studies and support is given by email and/or Skype as needed. This is a comprehensive professional course that provides a superb foundation for effective practice.



#### COURSE DETAILS

- 62 Lessons 2470 pages
- Time Payment: 12 monthly payments of £480
- Discounted Payment in Full: £4900 (savings of £1350)
- Students create their own study schedule
- Support and mentoring with Bonny Casel as you progress through your studies
- 3 year course, with a 4 year window for completion.
- Graduates are awarded the Healing Diets Coach (HDC), Herbal Medicine Consultant (HMC), Iridology Consultant (IrC), and Naturopathy (NC) certificates, and the Quantum Botanicals Therapist diploma (QBT)
- Course accredited by AADP and graduates qualify as board certified Holistic Health Practitioners
- Quantum Botanicals Advanced studies accredited by British Flower and Vibrational Essence Association (BFVEA)





I would like to thank you Bonny for helping me through this journey of life. I loved the Healing Diets course and you have been a great inspirational teacher for me. I wouldn't have been where I am today without you.

- Sahana Rao

Thank you so much Bonny for such fantastic feedback. It's really helpful to have these comments and I feel even more motivated to dive deeper into this work and immerse!! I love the course!!! And it's wonderful to have you there knowing I can ask questions. So appreciated.

- Kirsty Lewis





The Healing Diets Course is fantastic! I am enjoying it so much! Thank you for making it so cosy, delicious and informative.

- Adriano Mangogna

I am already gaining a good understanding of how the combination of all four subject matter, ie. Iridology, Healing Diets, Naturopathy and Herbology, give a really good 360 degree perspective on health and healing, which is sorely needed in this day and time.

- Geoff Ravalier





It has been a fantastic process and course of study and I have been very inspired by you and your wisdom. Thank you, thank you, thank you Bonny - Jayne Doyle

These assignments don't really reflect the enormous teachings that I am getting out of just being a part of this course. I'm so grateful for the opportunity to transform and challenge old habits.

- Claire Harvey





## WHAT QUALIFICATION WILL I RECEIVE ON COMPLETION OF AN ONLINE COURSE?

The School of Natural Medicine awards the following certifications upon completion of online studies.

Healing Diets Coach (HDC)
Iridology Consultant (IrC)
Herbal Medicine Consultant (HMC)
Quantum Botanicals Therapist (QBT)
Quantum Botanicals Advanced Therapist (QBTA)
Naturopathy Consultant (NC)
Natural Physician Consultant (NPhC)

Each online course is accredited by the AADP and further qualifies you as a board certified Holistic Health Practitioner. You will also be entitled to professional membership and reduced practice insurance with the Complimentary Medicine Association.

The Quantum Botanicals Advanced diploma course is also accredited by BFVEA (British Flower and Vibrational Essence Association)

CAN I BEGIN WITH AN ONLINE COURSE AND DECIDE AT A LATER DATE IF I WOULD LIKE TO ATTEND THE IMMERSION TRAININGS FOR MY DIPLOMA?

Yes! You are welcome to begin with online certification training and, if at a later date, you would like to continue your studies towards one or more of our diplomas by attending Immersion Trainings and undertaking the Self Healing module, then your online studies will be applied in full towards diploma training.

### HOW LONG DOES IT TAKE TO COMPLETE AN ONLINE COURSE?

Each online course is a one year course if you commit to a study schedule of 7-8 hours a week. There is an 18 month window for completion, with the additional six months added to your time for completion so that you can create a study schedule that fits in with personal and professional commitments, and allows time for the unexpected.

### HOW DO I GET HELP IF I HAVE A QUESTION?

Help with questions is readily available by contacting the school by email. If the questions are more complex, then Bonny will set up a time to speak with you on Skype. You can also arrange a time to speak with Bonny Casel by telephone. Email the school to schedule a time.

## HOW IS THE ONLINE COURSE STUDY STRUCTURED?

There are 12 lessons in each online course (Iridology has 14 lessons), each with assignments, and lessons range from 40 and 60 pages of detailed study material, with additional links, video and/or recommended reading, depending on the lesson.



Assignments combine reading, research and writing, with creative projects and experiential self healing. Assignments for each lesson are sent together as a group for marking and feedback. If your assignments do not reach the standard required, then you are given the opportunity to develop your work and resubmit your assignments.

### IS THERE A DEADLINE FOR COMPLETING AN ONLINE COURSE?

The online courses are each a one year course, however an additional 6 months is provided so that students can create a study schedule that fits in well with their other commitments and to allow time for the unexpected. If a student has not sent in an assignment in six months, the student file is placed on hold for a further six months before being closed.

#### ARE THE CERTIFICATION COURSES ACCREDITED?

Each of our courses are accredited and you can view details of accreditation on our website by following this link.

#### ARE THE CERTIFICATION COURSES ACCREDITED INTERNATIONALLY?

Each country has its own requirements and there is no accreditation available that is 'international.'

Most countries do not regulate the practice of natural medicine as long as you are not diagnosing and treating disease, and you can freely practice without requiring board examinations or professional memberships, although we do encourage graduates to join professional bodies.

Some countries do require an examination in their own language, for example in Germany there is an examination required for all practitioners who make health recommendations, regardless of your qualifications. Each graduate must educate themselves about the requirements in their own country and abide by them. School of Natural Medicine graduates practice all over the world and we have never had a graduate who has been unable to practice and/or teach in their home country.

#### WILL I BE ABLE TO OBTAIN PRACTICE INSURANCE UPON GRADUATION?

School of Natural Medicine graduates can obtain block insurance from Balens or Westminster Insurance Company in the UK or with an insurance company in your own country. Professional memberships also frequently offer reduced fee insurance options.

### I HAVE FURTHER QUESTIONS. HOW DO I REACH THE SCHOOL TO DISCUSS THE COURSES?

You can reach the school directly by email: info@schoolofnaturalmedicine.com

To arrange a Skype call, email the school to make an appointment. The school Skype address is PureHealthSNM. You can also arrange a time to speak with Bonny Casel by telephone. Email the school to schedule a time.

## WHEN CAN I BEGIN MY STUDIES?

As each student is individually mentored, you can begin your studies as soon as you ready!



## HOW DO LENROLL?

1

The first step towards enrolling is to explore the school website and prospectus. Once you have a feel for our courses, get in touch to share about yourself and your goals, and to ask any questions that you have. We can also arrange a time for a Skype or telephone conversation to discuss your goals for study and your questions about our courses.

2

When you are ready to enrol you can download the application form from the school website at schoolofnaturalmedicine.com/enrol. You will need to enter your personal details, check the box next to the course of your choice and, if applicable, the immersion(s) that you wish to enrol in, check the box for your payment method preference (see below) and then choose either the time-payment or discounted payment in full option. Complete the application by signing and dating at the end of page two.

Page three of the application form is the data consent form and this must be completed and signed as well. The data consent is for the school to create and maintain your student file and to store your completed assignments.

3

Write a few words about yourself, your inspiration for study and your future goals, then submit this along with your completed application and data consent form, a scan/photo of your photo ID and a personal photo for your student file. You can email your completed application to info@schoolofnaturalmedicine.com.

4

There are several payment options. You can pay directly through the school website for both time payment and payment in full options.

Time-payments are processed by <u>partial.ly</u>, a time-payment portal that you access through the enrolment page of our website at <u>www.schoolofnaturalmedicine.com/enrol</u>.

If paying in full, you can make your payment through the enrolment page of our website and you also have the option of receiving a PayPal invoice (+3 % PayPal fee), paying by direct deposit if using a UK account or wiring funds if you are an international student. For wiring funds, please contact the school for banking details.

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Once your complete application has been received and you have made your payment, then you will receive your course materials and you can begin!