

GLORY'S GO-TOS



Get a glimpse inside In Pursuit of Glory with three powerhouse chapters that redefine what it means to lead, rise, and stand in your worth. These Go-Tos are a taste of the bold truths and practical insights that will challenge you to step forward with clarity, courage, and conviction. Whether you're breaking barriers in your career, navigating personal growth, or rebuilding your confidence, each chapter will meet you where you are and push you toward who you're meant to become. To dive deeper and unlock the full roadmap to your next level, purchase the book and continue the journey.

CHAPTER 1 WELCOME TO THE MAN CAMP, POPULATION LESS THAN ONE PERCENT

Recognize and address bias. It's important to understand that implicit biases exist, and they can affect perceptions of your competence and leadership. I had to learn to identify and address microaggressions and other forms of subtle discrimination. One of the best ways I learned to do this was to call out the behavior. That took building confidence and assertiveness: I had to learn not to be afraid to assert my ideas and opinions and instead advocate for myself.

Look for opportunities in everything you do. See problems as puzzles to solve and discomfort as a sign of potential growth. Cultivate a curious mind, ready to question the status quo and envision new possibilities. The ability to spot opportunity lies not in luck, but in your willingness to see beyond the obvious and embrace the potential for transformation.

Resilience isn't about avoiding setbacks; it's about how you respond to them. It's the ability to bounce back from adversity, learn from your experiences, and emerge stronger. Resilience can be fostered by practicing self-compassion, building a supportive network, and focusing on what you can control. Embrace challenges as opportunities for growth, and remember that every setback is a chance to refine your strategy and reaffirm your determination. Resilience is a muscle that strengthens with each challenge you overcome.

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CHAPTER 2 BELIEVING THE LIE, FACING THE TRUTH

Know your worth. Everyone, including you, deserves respect. Make this a foundational principle. No one in any aspect of your life has the right to belittle, demean, or abuse you. You are worthy of love, respect, and happiness. Don't settle for anything less.

Do not ignore red flags. Ignoring a red flag doesn't make it disappear; it just delays the inevitable. When you see a warning sign, don't dismiss it—pay attention. Your gut instinct is often a signal that something needs a closer look, and trusting it now can save you from a lot of pain later.

Set clear boundaries. Boundaries aren't about building walls to keep others out. They're about creating a clear space that shows people how to enter your life respectfully, teaching them what you will and won't accept.

Trust your gut. Women have a wonderful thing called intuition. Learn to trust it. If it feels wrong, it probably is. Do not dismiss your intuition or feelings because they are valid.

Prioritize your well-being. The most important thing you can do is maintain your mental and emotional health. Never sacrifice your own well-being for someone else's comfort or convenience. Stepping away from a toxic situation is self-care.

CHAPTER 3 MOVING UP IN THE RANKS

Embrace the beginner's mindset. Remember that even the most accomplished individuals all started somewhere. Be patient with yourself, focus on learning and growth, and don't be afraid to make mistakes—they are often the most valuable lessons on your journey.

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Live as if your desire is already a reality. Don't just wish for it; embody the mindset, make choices, and take actions that align with having already achieved your goal. Feel the emotions, speak as if it's true, and behave in a way that naturally flows from your desired outcome. This energetic alignment is a powerful catalyst for bringing your dreams to reality.

Cultivate a mindset of continuous learning and curiosity. Stay informed about trends in your field or areas of interest, actively seek out new knowledge and skills, and be open to exploring different paths. This proactive approach will ensure you're always aware of emerging opportunities and prepared to pivot or progress when the time is right.

Fuel your "will" with a compelling "why." When faced with obstacles, a strong and deeply personal reason for achieving your goal will provide the unwavering determination needed to find a path forward, even when the way seems impossible. Clearly define your "why" to ignite your inner drive and unlock creative solutions.

You've got everything it takes to step into your power and create a life that reflects your worth. These pages are just the beginning, a sneak peek into what happens when you stop playing small and start walking in purpose. I hope these lessons remind you that strength doesn't always roar; sometimes it's quiet, steady, and unshakable. Keep growing, keep showing up, and never forget how far you've come.

XOXO,

Glory Jewitt



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