



# HOW TO MAKE MORE SUSTAINABLE CHOICES ON YOUR WEDDING DAY

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# BEFORE YOU START READING

I've always been passionate about the environment and am constantly learning new ideas on how I can do my part to live a more sustainable lifestyle. There are always new things to learn, which is why I wanted to create a guide for my wedding clients to show them the options that may be available to them to incorporate on their wedding day. This guide is a tool and it is no way meant to shame or judge anyone who chooses not to use these ideas. Even if you do just one thing off this list, the Earth will thank you! :)



# IDEA

## #1: INVITATIONS



### OPTION 1:

It never hurts to shop small so my first piece of advice is look within your community for local calligraphers to design your save the dates and invitations. Next, ask them if they can print on recycled paper.



### OPTION 2:

If you can't find a local artist, there are some great online companies that offer eco-friendly paper.

Check out:

- 1- Paper Culture (they plant 1 tree per order!)
- 2- Botanical PaperWorks (they have seed cards available! Your guests can actually PLANT your card to grow wildflowers or herbs)



### OPTION 3:

Lastly- go digital! We live in a digital world, so why not send out invitations digitally? This is a cost effective way to go green with your save the dates and invitations, and you can easily keep track of RSVPs this way! It's a win-win.

# IDEA #2: THE ATTIRE

## OPTION 1:

Join local wedding related Facebook groups. There is a good chance that someone is selling their wedding dress.

OC/LA FB groups:  
"Something Borrowed  
Something New"



## OPTION 2:

See if there is a place to rent wedding dresses near you.

Example:  
Dalliance Bespoke  
Flutter Dress



## OPTION 3:

Buying used/renting not your thing? Consider selling or donating your wedding dress after your big day. This could help another person get into their dream dress at a lower cost :)





# IDEA #3: DITCH THE PLASITC

It's 2021. There are no excuses on why we should be using SO MUCH PLASTIC! Here are some ways to cut down plastic before, during, and after your wedding day.





### OPTION 1:

Straws. Encourage your guests to bring their own metal straws or reusable straws to your wedding (OR PRO TIP: put them in your guest gifts!).

Many people attending weddings like the idea of straws so it doesn't mess up their lipstick. But if you ditch the plastic straws, the turtles will love you!

### OPTION 2:

Take a second look at your wedding registry. Consider asking for things from sustainable/eco-friendly companies or from companies that give back to the environment.

And I'll say it again: check out your local small businesses as well! Amazon is great, but do they do a happy dance every time you place an order? Probably not.

### OPTION 3:

Using glassware instead of plastic. That's it! Usually dinnerware is served on glass, but drinks such as cocktails tend to be served in plastic cups. Talk to your caterer or bartender about this simple switch.



# IDEA #4: PROPS/DECOR



## OPTION 1

Ditch the confetti and balloons and use things like dried flowers or biodegradable confetti



## OPTION 2

Buy secondhand decor. FB marketplace or other local wedding groups are a great place to start. Or- go thrifting for some unique finds!



## OPTION 3

When it comes to flowers, ask your florist to not use the green foam to reduce waste. Also, consider donating your flowers after your wedding to hospitals, nursing homes, etc

# TO BE CONTINUED

This list will be updated as I learn more ways to make your weddings more sustainable!

If you have any ideas that I missed, please reach out and let me know :)

And last but not least, sharing is caring!!! Please share this guide with your friends and family.

