



# FOUNDATIONS

permanent cosmetics artistry

## aftercare instructions

Healing is a process that takes time. Some skin will heal faster than others, some skin will retain pigment longer, everyone is different. Skin, lifestyle, tanning, weather and following aftercare instructions will all determine your permanent makeup outcome. Brows will get darker and look uneven during the first stage of the healing process. They will shed and lighter 25-60% throughout the following weeks. At the perfecting session we can make slight changes/alterations if needed. Please remember to put nothing aside from the aftercare cream on the area for the first 7 days.

Following the aftercare instructions is a vital part of achieving optimal results! Neglecting or trying to rush the healing process will result in less than satisfactory results.

## healing process



no makeup, lotions or anything aside from aftercare cream directly on brows

### **DAY ONE: OMG! I love my new brows! Thank you!**

After procedure, EVERY hour for the first four hours use one aftercare pad to thoroughly clean the treated area. The goal is to get rid of excess lymph to help speed up healing time. Before bed, gently wash brows with clean warm water and gentle cleanser, pat dry with clean tissue, then apply rice sized dab of aftercare cream.

### **DAY 2-4: I don't like this color, it's too dark! My brows look so large!**

Gently wash brows with warm water and gentle cleanser and apply a rice sized dab of aftercare cream morning and night.

### **DAY 5-7: Oh no! My brows are scabbing a flaking off!**

Gently wash brows with warm water and gentle cleanser and apply a rice sized dab of aftercare cream morning and night.

### **DAY 8-10: What is happening? My brows are so light. Are they gone?**

Gently wash brows with warm water and gentle cleanser and apply a rice sized dab of aftercare cream morning and night.

### **DAY 11-14: Thank goodness, my brows are coming back! Still looking a little patchy and uneven.**

Washing and product use as normal.

### **DAY 42 (after perfecting session): Aww, they're beautiful! I love them!**

## healing tips

- +Do not use a wash cloth or anything abrasive.
- +Do not pick or scratch your tattoo.
- +Avoid hot tubs, steam rooms, pools, lakes/rivers and hot yoga during the healing process.
- +Avoid direct sunlight and tanning beds for 2 weeks.
- +Avoid brow makeup, brow or lash tints or other facial treatments for 10 days.
- +Avoid sweaty exercise for 2 weeks.

## long term tips

- +Wear a daily sunscreen to prevent the sun from prematurely fading the pigment in the skin.
- +If a product lightens, brightens or tightens, avoid using it around your brows indefinitely.
- +Get a yearly touch-up to maintain the full color and shape of the brows.
- +After applying your makeup/foundation, take a damp Q-tip and clean off your brows. This allows the pigment to show through without looking muddled by makeup.