

SPRING SESSION SPOTS LEFT!

This group includes activities and social games based on the interests of the group. Youth will practice skills, build social confidence and navigate friendship opportunities. Developed for neurodivergent youth or youth who would benefit from a positive social experience.

- ✓ **Communication Skills:** Conversations, nonverbal cues, trading information, using humor, social media
- ✓ **Peer Interactions:** Different types of relationships, sportsmanship, managing bullying and stereotypes
- ✓ **Social Problem Solving:** Compromising, handling conflicts, perspective taking, group work
- ✓ **Resiliency:** Setting and working towards goals



INFORMATION:

WHO

Ages 11-14/ grades 7-9

WHEN

Sessions: Saturdays, 1pm-2pm
March 22 & 29, April 5, 12, & 26, May 3, 10, 24, & 31, June 7

WHERE

In Person: 111 Sherwood Drive, Ottawa K1Y3V1

COST

\$75/session for a total of \$750 for 10 sessions by e-transfer or credit card. may be covered by extended health insurance. no refunds for missed sessions.

SIGN UP

Spots are limited - ADMIN@DRJULIARYAN.CA



TO BE CONTACTED FOR SIMILAR FUTURE GROUPS: [Click Here](#)