

JOYFULNESS



DAILY AFFIRMATIONS FOR A MORE JOY-FILLED LIFE



I am
deserving
of love and
happiness.

I am filled
with joy and
positivity.

I am grateful
for all the
good in my
life.

I am proud of
myself and my
accomplishments.

I am strong
and resilient.

I am surrounded
by love and
support.

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DAILY AFFIRMATIONS FOR A MORE JOY-FILLED LIFE



I am worthy
of success
and
abundance.

I am
confident
and capable.

I am learning
and growing
every day.

I am at peace
with myself and
my past.

I am open to
new
experiences
and
opportunities.

I am worthy of
respect and
kindness.

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I am loved
unconditionally.

I am a source
of inspiration
and
motivation
for others.

I am in
control of
my thoughts
and feelings.

I am always
improving and
evolving.

I am
surrounded by
positivity and
optimism.

I am capable of
overcoming
challenges and
obstacles.

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JOYFULNESS



DAILY AFFIRMATIONS FOR A MORE JOY-FILLED LIFE



I am deserving
of success and
happiness.

I am
surrounded
by beauty
and
abundance.

I am kind
and
compassion
ate to
myself and
others.

I am responsible
for creating my
own happiness.

I am grateful
for the
present
moment.

I am enough.

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