

KRISTA PAIGE

NEWBORN GUIDE



Newborn Session



A newborn lifestyle session allows you as parents to look back on this sweet and intimate time with your newborn baby and relive those first snuggles, tiny fingers and toes, and the emotion of this unique time in your lives. This type of session doesn't include formally posed newborn baby photos, with baby on a beanbag and every limb positioned just perfectly. Instead it is a day in the life documentary, meant to tell your story of your early time together as a newly grown family.

This session is taken in the comfort of your home, primarily in the nursery, your master bedroom, or in the living room. I will shoot in areas of your home that are well lit, with loads of natural light coming through the windows. Since bright, natural light is so important, I shoot in the middle of the day, when the sun is the brightest. Things that help make photos bright and airy include large windows, light colored walls, light colored furniture and bedding, and simplistic decor. A white or light colored crib sheet is ideal for capturing baby and making skin tones look most natural. Colorful sheets can sometimes cast colorful tones onto baby, making skin tones look slightly off. Also, turning up the heat a couple of degrees just prior to your session, helps baby to stay nice and cozy. Open all curtains and shades and allow that natural light to pour through!

Wear something comfortable! Neutrals and pastels often photograph the best, while black and red are two colors to avoid if possible for indoor sessions, again because while snuggling baby close, they can cast some funny colors onto baby's skin.

When I first arrive, I'd love to start with capturing photos of the baby's nursery. This is a great time to feed baby and finish getting baby dressed and ready. Please gather any special items to be captured, such as blankets, stuffed animals, etc. If you have a pup or other animals, we can incorporate them into a shot or two!

Duration of the session can vary greatly, depending on how sleepy or awake baby is. I allow plenty of time for unexpected outfit changes, extra feedings, etc, so no need to stress if there are some hiccups! We will go with the flow and embrace the unpredictability. Make sure to have an extra outfit on hand for both baby and parents in case of a diaper blowout or spit up. If baby gets fussy, we will pause to figure out what baby needs- food, diaper change, or repositioning. Stay relaxed, we have plenty of time if something unexpected arises!

Let me know if you have any questions for me, I look forward to your session!



