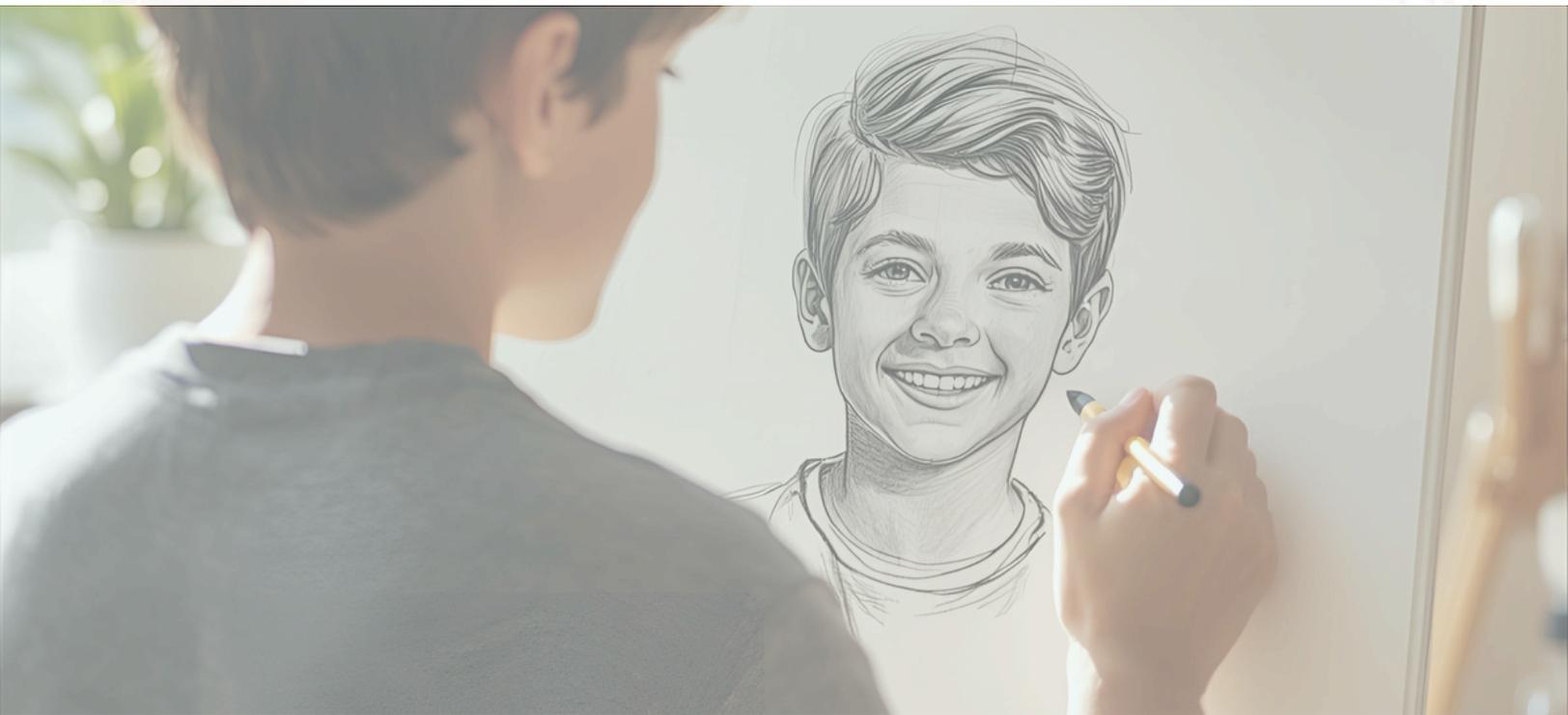


# 7 Weeks of X39: A New Life for Our Son

Hello, Lifewave!  Goodbye, Spectrum!



by Liana Campanella Michener



# Introduction

It is a privilege to be able to write this testimony.

I'm letting my perfectionist tendencies go because the baby will need to be changed soon, lunch has to be made, my big kids want to show me something special they've been working on, and we have to run some errands today or we'll be up the creek without a paddle.

But this is also vitally important to share. So just know, busy mom or dad or grandparent...I'm right there with you!

And I hope a glimpse into our experience brings you courage and hope.

No matter how busy your own life is, in literally *seconds* of hands-on time each day, there is the potential for life-changing improvement for your child and by extension, your entire family.

We are on week 7 of using the [Lifewave X39 stem cell activation patches](#) for our son who is "on the spectrum." The changes have been absolutely incredible - even noticeable on the **first day**.

At this point, it almost feels like our very own miracle - like Invasion of the Body Snatchers, but in the very best way possible! We wish we could record everything, but there are just too many positive changes.



*We wish we could record everything, but there are just too many positive changes.*

In the following pages, you will read about the biggest improvements we have seen in our son in *less than two months!*

I understand that many of these changes may seem like no big deal to billions of parents out there. **But** when you love one of these incredibly special, unfairly burdened children, you know what an absolute **triumph** each of these is!

I will also say that for three years just prior to starting the [Lifewave X39 stem-cell activation patches](#), we had *diligently* pursued help and healing for our son.

This included:

- chiropractic
- functional medicine
- acupuncture
- herbal medicine
- classical homeopathy
- osteopathy
- neuroplasticity

and other modalities.

I would say we were all as primed and ready as we could be for whatever the patches would bring. Yet, we had to proceed with extremely cautious optimism.

As I'm sure you understand, sometimes you just can't take another fall from a hope that's placed too high.

But hope we did, and patch we did, and there's no way to say it other than we've been blown away by the variety and the extent of the changes we've seen.



“Sometimes you just can't take another fall from a hope that's placed too high...but **we've been blown away** by the **variety** and the **extent** of the changes we've seen.

66

It feels like we've just met the **real him** - at **12 years old!**"

What you're about to read is just a summary.

It is not by any means comprehensive. We get to the end of each day and can't even remember everything we are seeing and hearing. **It's that good.**

I think the most incredible aspect, one that brought the healing full-circle, was that we prepared this testimony *together*.

I had written the majority of the list below before we sat with our son. We explained that we wanted to share his story - but only with his permission.

He was totally on board and *we were floored* to hear his feedback in his own words - including some **additional victories** we weren't even aware of from our observations alone.

I've added them in and, with a huge smile and a, "Yeah! That's cool!" he agreed to the idea of our sharing this list and his story.

So here is what we've experienced in our son's story - *so far*. It feels like we've just met the real him, at 12 years old, and we can't wait to introduce you!



# Explore & Celebrate with Us!

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## Physical

From idiopathic toe walking and “tics” to expansion and strength...the physical changes have been mind-blowing!

## Social

Improved focus, patience, fluidity, and ease...it leaves *us* speechless.

## Cognitive

Enhanced recall, executive functioning, reasoning and so much more...these are *gifts* to our child!

## Emotional

Calm instead of anxious; composed instead of reactive; integrated instead of dysregulated...the happy kid trapped below the surface is finally shining!



# 01 Physical

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- **Toe walking:** Since starting the [X39 patches](#), he has significantly decreased “idiopathic toe walking.” His calf muscles are looser and his heel is dropping.
- **Expansion:** His foot has “grown” (expanded) at least two shoe sizes because of the changes in his muscles and foot. This is the first summer of his life that he can wear flip-flops – and he loves them! 😊
- **Arches:** The arches of his feet have also dropped significantly. They were *painfully* high.
- **Toe elongation:** His toes have “relaxed” and spread out instead of being so tightly cramped. They look so much longer I find myself just staring at his feet, like “Where did these come from?”
- **Muscle tone:** His muscle tone has improved tremendously. He has gone from skinny and flabby to thin but very muscular.
- **Relaxed arms:** He no longer walks with his arms up high and crossed over one another. They are now often just resting at his side, like we would say is “normal.”
- **Spinning (“Stimming”):** He used to spin around constantly, a form of “stimming.” For the most part, this has stopped. In any case, it has dramatically decreased.
- **Overall physical strength:** His physical strength has **exploded**. He can now lift an entire large box full of canned goods – when before, he would tire out just carrying our pool bag a few hundred feet.



# 01 Physical

- **"Tics"** Lots of different physical "tics" and movements have either drastically reduced or stopped altogether

○ [MOM NOTE: When I ran this one by him, he said, "Oh yeah...well, I have better things to do than [that tic]. Like (and he thought about it a second, then smiled)...just resting my arms here on the chair." For a kid whose body and/or mind was practically never at rest for the better part of a decade, his cheery, matter-of-fact response almost made me cry right there on the spot!]

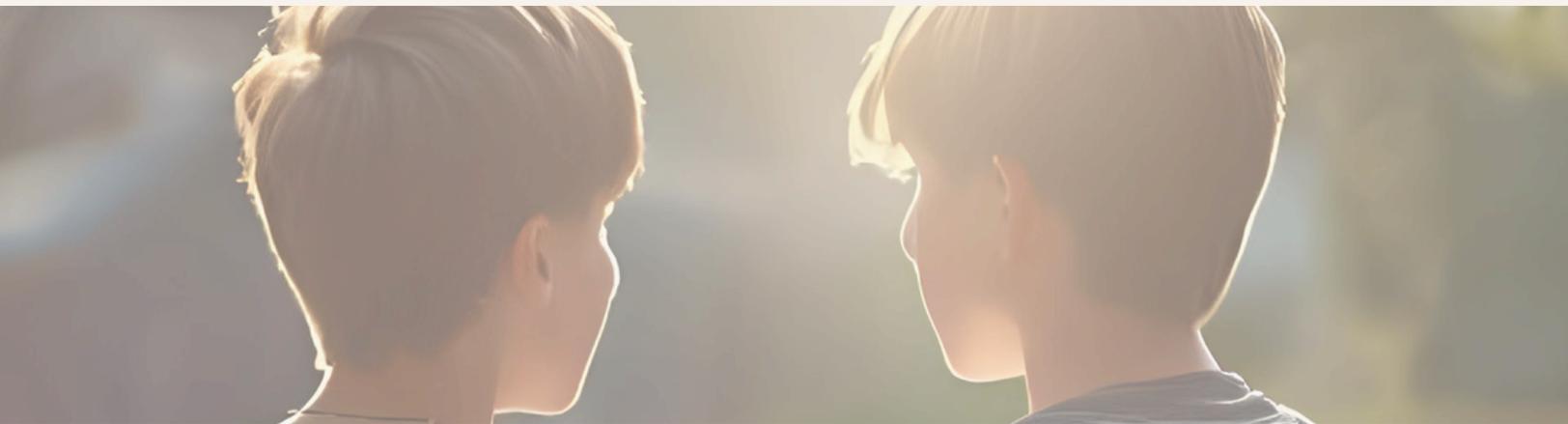


- **Sleep:** He is sleeping so much better - falling asleep faster (sooner), staying asleep, and even sleeping in late (no complaints from this mom! :)
- **Bedwetting:** Nighttime bedwetting has not occurred once during the time he has been using the [X39 patches](#). It was an occasional problem before and we could not discern a pattern. But in the months leading up to starting the patches, there had been a slight uptick in occurrences. Since Day 1 of patching...not one accident.
- **Running Speed:** He can run faster than ever before (that one he added with a huge smile, just beaming with confidence!)
- **Stretching:** He is able to do a variety of stretches that were very difficult for him before. Some as simple as a toe-touch. Others including butterfly and V-shape. [He also added this one and my jaw almost hit the floor when he demonstrated for me.]
- **Regurgitation:** Remarkably less regurgitation after eating. This had been an embarrassing struggle for him for so long and a tricky one to address through other healing modalities.

## 02 Social

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- **Focus:** He is able to stay focused much longer during a conversation – both when the [X39 patch](#) is on, but even when it's off! There's not even any way to quantify it. He can just stay focused as long as he needs to. It feels like a true miracle.
- **Initiation:** He initiates conversations, including questions when he doesn't understand something. Lack of initiating conversation has always been a huge struggle for him, a source of disappointment, confusion, and frustration for so long. This also feels miraculous.
- **Tone & Vocabulary:** He is able to differentiate between talking to his baby sister, a sibling, and an adult in terms of tone and vocabulary. He no longer seems lost when having to change who he's talking to.



- **Less Reactive:** He is much less reactive – not immediately jumping to retaliate when someone does something that he doesn't like. For instance, a sibling touching him just to be annoying: he can dislike it without reacting.

○ [MOM NOTE: this was actually one that **he** added to the list! He is so right. This definitely was a huge issue before and I can't even remember the last time this happened.]

- **Patience:** He is much more patient and amiable when someone doesn't do what he wants them to do. For instance, a sibling or friend not playing the game he wants to play. Before patching, especially when overstimulated, this could have sent him into a fit or hiding away in his room, taking up to several hours to calm down.

## 02 Social

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- **Perseverance:** He is able to shake off interruptions to his speech, whereas before patching he would just be really upset and possibly not even attempt to continue talking (*he thought it was really cool not just that he is able to do this, but that we as his parents noticed this change ourselves! :)* )
- **Maturity:** He is able to remain calm and state his case clearly and logically when asking for something or arguing about something he doesn't agree with. It feels like we've gone from having a first grader to having a mature teen in a matter of weeks
- **Confidence:** All around, he is less socially awkward with the [X39 patch](#). Everyone has noticed how much more at ease he is, how much more involved in a standard social situation he's willing to be, instead of hiding or staying off to the side by himself - or even being physically present, but totally checking out mentally.



- **Elaboration:** He responds now to questions with more than just a "Yes" or "No." For instance, he had a birthday recently and someone asked, "Did you have a nice birthday?" At first, he just said, "Yes," as he typically would. But a moment later, he just opened up and started telling this person a few highlights of his day that, once again, were all socially and conversationally appropriate. The loving and thrilled look on that friend's face was priceless!

- **Processing:** He is able to hear an entire sentence (or string of sentences) and process what is actually being both *said* and *conveyed*.

Before patching with the [X39 stem cell activation patches](#), he could only hear a few words, put them together often out of context, and then get really upset over something that was never actually said. This had been a huge pain point for a long time.

○ [MOM NOTE: His feedback when I shared this with him was heartbreaking. Apparently he had realized that he couldn't give satisfactory answers because he couldn't process it all - but he couldn't communicate that. He actually had felt burdened by making his parents work so hard to understand their oldest kid more than the younger ones.

*Get ready - get your hugs and Kleenex ready. Because there is all kinds of healing to be done in a family when a kid starts to heal like this. It's beautiful - and it'll hit your heart hard.]*

- **Figurative Language:** He is still pretty literal, but no longer debilitatingly so. In fact, *he gave me* a great example to include here! Lately he has been colloquially using the word "guys" when talking to his brother and sister and the response he gets from his sister is, "I'm not a guy!" Now he takes it all in stride. Imagine that: Someone more literal than him! :)
- **"No More Brain Sloshing":** In his own words, it no longer feels like his "brain is sloshing around." He would tell me this when he was intensely struggling in the past and no one ever knew what to do. We tried so many things! Clearly, his own body knew just what needed to be corrected because one of the *first* things he ever told me, after only 2 or 3 days on the [patches](#), was that his brain was no longer "sloshing around!"

# 03

## Cognitive

- **Mental Flexibility:** He is no longer so thrown off by change. Before patching, even the smallest change could truly derail his entire day, such as changing the order of errands we ran. We haven't had a meltdown over a schedule change in weeks. Instead, now we hear acceptance of the change or an appropriate question to try to understand the change.
- **Verbalizing Discontent:** To his additional credit, in the instances where he really is unhappy or concerned about changes to an original plan, he is able to verbalize how he is feeling and ask pertinent questions to understand either the larger context or future steps. It's just absolutely amazing.
- **Problem Solving:** His real-world problem solving abilities are at a level we never even dreamed of. We no longer see the complete and total overwhelm of dealing with an unexpected problem in real time. We see age-appropriate levels of frustration and challenge, but not debilitation and paralysis.
- **Proprioceptive Movement:** He has shown *dramatic* improvement in his proprioception and physical movement. He used to not know what to do with his arms and legs in an unfamiliar situation. It is no exaggeration to say that he basically just tried pushing through a physical object when he could not navigate around it. Within days of starting the [X39 patch](#), we saw this brain-body burden lift! This is new territory for him, but he is doing exceptionally well in a short amount of time!
- **Reduced Overwhelm:** "Simple" tasks are now *actually* simple! For instance, setting up the breakfast table is now **doable**. Before the Lifewave patches, the sheer number of 6 things to set up was overwhelming – even if he was only responsible for one or two of those things. We never knew this until we were going through this list.

○ [MOM NOTE: this was another one of those heartbreaking moments where we realized just how much he was struggling to get through the day-to-day. Mamas, prepare. There will be a lot of opportunities to say "I'm sorry," and "I love you."]

## 03 Cognitive

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- **Navigating Interruptions:** He is now able to stop whenever he needs to – even if in the middle of a task or project. Before using the [Lifewave X39 patches](#), having to stop in the middle of something he had planned to or wanted to finish would be very frustrating or upsetting, often impossible to overcome in a healthy way.

○ [MOM NOTE: This was one improvement that he asked me to add to the list and it blew my mind! I hadn't even realized it, despite it certainly happening before my very eyes!

*To provide some context: prior to patching, I would get calls from teachers to come in because he would be having a complete meltdown and refuse to change classes or activities until he was finished his work or project.*

*So to hear him explain how this is no longer a problem and then run my own memory back over a month was mind-blowing. I realized he had never once thrown a fit or even complained when I would ask him to do something while he was otherwise occupied. Again, it just feels miraculous. There is no other word for it! ]*

- **Resuming Work:** In addition to handling interruptions and switching tasks with relative ease, he is also able to resume his interrupted work well. This allows him the satisfaction of completing what he started and that continues a very healthy cognitive cycle!



## 04 Emotional

- **Even Temperament:** All around, he is much more even-tempered and calm.
- **Reduced Anxiety:** He is much less anxious and “huffy” as we used to say. He would almost always seem like he was on pins and needles, never fully relaxed. This has all but evaporated into thin air!
- **Calm When Corrected:** It is especially significant that he is calm when being talked to (as in, *corrected*) instead of struggling with an overblown reaction or out-of-proportion concern that he is going to get in trouble.
- **Rational Thought:** Prior to using the [X39 patches](#), he had an irrational fear of getting into extreme trouble or receiving an outrageously awful punishment. Logic and reassurance could never convince him that his fear was not based at all in reality. No other therapy could help uproot this. But the patches? They have all but erased it from his mind.



○ [MOM NOTE: As we talked about this one, I gingerly asked if he was still afraid of being punished in an extreme way - trying very carefully not to add one single word that would lead him to reply in a certain way.

*You know what he said?*

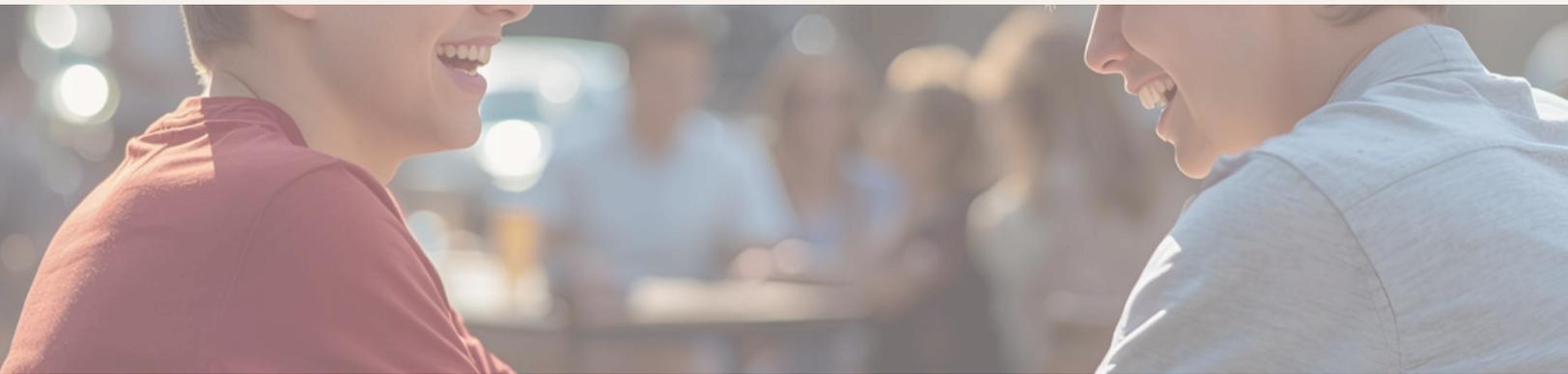
*“No, of course not!” with a relaxed chuckle to top it off.*

*My husband and I just stared at each other in astonishment for a moment - and I forced myself to hold back tears. Whatever had been imprisoning his mind, forcing him to think about such awful things, was just... gone. Poof! Life was good.*

*Yes, I’m crying again as I write these words...it’s too precious not to shed tears over.]*

## 04 Emotional

- **Composure:** He is much more patient and willing to wait his turn – just about every time we’ve asked that of him. No more blowups over things taking too long. He may not like it (do any of us?) but he remains composed.
- **More Interactive:** Honestly, he’s just a happier all around kid. He laughs more, interacts more, smiles more, plays around more, jokes more... It is just so beautiful to see!



- **Release from Depression:** Prior to patching with the [Lifewave X39 patches](#), he had an instant and intense tendency toward self-deprecation and depression. We knew it wasn’t attention-seeking behavior. Like his irrational fear, it seemed his mind was just trapped in a state of hopeless misery. This has all but disappeared since we’ve started patching!
- **Gratitude:** He is much more grateful and thankful – and able to appropriately express it. Even if something isn’t exactly the way he would have wanted it, he is able to see the good in the situation and be thankful for what it is. Of course, we as parents have to guide him through this process quite often, but that is our job! The fact that he can receive what we are saying is amazing. Combined with the **Release from Depression** above, this just feels, once again, like a complete and total miracle.
- **Positive Outlook:** He has a much more positive outlook towards the future, which, quite frankly, prior to patching was always an elusive goal. Whether the future was just too abstract or too uncertain, one thing was sure: it was rare for him to see much of it in a positive light.

# 04 Emotional

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- **Adaptable:** He is now able to go with the flow - something that was extremely difficult for him prior to the patches. Other healing modalities helped with this but nothing to this extent. After just these few initial weeks, he has faced major interruptions to things that were very special to him - that other children his age would also be upset about! - and he has just taken them in tremendous stride.
- **Forbearing:** He says he feels like he's getting more patient with his "enemies" - in other words, the kids who aren't nice to him, who purposely exclude him, who flat out bully him. And you better believe, there are plenty of opportunities for him to practice forbearance.
- **Forgiving:** During a little heart-to-heart, I explained that as you get older, you will have to practice forgiveness differently. Namely, you will have to forgive even when the person who hurt you hasn't asked to be forgiven. His mind was blown by that concept - but he didn't resist it.
- **Fortitude:** Prior to using the [X39 patches](#), we heard the phrase "That's too hard" constantly. Truly, more times than we could count in a week. We have not heard it once in the last few weeks. What a blessing for a growing child, to actually believe that life is not too hard for them!



## The honest truth is that all of the above is *just the beginning.*

There are probably even more changes left out of the list than there are included! I'm just a mom of 4 with one on the way during summer break and time is fleeting. I hope this sampling is helpful.

I just want to end by *encouraging you* If you are a parent, guardian, caretaker, or just someone who loves one of these truly incredible but oh, so heavily burdened children, know this: **I see you.**

I feel your pain.

I know how much you worry. I know the intrusive thoughts

*Will they ever have real friends?*

*Will they ever have a family someday?*

*Will they be assaulted - or worse - if I'm not there to protect them? If they're off escaping their harsh reality in their own imaginary world?*

I get it. Believe me, I do.

## I hope that now you also feel *empowered.*

Empowered that there may actually be a way to unlock your kid from the prison of their own mind and body. That you can see in your child or loved one what we have seen with my son.

Like I mentioned earlier, we proceeded with very cautious optimism until we experienced a few specific moments with him. Then, a little more questioning. Honestly, a tad of skepticism. And then...there was just no denying it!

It feels like a Biblical miracle.

It still feels almost too good to be true.

But the more I talk to other parents who are trying the [X39 stem cell activation patch](#) on their "spectrum" kids, the more I believe it's actually just the truth and the goodness and the healing that we have prayed for and waited for, day after day, night after night, believing against all odds that our kid was "in there." (Yes, I'm crying again. Go ahead; you can, too.)

# We know that healing is not linear. We know that healing takes time.

Truthfully, we had some bumpy moments in the first few weeks and chose to continue patching. I am so glad we did. And should the bumps or “setbacks” come again, we will continue to **“pray and patch.”**

This life-changing experience is resounding proof to me that we as humans are God’s masterpiece of creation. *Fearfully and wonderfully made.* He designed us to be able to withstand in the latter days - right down to our stem cell regeneration and cellular repair.

My son is finally getting a chance at the life he deserves, and I could not be more grateful to David Schmidt, the entire Lifewave team, my dad for the suggestion to try them on his grandson, and our dear family friend who originally introduced this technology to us all.

May God richly bless each and every one of them, and may He richly bless you and your family as well!

~ *Liana*



Curious to try the Lifewave X39 patches for yourself?  
Pick your preference and *go for it!*

### **Need Personal Support?**

**1** Reach out! Liana is available at [OurLifeWithLight@gmail.com](mailto:OurLifeWithLight@gmail.com) or via text and phone at 717 282-1844 (USA)

### **Want them ASAP?**

**2** [Click here](#) and in less than 10 minutes, you'll just be waiting for the delivery!

### **Want to Learn More?**

**3** Liana writes on all topics related to Lifewave - included updated testimonies for her son! - at [www.OurLifeWithLight.com](http://www.OurLifeWithLight.com).

Pay her a virtual visit and leave empowered and inspired!