

February Birthdays

Eva F. Feb. 1
Luen C. Feb. 4
Louise L. Feb. 5
Audrey P. Feb. 6
Irene R. Feb. 8
Eiko H. Feb. 12
Rosemary H. Feb. 25



Birthday Tea
at 1:45 pm

Thursday, Feb 8
In Camelia with Magnolia

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We are currently searching for dedicated and enthusiastic volunteers to join our recreation team. As a Recreation Volunteer, you will have the opportunity to engage with and uplift our residents through a variety of activities and events. Whether it's help organizing games, assisting in creative arts and crafts sessions, assisting with fitness classes, or simply spending quality time chatting and laughing with our residents, your presence and enthusiasm will make a world of difference. If you are interested in becoming a recreation volunteer, please reach out to Zhu at zhu.zhang@salvationarmy.ca and we would be delighted to provide further information and discuss how you can get involved. Together, let's create a vibrant and engaging environment for our residents, where laughter and enjoyment are abundant. Join us as a recreation volunteer and be a part of something truly special. Thank you!



No matter how busy you are or how many tasks you are managing at once, maintain a calm spirit and relaxed demeanor!



February

by Jane Goodwin Austin

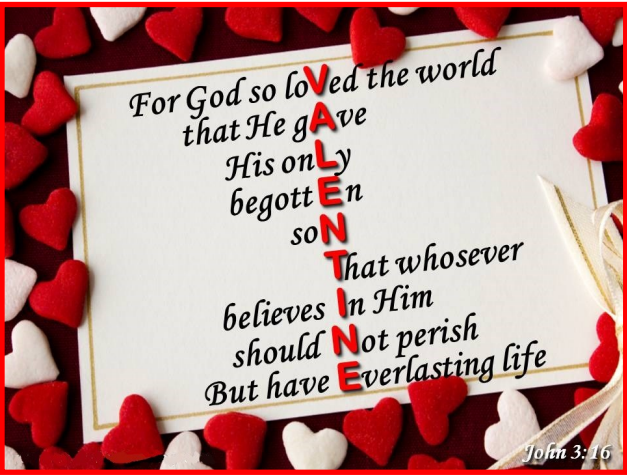
*I thought the world was cold in death;
The flowers, the birds, all life was gone,
For January's bitter breath
Had slain the bloom and hushed the song.*

*And still the earth is cold and white,
And mead and forest yet are bare;
But there's a something in the light
That says the germ of life is there.*

*Deep down within the frozen brook
I hear a murmur, faint and sweet,
And lo! the ice breaks as I look,
And living waters touch my feet.*

*Within the forest's leafless shade
I hear a spring-bird's hopeful lay:
O life to frozen death betrayed
Thy death shall end in life today.*

*And in my still heart's frozen cell
The pulses struggle to be free;
While sweet the bird sings, who can tell
But life may bloom again for thee!*



BUCHANAN LODGE



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

FEBRUARY 2024

Precious Memories



Magnolia staff embrace every moment to have fun



Mario plows into a new year



Blake leads us by example



Bunny and Nala keep warm together inside



Sit Ying's 105th Birthday!



Linda & Carly share Nala



Shirley and Carrie stay warm too

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Thought for February

The plans of the Lord stand firm forever, the purposes of his heart through all generations.
PSALMS 33:11
At the right time, I, the Lord, will make it happen!
ISAIAH 60:22b



Patricia & Barry
February 29, 1984



February is the month of love, and this year, it also has an extra day. With that in mind we've combined those two themes into one - "Leap into Love." Let's start with two local stories.

First is my own love story. Fifty years ago I proposed to the love of my life a few days before Valentine's Day - I just couldn't wait! I did, however, wait patiently until June 29th, two days after my 21st birthday, to tie the knot. I hoped that respectable milestone meant I was old enough for marriage. Did I "leap" into love prematurely? Well, 50 years should prove otherwise, but our second story really supports the idea that leaping into love is worth the risk!

Everyone here knows how much Barry loves his beautiful bride, Patricia, as we see them sitting together every day holding hands in Rose Garden and enjoying each other's company. This month we get to join with them in celebrating their marriage of 40 years - wow! The wow factor becomes mind-blowing when we realize it's actually only their 10th anniversary. They married 40 years ago on February 29. That means they only get to celebrate their anniversary every four years! Think of the money they saved on anniversary presents. Now that is a couple who did "leap" into love, on the leap day of a leap year!

During a recent Spiritual Reflections we talked about the science & history behind our 2024 leap year. Here it is in a nutshell: our present-day Gregorian Calendar (introduced by Pope Gregory VIII in 1582) slightly improved on the Julian Calendar from the Roman Empire. Julius Caesar assumed a year of 365.25 days, so he added another day to the calendar every four years. But we now know that an actual year is 365.256 days, so Pope Gregory added another correction factor - take away 3 leap days for every 4 century years. So on the leap years of 2100, 2200, 2300 there will be no leap days. Fascinating stuff, right? But what do boring STEM subjects, like history, astronomy and math, have to do with our exciting stories of love and marriage?

Well, I'm circling back to that point, just like the earth revolves around the sun. What might seem like a leap of faith is actually sound reasoning. Ask yourself this question: how does the earth travel 940 million kms around the sun and arrive every year at precisely the same place and time every year for thousands of years? The only possible answer is God! His plans and the execution of His plans are incredibly precise and His timing is perfect. We learn in the first 2 chapters of the Bible that love and marriage are a huge part of God's Master Plan. If He can be trusted with tilting the earth just right, rotating it every day, and revolving it around the sun every year like clockwork, then we should trust and adjust to His perfect timing in our marriages and family life this new year. Some call it a "leap of faith" but it's grounded in irrefutable truth. Here's to leaping into love...

~ Chaplain Rob



SUPERBOWL SUNDAY, Feb 11
On FOX TV - 3:30 pm (PT) Kick Off
All House TVS should be tuned in!
Half-time show features Usher



VALENTINE'S DAY TEA
Wednesday | Feb. 14
10 am in the MPR
Featuring fun, food, and festivities with Alastair



- Feb. 3 Piano Performance by Gian in Magnolia at 10 am
- Feb. 3 Music with Alastair in Willow at 1:30 pm
- Feb. 7 Chinese New Years Lunch MPR - Cam. & Mag.
- Feb. 8 Birthday Tea with Alastair in Camelia 1:45 pm
- Feb. 9 Chinese New Years Lunch MPR - Rose & Will.
- Feb. 9 Music with Dave in Camelia at 1:30 pm
- Feb. 14 Valentine's Day Tea with Alastair - MPR 10 am
- Feb. 16 Highland Dance Group in the MPR at 3 pm
- Feb. 23 Music with Dave in Camelia at 1:30 pm
- Feb. 24 Music with Alastair in Rose Garden



HAPPY CHINESE NEW YEAR
Chinese New Year celebrated with a special lunch in the MPR at noon:
Feb. 7 for Camelia & Magnolia
Feb. 9 for Rose & Willow



HIGHLAND DANCERS
Friday | Feb. 16 | 3 pm in the MPR