



# MINNESOTAFLYERS

GYMNASTICS AND FITNESS

## NEWSLETTER - SEPTEMBER 2025

### CALENDAR

Sept 3 Team Practice Resumes

Sept 8 Fall Rec Session Begins

Sept 13 **Pink the Rink**  
Team Competition Levels 3-5 in Grand Rapids

Sept 15 Cookie Sales Fundraiser Begins!

Sept 20 National Gymnastics Day  
Watch our social media pages for more info!

Sept 24 2:00-3:55 pm: Early Out Open Gym

Sept 27 Glitz & Glam Invitational  
Team Competition Levels 3-5 in Bloomington

**Open Gym**  
Saturdays  
10am-Noon



**NEXT  
MONTH**

October 3 - First Parents Night Out of the school year!  
October 6 - National Coaches Day

Follow us on Facebook and Instagram  
@mnflyersgym for all the latest news and events!



## Staff Spotlight Coach Kate

Coach Kate is a former club and Laker gymnast who has returned to coach in the team program! When she's not in the gym, she loves to race sprint cars and ride motorcycles.

MN Flyers was like a second home to her as she was growing up, and now she has so much fun getting to watch the younger girls learn like she did!

Students of the  
Month will return  
in October!



# SEPTEMBER 15 - OCTOBER 13

Help us sell cookies and other fun products!

Our goal is to raise **\$40,000!**

**Earn PRIORITY REGISTRATION  
for Winter session by selling 50  
or more items!**

All proceeds go towards equipment  
to fill the new building!

PACKETS WILL BE AVAILABLE THE WEEK OF SEPTEMBER 15TH



## SEPTEMBER BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!

Lewis A

Colton A

Berkley B

Railyn B

Oliver B

Madison B

Thea B

Haven C

Holloway C

Linkin D

Ceceila D

Stella E

Kingston E

Sophia E

Olivia G

Madeline G

Natalie H

Presley H

Natalie H

Adelyn H

Rhiley J

Rilyn J

Taya J

Olivia J

Henry L

Eden L

Eleanor M

Axel M

Brynn N

Madeline N

Ivan O

Parker P

Koah R

Isabel R

Silas S

Breck S

Alivia S

Emry S

Hazel T

Jaxson V

Edith V

Addison W

Ella W

Sylvia W

Rowyn W

Kira Z



**STAFF BIRTHDAYS:** Coach Blake, Coach Addie