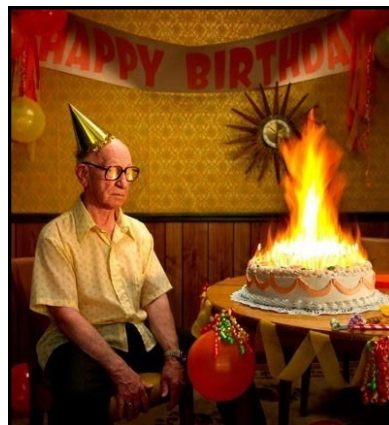


August Birthdays



Carol M. August 5
 Janet H. August 8
 Anne S. August 16
 Bing T. August 23
 Charlotte L. August 24
 Chon I. August 25
 Michael (Joe) B. August 27
 Carol S. August 27
 Josephine R. August 28
 David H. August 31

Birthday Teas
 August 18 - Thursday
 Magnolia Garden
 &
 Camelia Park
 at 1:45 pm

RESPECT
 Find out what it means to us

Keep clean-up as quiet and unobtrusive as possible, conscious of residents watching television, reading or chatting with friends or family.

BUCHANAN ART SALE

During the summer, paintings from our Art Sale are displayed at reception for viewing and purchasing. Payment, by cash or cheque (Buchanan Lodge), can be left with the visitation staff. All proceeds will go to Resident Council.



Bottle Depot Fundraiser For Resident Council



Through express recycling
 Use the link below to view types of containers eligible for refunds and to find "Return It" locations near you.

<https://www.return-it.ca/beverage/recycling/recycling101/>

- ⇒ Collect your recyclables in a max 75-liter clear/blue bag
- ⇒ Tie and bring to an express location
- ⇒ Type in and print the label: (604-522-7033)
- ⇒ Attach the label to the bag(s)
- ⇒ Leave it with the "return it" staff
- ⇒ The "return it" staff will count the products and deposit the funds into the Resident Council account in 5-10 business days.



BUCHANAN LODGE



More Fun Facts about B.C.

- ◆ B.C. was the sixth province added to Canada, in 1871.
- ◆ B.C.'s motto is "Splendour without Diminishment."
- ◆ The provincial flower of B.C. is the Dogwood.
- ◆ There are only 30 countries larger than B.C. (and one state: Alaska).
- ◆ Mile 0 of the 7,699 km Trans Canada Hwy is in Victoria.
- ◆ Fairweather Mountain is the highest point in B.C. at 15,299 feet.
- ◆ Osoyoos is the warmest freshwater lake in Canada.
- ◆ Oogopogo has been a protected species since 1989.
- ◆ B.C. Place was the first covered stadium in Canada.
- ◆ The world's largest hockey stick resides in Duncan.
- ◆ Although the Canucks have come up short three times, two B.C. teams have won the coveted Stanley Cup - 1915 Vancouver Millionaires & 1925 Victoria Cougars.
- ◆ Vancouver is 2nd only to Los Angeles in TV production and 3rd in movie production.

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- August 2 Devotional
- Updates 3 Events
- Birthdays 4 More events

Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

AUGUST 2022

Precious Memories



Shirley points out who ate the picnic lunch



Brian, Teagan & Kyla bring the music



Vicky shields teddy from the paparazzi



Irene & Jan enjoy hanging out together in the garden



Terry's a popular guy at Buchanan



Some of the many staff, residents & family members who will really miss Doris!



HELLO AUGUST

Thought For August



Rather than pride, may I suggest we feel gratitude on this BC Day, and every day, for the beauty that surrounds us.



Rob & his grandkids enjoying BC's beauty!

Last month we celebrated Canada, the greatest country in the world. This month we pause to appreciate the good life we enjoy in Canada's most beautiful province. Here are some fun facts to help you impress your friends on BC Day.



1. BC is the 3rd largest province in Canada - 4X the size of Great Britain.
2. The length of BC's coastline is over 27,000 kilometres.
3. More than half of BC's population live in the metropolitan area of Vancouver (2.5 of 4.8 million).
4. Vancouver is consistently at or near the top of the top ten most beautiful cities in the world.
5. BC has 6 national parks and over 400 provincial parks, recreation and conservation areas.
6. Two-thirds of BC's land base (an area larger than France!) is forest land - more than half of which is unpopulated.
7. We have the mildest, most frost-free climate in Canada, with flowers blooming as early as February.
8. Our capital, Victoria, has an annual flower count of more than a billion blooms.
9. BC is top 3 in the world for producing cranberries and blueberries.
10. The wettest city of Canada is Prince Rupert, with an average of 240 days of rain per year.
11. The Della Falls on Vancouver Island are the highest in Canada at 1444 feet - 8X the height of Niagara Falls.
12. The Peak 2 Peak Gondola between Whistler and Blackcomb (among the world's best ski resorts) is the longest unsupported cable car (1.88 miles) with the highest elevation of 1430 feet above ground.
13. We have the world's largest hockey stick on display in Duncan - 205 feet long, 61,000 lb!

We can take some credit for engineering gondolas and giant hockey sticks, but even those talents come from our creative God, who made us in His image. Rather than pride, may I suggest we feel gratitude on this BC Day, and every day, for the beauty that surrounds us. And may I also suggest that we direct that gratitude to the One who obviously created it. I love the lyrics of "For The Beauty of the Earth," a hymn we sing often here at Buchanan:

*For the beauty of each hour, of the day & of the night,
Hill & vale, & tree & flow'r, sun & moon, & stars of light,
Lord of all, to Thee we raise, this our hymn of grateful praise!*

~ Chaplain Rob

ARMCHAIR TRAVEL

with Chaplain Darlene

JAPAN

Aug 22 - Magnolia @ 1:45pm
- Camelia @ 3:15 pm
Aug 29 - Rose @ 1:45pm
- Willow @ 3:15pm



JOIN US FOR

Live Music

- Aug 2** - Tues. 1:45 pm Willow - Alistair
- Aug 5** - Fri. 1:45 pm Magnolia - Alistair
- Aug 6** - Sat. 1:45 pm Rose - Alistair
- Aug 9** - Tues. 2:00 pm Rose - Dave and Tom
- Aug 17** - Wed. 1:45 pm Camelia - Alistair
- Aug 20** - Sat. 2:30 pm Camelia - Dave O'Malley
- Aug 26** - Fri. 1:45 pm Camelia - Dave and Tom

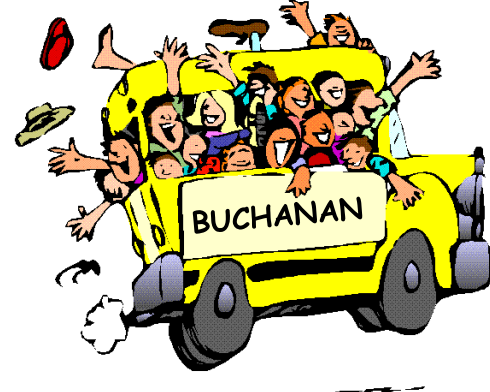
Simon and Garfunkle
in Central Park
Saturday, August 20, at 1:45 pm
in the MPR



Willow & Rose
August 9

Magnolia & Camelia
August 11

Hamburgers, chips,
lemonade, ice cream bars



On The Road Again!
Bus outings - Rocky Point Park
1:30-5:00 pm August 12 - Magnolia,
August 18 - Willow, August 30 - Rose

Bus outings - Afternoon Drive
1:30-3:30 pm August 16 - Rose
August 31 - Willow

TATTOO PARLOUR
(WASHABLE)

Thursday, August 4
1:45 pm @ Willow

Wednesday, August 10
10:00 am @ Magnolia
1:45 pm @ Rose