

February Birthdays



Antonio G. Feb. 2
 Margaret K. Feb. 4
 Louise L. Feb. 5
 Ethyl P. Feb. 14
 Margaret P. Feb. 23
 Gregory T. Feb. 24
 Roger H. Feb. 29

Birthday Teas

Feb 3 in Magnolia 2pm
 Feb 11 in Willow 2pm
 Feb 17 in Camelia 1:45pm
 Feb 25 in Rose 2pm



SPIRITUAL HEALTH

FEBRUARY 2021

Mondays
 SPIRITUAL REFLECTIONS
 Rose at 10 am | Willow at 11 am

Tuesdays
 SPIRITUAL REFLECTIONS
 Magnolia at 10 am | Camelia at 11 am

Thursdays
 CHAPELS
 Rose at 10 am | Willow at 11 am

Sundays
 CHAPELS
 Magnolia at 10 am | Camelia at 11 am

Welcome Carina Apuckege
 to the Buchanan Family
 joining us as a Care Aide
 December 14, 2020

February

by Jane Goodwin Austin

*I thought the world was cold in death;
 The flowers, the birds, all life was gone,
 For January's bitter breath
 Had slain the bloom and hushed the song.*

*And still the earth is cold and white,
 And mead and forest yet are bare;
 But there's a something in the light
 That says the germ of life is there.*

*Deep down within the frozen brook
 I hear a murmur, faint and sweet,
 And lo! the ice breaks as I look,
 And living waters touch my feet*

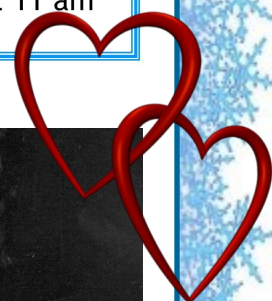
*Within the forest's leafless shade
 I hear a spring-bird's hopeful lay:
 O life to frozen death betrayed
 Thy death shall end in life today.*

*And in my still heart's frozen cell
 The pulses struggle to be free;
 While sweet the bird sings, who can tell
 But life may bloom again for thee!*

RESPECT

Find out what it means to us

No matter how busy you are or how many tasks you are managing at once, maintain a calm spirit and relaxed demeanor!



BUCHANAN LODGE



Buchanan Buzz

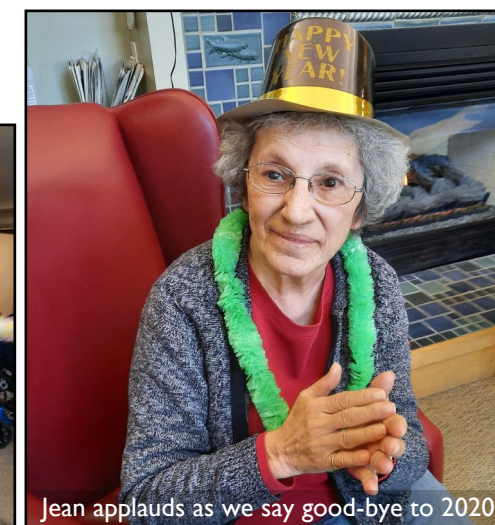
NEWS FROM 409 BLAIR AVE.

FEBRUARY 2021

Precious Memories



Shirley & Shadi "celebrate good times - c'mon!"



Jean applauds as we say good-bye to 2020!



Princess Zarin suits her tiara!



Josie welcomes the new year in style!



They drop the ball in New York - here we "smash" it!



Michael and Bill seem relaxed about 2021

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Thought for February

We call those who love only when they feel like it "fair weather friends." But families are stuck with each other, forever, for better and for worse.



Establishing the third Monday of February as Family Day was one of the best decisions our Provincial Government ever made. They may have been pressured by unions to create a statutory break between Christmas and Easter, but I think the timing and choice of holidays was inspired! At Christmas we remember how fully God identified with us, by being born into a human family. Easter shows us how we can identify with Him and be born into His family. Having a Family Day in between is the perfect segue, if we truly understand the purpose of families.



This cute story illustrates two competing views of family: A little girl asked her mom, "Where do humans come from?" Her mom answered, "God made Adam and Eve and that's who we all descend from." Later she asked her dad and heard, "many years ago there were monkeys from which people evolved." The confused girl went back to her mom, "Why did you tell me people were created by God, and Dad said people evolved from monkeys?" Her mom answered, "Well, dear, it's very simple: I told you about my side of the family, and your father told you about his."

Well the truth is, no matter how good or bad our families may be, we were all created by God. The Apostle Paul made the following statement (and current science bears it out): I kneel before the Father, from whom every family in heaven and on earth derives its name (Eph. 3:14,15).

We learn about God's love in the context of our families. Real love isn't just a warm and fuzzy feeling. Feelings fluctuate, like the weather. We call those who love only when they feel like it "fair weather friends." But families are stuck with each other, forever, for better and for worse. We didn't choose the families we were born into. We may have chosen our spouse but we had no idea how hard it would be to live with them or what kind of kids we would produce together. But whether we "like" them or not from day to day, families must still love each other.

You don't fall into or out of real love. It is a commitment, a decision we make every day. We eventually learn, sometimes through trial and error, that the only love that endures is God's kind of love – always giving, forgiving, selfless, sacrificial, unconditional, and unending. We need a "family" where we can learn to live out that kind of love, whether it is our birth family, a church, or a close circle of friends.

Someone summed it up with this acronym: **F.A.M.I.L.Y.** - Forget **A**bout **M**e, **I** Love **Y**ou. Real love is an action, not a reaction. We remember how our Heavenly Father modelled that kind of love at Christmas and Easter. With His help, let's do the same on Family Day and every day this year!

Chaplain Rob

Coming Soon



TUESDAY TENNIS at 2 pm
Feb 2 - Willow, Feb 9 - Rose
Feb 16 - Willow, Feb 23 - Rose.



FRIDAY BINGO
Feb 5, 12, 19 and 26
1:30 pm in Willow and 3:30 pm in Magnolia

CELEBRATING FEBRUARY ANNIVERSARIES

- Feb 8, 2004 - Doug & Dolores Smith
- Feb 12, 1966 - John & Leona Siem
- Feb 24, 1952 - Mitch & Lily Mitsuyoshi
- Wow - 69 years!!
- Feb 27, 1988 - Michael & Janeen Uren

CONGRATULATIONS!



ARMCHAIR TRAVEL

with Chaplain Darlene

PORTUGAL

- Feb 5 Willow & Camelia
- Feb 12 Rose & Magnolia

ICELAND

- Feb 19 Willow & Camelia
- Feb 26 Rose & Magnolia



PORTUGAL



ICELAND



Feb 7 | CBS 3:30 pm (PT) Kick Off
All House TVs should be tuned in!