

Family Workshop

ABOUT THE WORKSHOP

Passcode to Parenting's five-part series is designed to equip parents and caregivers with practical, evidence-based strategies to foster positive behavior, support emotional regulation, and create more connected, enjoyable family experiences.

Drawing on respected programs such as Triple P, TBRI, Nurturing Parent, New Ways for Families, and PAX—as well as the latest research in child development and family dynamics—this series offers a comprehensive, trauma-informed approach to parenting. While inspired by these well-established models, the workshop delivers original content tailored to the needs of our clientele, including sessions focused on applying these principles within co-parenting relationships.

Participants will walk away with:

- Simple, effective tools they can start using right away
- A deeper understanding of their child's behavior and needs
- New perspectives on parenting styles and positive discipline
- Confidence in handling challenges with calmness, intention, and empathy

Whether you're facing daily power struggles or just want to strengthen your relationship with your child, this workshop will leave you feeling supported, empowered, and ready to lead with connection.



Scan the QR code to register now!

DETAILS & LOGISTICS

Convenient, weekly sessions held online, including evening and weekend options

Session offerings tailored for parents of littles or teens

Option to book 1:1 sessions to meet your unique scheduling needs

Flexible payment options, including option to split cost with co-parent

Live expert trainer with 15+ years experience in child wellness & development



KATE CROUCH
MA, OCPS
Certified Co-Parenting
Specialist, Parent Coordinator,
Guardian Ad Litem

Are you interested in hosting an in-person workshop series for families? Reach out for additional information and to schedule!

