



Butterfinger Protein Pudding

SERVINGS: 4

PREP TIME: 5 MIN

COOK TIME: 0-8 HOURS

Ingredients

- 1 chocolate protein shake
 - My faves are Fairlife or Premier Protein
- 2 tbsp Butterscotch sugar free instant Pudding Mix
- 2 tbsp PB2Fit Powdered Peanut butter
- 2 tbsp sugar free chocolate chips
- Optional: 1 pump of peanut butter skinny syrup

Directions

1. Add all ingredients besides chocolate chips in to a blender, blender cup or a bowl and combine until no clumps are present
2. Add to a fridge safe container
3. Chop up chocolate chips into little pieces and sprinkle on top
4. Place in the fridge to firm up and enjoy!

MACROS: 108kcal, Total Fat 3.5g, Carbs 11g, Sugar 1g, Protein 10g, Fiber 2g

*NOTE: MACROS WERE CALCULATED USING FAIRLIFE PROTEIN SHAKE. IF YOU USE OTHER KINDS, ADJUST YOUR MACROS