

# PREPARING FOR YOUR AIRBRUSH SPRAY TAN

- Shave, wax and exfoliate the skin thoroughly at least 24 hours prior to the appointment. Use a non-oil based exfoliator or an exfoliating mitt to remove dead skin cells, especially on dry areas (elbows, knees, ankles and wrists).
- Moisturize well the day BEFORE your spray tan to hydrate the skin in preparation for your appointment.
- Do not wear any existing self-tanner or residue from a former spray tan on the skin, as this can cause an uneven finish.
- Do not wear makeup, cream, lotions, sunscreen, perfume or deodorant, as all of which can cause barriers and leave a green finish.
- If you must take a shower before the appointment, please do so only up to 3 hours prior to the session and rinse only with warm water.
- Wearing loose and dark clothes, as well as open toed, loose sandals is recommended for after the session to avoid rubbing or streaking.
- Manicures, pedicures, facials and massages should be done days before the appointment.



# PROPER AFTER CARE FOR YOUR AIRBRUSH SPRAY TAN

## First 24 hours (Especially the first 8–12 hours)

- Do not shower, sweat, swim, or get wet for at least 8–12 hours (unless instructed otherwise for a rapid tan).
- Avoid tight clothing – wear loose, dark clothing to avoid rubbing off the solution.
- Do not apply lotions, perfumes, deodorants, or makeup until after your first rinse.
- Try to sleep in long sleeves and pants if tanning at night to avoid skin-to-skin contact that could cause streaking.

## First shower

- Rinse with lukewarm water only (no soap or scrubbing) until the water runs clear.
- Don't be alarmed – the bronzer rinsing off is normal. Your tan is still developing underneath. This is the cosmetic/surface level of your tan.
- Do not shave as this can strip the color.
- Pat skin dry with a towel – don't rub.

## Ongoing care (After first shower)

- Moisturize daily with a fragrance-free, alcohol-free lotion to extend the life of your tan.
- Avoid long, hot showers and baths, chlorine pools, and exfoliating products.
- When shaving, use a sharp razor and a gentle touch.
- Avoid bar soaps, Dove products and oil-based body washes as they will strip your tan.