

**WEEK 5**  
Fall/Winter

**BUCHANAN LODGE MASTER MENU**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Coffee Cake Cheese Slice Jam & Peanut Butter Coffee –Tea - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon French Toast/Syrup Poached Eggs Jam & Peanut Butter Coffee –Tea - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Orange Muffins Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk
Orange Juice  Baked Ham with Fruit Sauce Scalloped Potatoes Mixed Vegetables  Vanilla Ice Cream	Cranberry Juice  Meatloaf & Hunter Sauce Whipped Potatoes Diced Turnips  Banana Loaf	Apple Juice  Roast Turkey & Gravy Cranberry Sauce Whipped Potatoes Broccoli  Grape Dessert	Orange Juice  Baked Pork Chops Rice Pilaf Cauliflower Florets  Caramel Flan	Cranberry Juice  Chicken Cacciatore Mashed Potatoes Carrot Coins  Diced Pears	Apple Juice  Citrus-marinated fish Parslied Potatoes Diced Beets  Vanilla Mousse	Orange Juice  Hawaiian Chicken Baked Yams Green Peas  Orange Glazed Cake
Chicken Noodle Soup Soda Crackers  Chili con carne Corn Bread Tossed Salad with Ranch Dressing  Pumpkin Pie	Pea Soup Soda Crackers  Cheesy Cod Bake Corn Multigrain Bread  Diced Peaches	Turkey Vegetable Rice Soda Crackers  Basil Pesto Ravioli Spinach Salad with Mushrooms Caesar Dressing  Warm Rice Pudding	Cream of Broccoli Soda Crackers  Hot Roast Beef Sandwich & Gravy Yam Fries  Fruit Cocktail	Cream of Tomato Soup Soda Crackers  Hot Dogs & Caramelized Onions Mini Potato Pancakes  Peach Upside-down Cake	Minestrone Soda Crackers  Chicken fingers with Honey Mustard Sauce Greek Salad Dinner Roll  Watermelon	Cream of Vegetable Soda Crackers  Pancakes/Syrup Sausages Warmed Apple Slices  Lemon Lush

**\*Note:**

1. Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks.
2. PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.