



POST-OP INSTRUCTIONS for IMMEDIATE DENTURES

- o Wear your new denture for 24 hours after extractions/tooth removal and denture delivery – this helps stop bleeding and prevent swelling of the tissue.
- o After 24 hours, you can remove your denture and **GENTLY** rinse with warm salt water.
- o DO NOT forcefully spit, smoke, or drink through a straw for several days following the procedure. These activities can prevent the blood from clotting properly.
- o DO NOT drink any hot or carbonated drinks (Coffee, Tea, Coke, Sprite, Beer, etc). These can cause the blood clot to fall out.

The dentist will want to see you **1-3 days** after your extractions and denture delivery, and again in **1-2 weeks** to check healing and the fit of your denture.

It is normal for dentures to cause sore spots and require adjustments. It may take 1 or more visits after you go home with your dentures to make things comfortable.

Unless specified by the dentist, any stitches that were placed will dissolve or fall out on their own.

After the gums have fully healed from the procedure (2 to 6 weeks) you can use denture “glue” to hold your immediate denture in place. Poligrip© or Fixodent© can be found at most stores and pharmacies.

Your bone will continue to heal and change for 6 months after extractions/tooth removal. Your immediate denture may start to feel loose and require a procedure called a “reline” to get a better fit. Sometimes, it is best to have a new denture made.

Please read the “Denture Instructions” hand-out to learn what to expect and how to care for your new dentures

**IF YOU ARE CONCERNED, WE ARE CONCERNED
PLEASE CALL THE OFFICE WITH ANY QUESTIONS AT (972) 371-0616**