



# PURPOSE planner

BY JH CREATIVE™

## WELCOME TO *a season of gratitude*

*Hi there!*

Welcome to the 2021 30-Day Season of Gratitude! I am so grateful that this tool has made it into your hands. Let me ask you - have you ever felt overwhelmed with trying to do all the things? Do you feel anxious because you overcommitted to something again? It's time to slow down a bit, my friend.

Let me tell ya - I understand how that is! As a business owner and busy mom of four, I've been there. I was overwhelmed and about drove myself crazy with just trying to keep up with everything! When I found out I was unexpectedly expecting baby #4, that was it for me.

I knew there had to be a better way for people like myself - busy women who are juggling multiple roles in life. I no longer wanted to "just keep up." Instead I desired to create a more purposeful solution - because after all, we have just one life to live - and so, the Purpose Planner was born.

From that and the community we are building, this worksheet was created with you in mind: the busy woman - you may be a mompreneur, a freelancer, a creative, a business owner, or simply a wearer-of-all-hats kind of person.

My hope for you during this Season of Gratitude, is that you will be inspired to live intentionally over the next 30 days, staying motivated and moving toward your goals as we near the end of the year. I also pray this helps bring that much needed perspective we all can use - that there's joy in the journey and there's always something to be thankful for.

- *Jess*

Wife, Boymom, Business Owner & Creator of the Purpose Planner by JH Creative™

# GRATITUDE | What am I thankful for today?

Join us on Instagram & Facebook (@thepurposeplanners) for our 30-Day Gratitude Challenge starting November 1st!

DAY 1	DAY 2	DAY 3
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 4	DAY 5	DAY 6
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 7	DAY 8	DAY 9
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 10	DAY 11	DAY 12
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 13	DAY 14	DAY 15
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DAY 16	DAY 17	DAY 18
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 19	DAY 20	DAY 21
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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DAY 22	DAY 23	DAY 24
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DAY 25	DAY 26	DAY 27
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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DAY 28	DAY 29	DAY 30
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