

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|---|--|---|--|--|---|--|
| <b>11:00 Chapel</b> <b>1</b><br>   | <b>9:45 Exercises</b> <b>2</b><br><b>10:15 Racketball</b><br><b>10:45 Laundry folding</b><br><br><b>1:30 Bowling</b><br>  | <b>9:45 Garden Time</b> <b>3</b><br><b>11:00 Spiritual Reflections</b><br><br><br><b>1:30 Zucchini Brownies</b>  | <b>9:45 Exercises</b> <b>4</b><br><b>10:15 Balloon Toss</b><br><b>10:45 Friendly visits</b><br><b>11:00 Catholic Mass</b><br><b>1:45 Bingo</b><br>          | <b>9:45 Exercises</b> <b>5</b><br><b>10:15 target Toss</b><br><b>10:45 Crafts</b><br><b>130 Andante Choir-MPR</b><br><br><br><i>Happy Birthday Lawrie</i> | <b>8:00 Men's Breakfast</b> <b>6</b><br><b>1:30 Word games</b><br><b>2:00 Dice game</b><br><br><br><b>3:15 1 to 1's</b>                            | <b>9:45 Stretching</b> <b>7</b><br><b>10:15 Word games</b><br><b>11:00 Rolls and Strolls</b><br>            |
| <b>11:00 Chapel</b> <b>8</b><br><b>Summer begins Friday June 20<sup>th</sup> @ 10:42pm</b><br> | <b>9:45 Exercises</b> <b>9</b><br><b>10:15 Racketball</b><br><b>10:45 Laundry folding</b><br><br><b>1:30 Bowling</b><br>  | <b>9:45 Garden Time</b> <b>10</b><br><b>11:00 Spiritual Reflections</b><br><br><b>1:30 Dad's, Donuts and Drinks with music by Alastair</b><br>          | <b>9:45 Exercises</b> <b>11</b><br><b>10:15 Balloon Toss</b><br><b>10:45 Friendly visits</b><br><b>1:30 Men's Club-MPR</b><br>                              | <b>2:00 Vaudeville Performers-MPR</b> <b>12</b><br>   | <b>1:30 Garden walks</b> <b>13</b><br><b>2:00 Short stories</b><br><br><br><b>3:15 1 to 1's</b>  | <b>1:30 Word games</b> <b>14</b><br><b>2:00 Garden strolls</b><br>  |
| <b>11:00 Chapel</b> <b>15</b><br><br><br>Father's Day   | <b>9:45 Exercises</b> <b>16</b><br><b>10:15 Racketball</b><br><b>10:45 Laundry folding</b><br><br><b>1:30 Bowling</b><br>   | <b>9:45 Garden Time</b> <b>17</b><br><b>10:00 Scenic Drive</b><br><br><br><b>11:00 Spiritual Reflections</b><br><br><b>1:30 M &amp; M cookie bars</b> | <b>9:45 Exercises</b> <b>18</b><br><b>10:15 Balloon Toss</b><br><b>10:45 Friendly visits</b><br><b>11:00 Communion</b><br><b>1:30 Music with Pete</b><br> | <b>9:45 Exercises</b> <b>19</b><br><b>10:15 target Toss</b><br><b>10:45 Crafts</b><br><br><b>1:30 Dice Game</b><br><br><br>Juneteenth                   | <b>1:30 Active Games</b> <b>20</b><br><b>2:00 Card game</b><br><br><br><b>3:15 1 to 1's</b><br><br><i>Happy Birthday Nick</i><br>Summer Begins    | <b>9:45 Stretching</b> <b>21</b><br><b>10:15 Trivia</b><br><br><br><b>11:00 Rolls and Strolls</b>          |
| <b>11:00 Chapel</b> <b>22</b><br><b>On the summer solstice June 20<sup>th</sup>, New Westminster, BC will have approximately 15 hours and 39 minutes of daylight.</b>           | <b>9:45 Exercises</b> <b>23</b><br><b>10:15 Racketball</b><br><b>10:45 Laundry folding</b><br><b>1:45 Welcome to Summer Celebration with Steve Marriot-Magnolia</b><br> | <b>9:45 Garden Time</b> <b>24</b><br><b>11:00 Spiritual Reflections</b><br><br><b>1:30 potato chip cookies</b><br>                                   | <b>9:45 Exercises</b> <b>25</b><br><b>10:15 Balloon Toss</b><br><b>10:45 Friendly visits</b><br><b>2:00 Diamond Country Dancers-MPR</b><br>               | <b>9:45 Exercises</b> <b>26</b><br><b>10:15 target Toss</b><br><b>10:45 Crafts</b><br><b>12:00 KFC Lunch-MPR</b><br><br><br><b>2:00 Tover Games</b>     | <b>10:00 Birthday Tea with Alastair</b> <b>27</b><br><br><br><b>1:30 Word games</b><br><b>2:00 Rolls and strolls</b><br><br><b>3:15 1 to 1's</b> | <b>1:30 Short stories</b> <b>28</b><br><br><br><b>2:00 Bean Bag Toss</b><br><b>2:30 Rolls and Strolls</b> |
| <b>11:00 Chapel</b> <b>29</b><br><b>Birth Flower for June is A Rose</b><br>                  | <b>9:45 Exercises</b> <b>30</b><br><b>10:00 Scenic Drive</b><br><b>10:15 Racketball</b><br><b>10:45 Laundry folding</b><br><b>1:30 Bowling</b><br>                      |   |  |  |   |  |