## DIVINE INTERACTIONS EQUINE FACILITATED WELLNESS, LLC

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**Client Demographic/Contact Information** 

## **Intake Assessment Form**

Please note that all information in this form is kept confidential per our services agreement. Please complete this form to the best of your ability. If you are unsure or prefer not to answer an item at this time, please note this and discuss with your counselor during your initial appointment. Thank you!

Legal Name:(First)	(Last)_					
Gender Assigned at Birth: Current Gender Identity:						
Personal Pronouns:	onal Pronouns: Preferred Name:					
Date of Birth: Curre	nt Age:	Rac	ce/Ethnic	city:		
Home Address:						
E-mail Address:						
Phone Number:						
It is okay to leave a voicemail at this numb			No			
It is okay to text this number? (circle one):		Yes	No			
Alternate Number:						
It is okay to leave a voicemail at this numb	er? (circle one):	Yes	No			
It is okay to text this number? (circle one):		Yes	No			
How did you hear about us?						
Do we have your permission to thank them	n for the referral?	circle	e one):	Yes	No	
Emergency Contact Information Please note, we will only contact this personinform you if we do so.	on in the event o	f an er	mergend	y/crisi	s and wil	l always
Name:		Rel	ationshi	o to Yo	ou:	

Phone Number:\_\_\_\_\_

Alternate Number:



## **About You**

Hobbies/Interests:			
Reason for contacting us about counseling:			
Goals you want to accomplish in working together:  1) 2) 3)			
Equine-Assisted Psychotherapy (EAP) Only: Why are you interested in EAP?			
Please describe your past experience and comfort leve	I with horse	s (if any):	
Do you have any medical conditions that may interfere horses/the farm (allergies, asthma, etc.) and/or that ma quickly if needed?	y interfere v	vith your ability to move	round
If you are interested in mounted/riding exercises, we mediatermine which horse(s) you can safely mount/ride:	· ·	ur height and weight to Weight	
Family History			
Currently in a significant romantic relationship?	Yes	No	
Significant prior relationship (divorced, widowed, etc.)?	Yes	No	
Number/names of children and ages (if applicable):			



Date of most recent physical exam:	
Current medications (with dosages and prescribers) taken on a regular basis:	



Please list any current and previous medical problems (diabetes, thyroid
disorder, cancer, etc.):

disorder, cancer, etc.):					
				-	
Please list any s	significant medical history (cancer, a	accidents, surgerio	es, etc.):		
_	significant family medical, mental he ression, etc. in parents, grandparen		ce abuse histo	ry (cancer,	
Please list any a	accommodations needed (for vision/	hearing impairme	ent, etc.):		
Mental Health	Treatment History				
Have you been	in counseling/therapy before?	Yes	No		
If yes, when and	d for how long?				
Previous couns	elor/therapist(s) name(s):				
Reasons for pre	evious counseling/therapy:				
Have you ever h	neen hospitalized for mental health i	reasons?	Yes	No	



If yes, where, when and for how long?		
Have you ever had thoughts or actions of hurting yourself?*	Yes	No
If yes, please describe:		
*If you are currently having thoughts of hurting yourself, please call 9 nearest emergency room!	11 or proceed	to the
Substance Use History		
Please list any current substance use (alcohol, cigarettes, marijuana	, etc.):	
Frequency of use for above substances listed: Daily Wee	ekly M	lonthly
Please list any <i>prior</i> substance use (alcohol, cigarettes, marijuana, e	tc.):	
Are you currently in a substance abuse program or support group? (circle o	ne):	
Yes No		
Have you previously been a member of a substance abuse program or sup	port group? (circ	le one):
Yes No		
Sponsor Name (if applicable):		
Other		
Please describe your current and past spiritual or religious beliefs an	d practices:	
Healthy Habits/Coping Styles (what you do to take care of yourself):		



characteristics, values, skills, etc. you are proud of and/or others admire about you.):
Support System (who else is there for you when you need to talk, comfort, distraction, etc.?):
Have you ever been arrested and/or charged with committing a crime? Yes No
If yes, please describe charges and outcome:
Do you currently have an assigned probation officer and/or social worker for any reason?
Yes No  If yes, please list name:
Please list any other information not previously listed on this form that you feel is pertinent to us working with you:



Client Name (Printed):	Date:
Client Signature:	Date:

\*Please note that Divine Interactions Equine Facilitated Wellness, LLC cannot guarantee treatment outcomes however will do their best to support you in reaching your goals. Generally, the more you engage and participate in your treatment during and between sessions by incorporating insight and feedback, the more progress you are likely to make towards reaching your goals.

Thank you for your time and patience taken to thoughtfully answer these questions! The more information you provide, the more thorough and appropriate treatment plan we can develop. ©



Notes (counselor use only):		