

Your Complete Health

With



A 360°
View Of You



	What's Included	Please Note
HOLISTIC PRIMARY CARE <i>What a "normal" doctor's office does, and then some.</i>	<ul style="list-style-type: none"> • Annual wellness visit. • Preventative and proactive care - 3 visits a year are recommended to keep you on track with your health goals. • Portal access for personalized communication with your provider & our team. • Helpful educational resources on holistic medical topics. • Telehealth and same-day visits available. 	<p><i>The membership is not designed for one time visits. To invest in your health, a 6-month minimum is required.</i></p> <p><i>The membership is designed for 4-6 visits on average per year. Over 6 visits per member may be subject to additional fees.</i></p>
OSTEOPATHY <i>Treatment costs range from \$125 - \$299 per session.</i> <i>Treatments are discounted for members.</i>	<p>Available To Members & Non-Members</p> <ul style="list-style-type: none"> • Hands-on bodywork sessions for all ages. • For optimizing musculoskeletal health and stress reduction. • Expertise in treating newborns with breastfeeding complications. • Dry needling, trigger point & joint injections are available on a case-by-case basis. 	<p><i>A typical treatment course may require 3-4 visits.</i></p>
HEALING PATHWAYS PROGRAMS <i>In-depth health programs focused on your personal risks, health interests, or stage of life.</i> <i>Programs range from \$250 - \$1600 per program and are built as add-on options.</i> <i>Some programs are available for non-members for an additional fee.</i>	<p>Available Programs:</p> <ul style="list-style-type: none"> • Brain Health Program: For mental and cognitive health. • Healthy Living Program: Health coaching with option for weight loss medications. • Heart Health Program: For proactive cardiovascular risk prevention. • Healthy Hormones Assessment and Maintenance Program (for HRT). • Gut Rehab Program: For a balanced microbiome. • Micronutrient testing, advanced cancer screening, genetic testing, and more. 	<p><i>We do not have adequate expertise to treat chronic lyme disease, EBV, or mold toxicity. We also do not offer heavy metal chelation therapy.</i></p>

** DOPC reserves the right to change fees and included services listed above at any time and without notice.